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/ CHAPTER ONE / (1) A BRIEF HISTORY OF MODERN PRINTING 6 THE MODERN PRINTING PRESS 9

/ CHAPTER TWO / (2) INK INK: DENSITY AND DRYBACK COMPENSATION INK: TECHNIQUES AND OPTIONS

/ CHAPTER THREE / (3) SURVIVING YOUR FIRST PRESS CHECK CHECKLIST FOR PRESS CHECKS

 CHAPTER FOUR / (4)

 CASE STUDIES ON PAPER

 CASE STUDY 1: UNCOATED VS COATED

 CASE STUDY 2: COUGAR OPAQUE VARIETIES

 CASE STUDY 3: OPACITY AND WEIGHT

 PERIODIC TABLE OF PAPER

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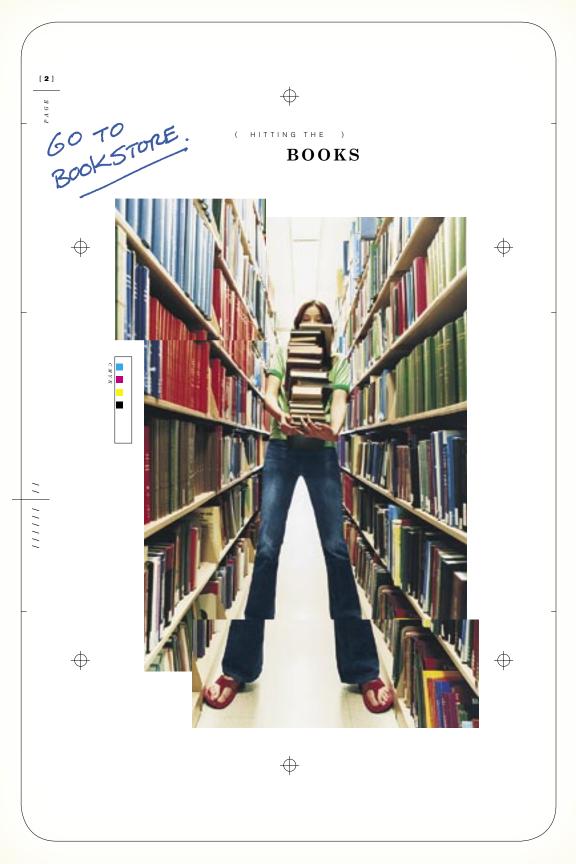
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BOOK TWO: AN OVERVIEW { Welcome to the second of three textbooks in the Paper University curriculum. Now that you've completed the prepress "prep" work in Book One, you're ready for a detailed discussion on the physics of putting ink on paper. We'll begin by studying the fundamentals and history of the printing process. From there, you'll have a chance to get your hands dirty as we discuss printing ink and its properties. And in a later chapter, we'll focus on Cougar<sup>®</sup> Opaque, a #1 premium uncoated paper whose specific characteristics are designed with printability in mind. The ultimate goal of Book Two, however, is to prepare you for the experience of printing your final project. So in Chapter Three, we'll cover the most critical stage in the printing process — the press check.





## CONVENTIONAL PRINTING ON UNCOATED PAPER: THE BASICS

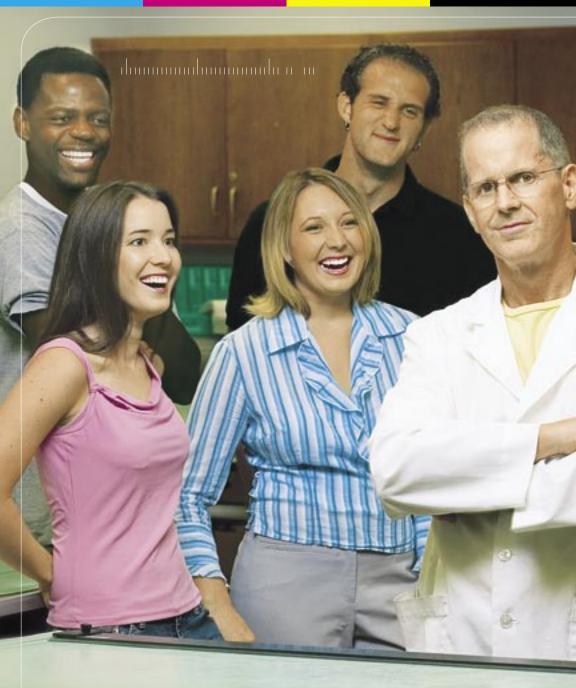
DEFINING OFFSET PRINTING  $\{$  In its purest form, printing is a process by which multiple copies of an image are made from a single original. In offset printing, this original is usually a metal plate - onto which a designer's artwork has been imprinted. The image on the plate is made to attract oil-based ink. So when the plate is flooded with a water-based solution and ink is applied, the principle that oil and water don't mix takes over - and ink adheres to the plate in the desired image areas. Historically, the inked plate would then be rolled over paper to form an "impression." Offset printing gets its name from the fact that there is an intermediate step between the plate and the page. In most cases, the ink is "offset" from the plate to a rubber "blanket," which then makes contact with the paper to create the final impression.

IMPORTAN

PRINTING ON UNCOATED PAPER  $\{$  Uncoated paper presents the designer and pressman with unique opportunities and specific challenges. The key themes that will be covered in the Paper University curriculum are controlling dot gain and ink density. But in the hands of qualified individuals, a well-formed uncoated paper like Cougar Opaque can definitely make a good impression.

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PRINTING PRESSES 101 OFFSET LITHOGRAPHY: SHEEFFED PRESS WEB PRESS DIGITAL PRESS

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Book Two includes a practical training element to be detailed later in the text. In order to improve your working knowledge of printing and ink science, you will be required to evaluate an actual printed press form in a timed press check situation. Your performance will be graded on a number of criteria.

BE PREPARED; YOU WILL BE QUIZZED LATER!

\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_



**LAB** LOCATION: Williamson Printing, Dallas, Texas

THREE CREDIT HOURS

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CMYK

# WELCOME BACK

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## A BRIEF HISTORY OF MODERN **PRINTING**

[6]

SILK SCREEN

LITHOGRAPHY

WOOD BLOCK

ENGRAVING

MOST COMMON

METHOD

LITHO = "STONE"?

METAL

DIGITAL

A BRIEF HISTORY OF PRINTING { The art and science of printing was born out of the desire to disseminate words and images — while reducing the labor involved in writing or drawing them by hand. In essence, it is mass production applied to human communication.

> The "father of modern printing" is Johannes Gutenberg, who perfected his printing press in Europe in the 1400s. Adapting Chinese technology invented centuries earlier, Gutenberg developed a system by which carved wooden type was laid out onto a printing bed, inked, and then forced against paper to make an impression. He later added woodcut illustrations to complement the text. And soon, he began experimenting with printing multiple colors on the same sheet - either by inking different areas of the bed with different colors, or by putting a printed sheet back on the press using a new bed inked with a new color. Now, words and images could be mechanically duplicated in virtually unlimited quantities on a single press. And in the process, the written word - from political documents to literature to the Bible — wa<mark>s made accessible to the masse</mark>s.

WEYERHAEUSER COUGAR OPAQUE

GUTENBERGS DA MAN.



A: Portrait of Johannes Gutenberg (ca. 1397 - 1468). Gutenberg pioneered the use of movable type in Europe, and is regarded as the "father of modern printing." B: Printing technology (ca. 1700), including a type case (from which the terms "upper case" and "lower case" were derived). C: A typical printing operation (ca. 1800).



#### Basic categories of PRINTING PRESSES:





Prints individual pieces of paper one at a time.\* Presses vary based on sheet size, and the number of colors that can be applied in a single run.

Standard types include:

1 color 2 color 4 color 5 color 6 color 8 color 10 color 12 color

Sheet size ranges from: 8.5" x 11" to 28" x 40"

\*New developments include a press that automatically cuts sheets from an economical bulk roll.



The WEB PRESS

Runs a continuous stream of paper from rolls that are available in various sizes. Used for high-speed, high-quantity jobs that require greater efficiency and (generally) less attention to detail. Newspapers, direct mail, and other large print jobs can be run economically on web presses.

Two basic categories: Full & half size

Example roll dimensions: 11° 12.5° 18° 35° HAS COUGAR HAS COUGAR THESE ALL OF COVERED.





Digital printing is continuously evolving. The biggest differences lie in the ways that plates are created, modified during the press run, or even eliminated. Examples of digital processes include "computer to plate." where a traditional plate is made from electronic artwork: "direct imaging." which creates plates at the press itself; and "dynamic" digital printing, which allows the plate to be updated on every single impression. As opposed to traditional inks, many of these new processes rely on toner — which can affect the look and feel of the printed surface.

PRINTING TODAY (Since the advent of modern printing, there have been only a few variations on Gutenberg's technology — but those changes have been significant. Computers have virtually replaced wood type, castmetal type, typesetters, and in some cases even printing presses. Other advances have increased speed and accuracy. At the same time, we've also seen major innovations in paper — including uncoated. Consistency and surface texture have improved, and designers now have more options than ever. But even as technology forges ahead, there remains at the heart of this everchanging craft the idea of communication — and the unmistakable feeling that can only be achieved with ink on paper.

WEYERHAEUSER COUGAR OPAQUE

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INK

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COLOR

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DO THE COLORS CHANGE ON

UNCOATED PAPE

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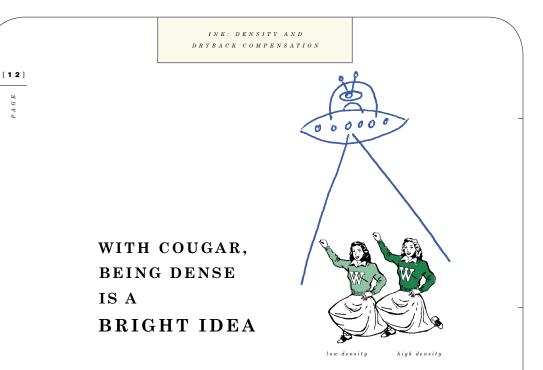
PROCESS

### WHAT YOU SEE IS NOT ALWAYS WHAT YOU GET { Any study of printing on uncoated paper begins with ink. After all, ink behaves differently on every paper, whether coated or uncoated. That's why Cougar Opaque has been designed with a consistent surface that can actually help inks perform at their peak.

The industry standard for producing "full color" images is 4-color process, or CMYK. Using combinations of cyan (C), magenta (M), yellow (Y), and black (K), it's possible to achieve a wide spectrum of colors. In recent years, the 4-color process has been modified by the addition of two more ink colors: orange and green. This Hexachrome® (or "six color") method can reproduce a broader color range, and works well in situations where images need some extra "punch." Hexachrome printing typically produces cleaner, less "muddy" photography. In Book Three, we'll discuss ultraviolet (UV) printing, which runs even cleaner. Finally, spot colors such as PMS and Japanese Toyo inks are single hues used for solid coverage and halftone photo reproduction.

Ultimately, there are as many ways to print on uncoated paper as there are ink combinations. So to see what's possible on Cougar Opaque, it just takes knowing how to apply the right ink — and a little common sense.





#### HIGHER INK DENSITY MEANS RICHER COLOR {

Controlling ink density is critical on uncoated paper, which needs more ink to keep images from looking dull as the ink is absorbed. Too much ink, however, can result in loss of shadow detail, and can cause type to "plug up."

> details details details

A smooth, well-formed uncoated surface "holds out" details, resists dot gain, and allows a thicker ink film for richer colors. But don't forget: for maximum control, good prepress image preparation (see Book One, Chapter 3) is key.

Even ink coverage	Uneven ink coverage	
Smooth surface	Rough surface	
	NOT	
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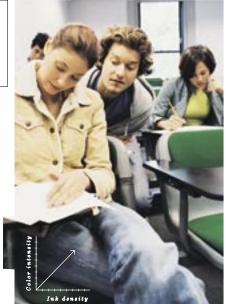
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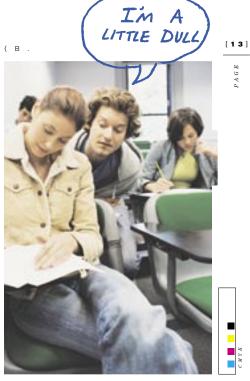
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[WETINK:] Increase density after approval to compensate for dryback

(в. —

[DRY INK :] Take densitometer readings wet and dry — note difference

DRYBACK COMPENSATION { "Dryback" describes the visible results that occur when ink is absorbed into an uncoated sheet as it dries. Unless ink density is properly managed, images that may appear to be rich and vibrant during a press check will fade and lose intensity once the ink is no longer wet. When proofing images on press, there are two methods you can use to compensate for dryback (see above). Talk with your printer to choose the best option.

[Q:] Which image was properly compensated for dryback?

INK: TECHNIQUES AND OPTIONS



GET BETTER INK COVERAGE, COVER TO COVER

[14]

P A G E

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DOUBLE BUMPS, RICH BLACKS, AND MORE {
Less experienced students of uncoated paper might
avoid specifying large areas of solids, or images with
deep tonal values. After all, getting the ink density
just right — so that the "peaks and valleys" in the
sheet are filled without saturating the paper — can
be daunting. Worse still, poorly formed paper can
produce either a "mottled" or a "galvanized" look. But
the well-read pupil knows there are several techniques
for getting smooth, rich coverage on uncoated.

#### INK SEQUENCE VARIATIONS

[CMYK :]



[KCMY:] Altering ink sequence may increase contrast or otherwise improve images.

Most commonly used ink sequence.

WEYERHAEUSER COUGAR OPAQUE

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B. [DOUBLE BLACK :]



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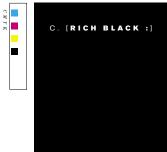
Two hits of black coverage. Using more striking.

on a large solid area ensure dark, even two blacks to print grayscale (halftone) images adds contrast and makes shadows



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Mix 100% black with process colors to improve ink density and coverage, or use CMYK quadtones to "warm up" a blackand-white image.

Dull Varnish

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Dull Varnish



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Which black do you like best? [**Q**:]

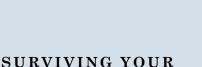
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P A G E





CHAPTER )

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# FIRST PRESS CHECK

(AND EVERY ONE AFTER THAT)

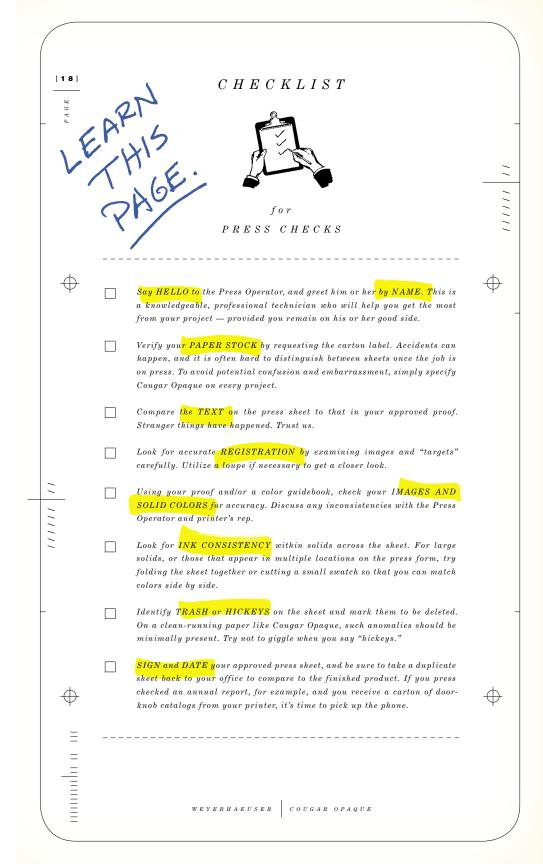
#### WHAT TO LOOK FOR AND WHO TO WATCH {

This is your first final exam at Paper University. The assignment: Create an art project. Then, applying what you've learned about printing on uncoated paper, prepare that artwork for reproduction on press. Finally, present your finished project before a panel of peers, mentors, and industry professionals during an actual press check. Ask anyone who's been there - it can be intimidating. Even those who take tests well still flinch at the idea. This is on-the-job training at its best - and worst. It's trial by fire in the "school of hard knocks." And the only thing between success and failure is your signature on that piece of paper. So ask questions. Let the experts advise you on what's possible, and what's practical. But don't be afraid to challenge the establishment or to push some boundaries. And while no amount of book knowledge can prepare you, there are a few tips you can remember. Paper University has equipped you with a step-by-step guide that covers the basics of press checking. Aside from using Cougar Opaque on your project, it's the next best thing to having all the answers.

MID TERMS

[17]

P A G E



#### TRIM MARKS AND TARGETS Trim marks show

where the form will be cut into finished pages. Targets help pressmen align (register) colors. COLOR BARS Used to monitor color consistency and ink in different places on the form.

#### GRIPPER

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A press "grips" each sheet by its edge(s) to guide it through. Where the gripper holds the sheet, ink cannot be applied (varies from .375 to .75 inches, depending upon press model).

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PANTONE<sup>\*</sup> COLOR FORMULA GUIDE Used to verify specific spot colors, and to match hue and coverage with the designer's original intentions.

#### SIGNED "OK"

After making adjustments on press, the designer or production manager approves the press sheet, authorizing the printer to run the rest of the job based upon settings and levels of the signed OK form.

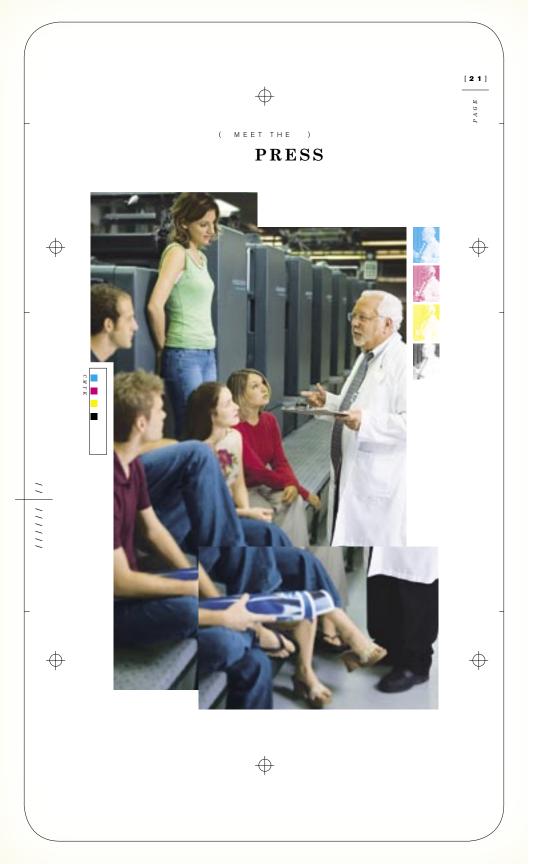
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**CARTON LABEL** Used to verify that the paper specified for the job matches the paper that is being fed into the press.

COUGAR OPAQUE 96 100 lb. 25 x 38 - 200M

Smooth White 750 sheets





CASE STUDIES **ON PAPER** 

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### EXPLORING IMAGERY ON DIFFERENT PAPER SURFACES, COLORS, AND WEIGHTS {

In Book One's "Intro to Paper Psych" (Chapter 1), we learned that uncoated paper has both tangible and intangible properties that make it ideal for conveying lifelike images, rich color, and natural skin tones. A well-formed sheet like Cougar Opaque makes it easy to achieve even the most subtle of printing nuances. This high level of detail was previously thought only possible with a coated surface. In this section, you'll discover how choosing from a variety of colors and textures can help you expand those possibilities even further.



CASE STUDY 1: UNCOATED VS COATED

## FOR IMAGES WITH TEXTURE. UNCOATED JUST FEELS RIGHT

[24]

PAGE

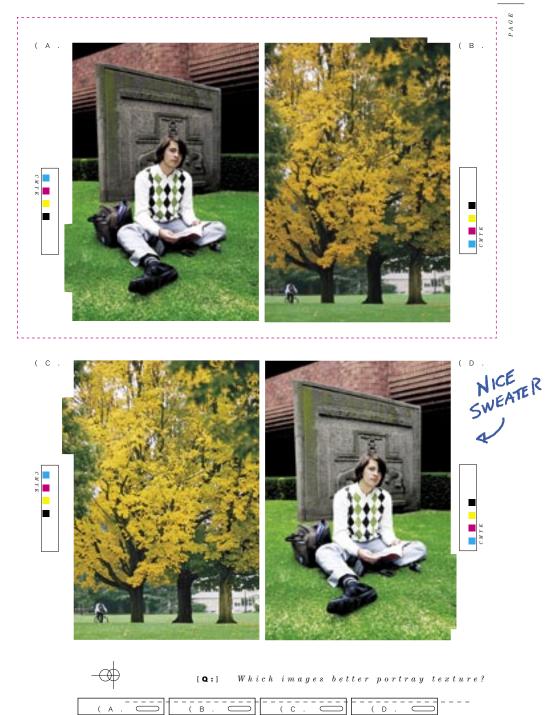
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LOOK PAPER

SURFACE QUALITY YOU CAN SEE, IMAGE QUALITY YOU CAN FEEL  $\{$  Here's an opportunity to apply your knowledge of Cougar Opaque, a #1 premium uncoated paper. It's also where we've applied a sample of a coated sheet for the sake of comparison. In this particular case study, note that Cougar Opaque achieves ink coverage and holdout that stand up against coated. Then, observe how Cougar Opaque's finely crafted texture truly enhances the subject matter, while still delivering sharp detail that leaves the coated sheet looking dull. In the illustrations on the facing page, test images containing "natural" elements such as trees and argyle sweaters were used to make the case for printing "textural" images on uncoated paper. However, it is important to consider that not every uncoated sheet UNCOATED RULES. can handle ink this well and still maintain crisp, bright images. Only Cougar Opaque is engineered for scenarios where both factors are essential to producing the desired effect. In fact, in numerous "real world" trials such as the one presented here — using actual paper on actual presses with actual ink - Cougar Opaque proved time and again to produce consistently good image reproduction with impressive tactile characteristics.

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CASE STUDY 2: COUGAR OPAQUE VARIETIES

PAPER UNIVERSITY ENCOURAGES STUDENTS TO EXPLORE THEIR OPTIONS

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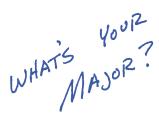
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STUDY - 6:30 PARTY - 6:45

#### ESPECIALLY WHEN IT COMES TO PAPER {

Your time spent at Weverhaeuser Paper University will be among your most cherished memories. So you should do everything you can to make the most of your experience. After all, no other place gives you more freedom to express yourself. Take in the variety of finishes and colors offered by Cougar Opaque. Experiment with smooth or vellum surfaces. Question your preference for bright white or natural colors. See how skin tones print on natural — or see how vellum elevates textures. Paper University believes in balance and diversity, so we've provided a safe, welcoming environment where you can learn, grow, and define your individual tastes. And to make sure you can't stray too far away from what brought you here in the first place, we've made every Cougar Opaque sheet to the same exacting standards - so you'll always feel good coming back to what you know. There is so much to see and learn. Expand your horizons - and discover how colorful life can be (even on bright white).





[28]

PAGE

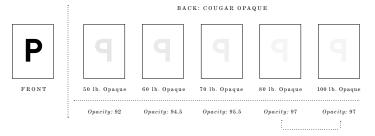
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## SEEING HOW OPACITY IS AFFECTED BY WEIGHT

A RELATIVELY TRANSPARENT ILLUSTRATION {

For heavy coverage on one or both sides of a sheet, an opaque stock will help minimize show-through. As its name implies, Cougar Opaque is an effective paper for this situation. But surprisingly, one needn't always choose a heavier paper for better opacity. Cougar Opaque is made with high-quality fiber that maximizes opacity without significantly impacting the weight. This phenomenon is illustrated below — for visual people less inclined to read text.



#### [OPACITY :]

The characteristic of paper that helps prevent printing on one side from showing through to the other.



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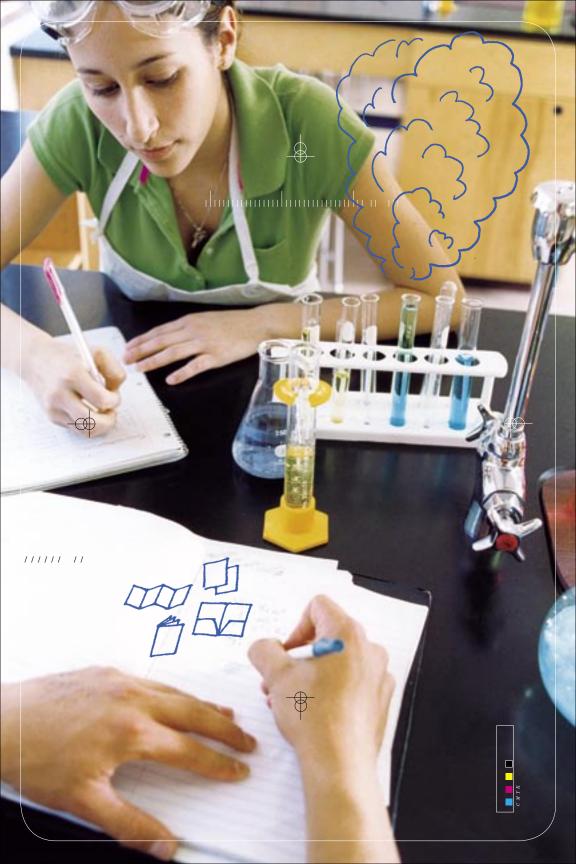
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THE NECESSITY OF RESEARCH AND )

**EVALUATION** 

HOW DO YOU KNOW WHAT TO WHAT FOR? LUDLE FOR?

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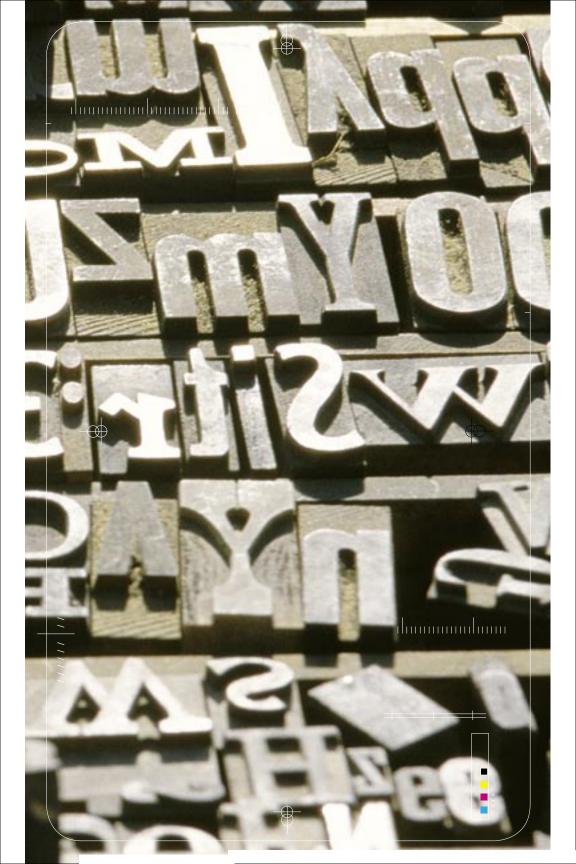
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ETTERHEAD			•	•	•						
BUSINESS CARD								•	•	•	
ENVELOPE			•	•	•						
POCKET FOLDER:											
SINGLE POCKET								•	•	•	
OOUBLE POCKET							•	•	•	•	
BROCHURE: (COVER)							٠	•	•	•	
BROCHURE: (STITCHED)											
B PAGE SELF-COVER	$\parallel$					•	•	•	•		
2 PAGE SELF-COVER						•	•	•	•		
6 PAGE SELF-COVER	$ \uparrow$					•	•	•			
O PAGE SELF-COVER	$ \uparrow$				•	•	•	•			
4 PAGE SELF-COVER					•	•	•				
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ROCHURE: (FOLDED)											
PAGE FOLD-OVER							•	•	•	•	
PAGE GATE FOLD						•	•	•	•		
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#### WEYERHAEUSER COUGAR OPAQUE

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<u>a</u>			
[1:] Offset print from the fact tha	ting gets its name t	[6:] Which of the for not influence ink den	
A. sheets are to the side B. images ca go out of	n easily offset or	<ul> <li>A. the surface qua</li> <li>B. good image pre</li> <li>C. line screen</li> </ul>	
C. there is an	n intermediate step late and paper	D. ink color	
D. it's an unu used meth		[7:] Some methods f richer solids on unco	
[2:] When print paper, the two ke	-	<ul> <li>A. double bumps</li> <li>B. triple ollies</li> <li>C. pleading with th</li> <li>D. all of the above</li> </ul>	
A. identifying of the she B. temperatu C. dot gain au D. gravity and	re and humidity nd ink density	[8:] Some things you a press check include	
[ <b>3:</b> ] Who is cred inventing modern		<ul> <li>A. picking up trash</li> <li>B. signing the she</li> <li>doing anything</li> <li>C. avoiding eye co</li> </ul>	et before else
<ul> <li>A. Martin Lut</li> <li>B. Johannes</li> <li>C. Steve Gutt</li> <li>D. Steve Martin</li> </ul>	Gutenberg	the pressman D. none of the abo	ove
D. Steve Mart	-	[9:] Cougar Opaque in which finishes?	is available
•	d presses can cut sheets from a roll.	A. vellum and natu B. smooth and nat C. metallic and un	ural smooth
A. true B. false		D. A and B	
[ <b>5</b> :] Which of th a common offset	e following is not printing ink?	[10:] The heavier th the more opaque it wa	/ X
<ul> <li>A. Toyo</li> <li>B. PMS</li> <li>C. Hexachron</li> <li>D. Latex</li> </ul>	ne*	A. true B. false	ARE
			WHY HE LE BAG
	A N S W E		411





### NOTES



FRONT COVER: 130 lb. Cougar Double Thick Cover, Smooth Finish. Printed Four-Color Process + Double Bump Process Black + 348 Green.



PAGES 4 & 5: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural. Photography by Neill Whitlock.



INSIDE COVER & PAGE 1: 130 lb. Cougar Double Thick Cover, Smooth Finish. Printed Four-Color Process.

100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 8003 Metallic + 348 Green.



**PAGES 6 & 7:** 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 8003 Metallic. Photography by Corbis.



PAGES 2 & 3: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process. Photography by Veer.



PAGES 8 & 9: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural. Photography by Neill Whitlock and Corbis.



PAGES 10 & 11: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural. Photography by Corbis.



PAGES 12 & 13: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 348 Green + 614 Natural. Photography by Getty Images.



PAGES 14 & 15: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + Double Bump Process Black + 614 Natural. Photography by Getty Images.



PAGES 16 & 17: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process. Photography by Neill Whitlock.



PAGES 18, 19, 20, & 21: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process. Photography by Neill Whitlock and David Zaitz.



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PAGES 22 & 23: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural. Photography by Neill Whitlock.



**PAGES 28 & 29:** 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural. Photography by Neill Whitlock.



PAGES 24 & 25: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 614 Natural.

Tip-On: Premium #1 Coated White. Printed Four-Color Process. Photography by Getty Images.



PAGES 30 & 31: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 348 Green + 614 Natural. Photography by Photonica.



PAGES 26 & 27: 80 lb. Cougar Opaque, Vellum Finish. 80 lb. Cougar Natural Opaque, Vellum Finish. 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process + 348 Green + 8003 Metallic + 614 Natural. Photography by Getty Images.



PAGE 32 & INSIDE BACK COVER: 100 lb. Cougar Opaque, Smooth Finish. Printed Four-Color Process.

130 lb. Cougar Double Thick Cover, Smooth Finish. Printed Four-Color Process. Photography by Corbis.



BACK COVER: 130 lb. Cougar Double Thick Cover, Smooth Finish. Printed Four-Color Process + Double Bump Process Black + 348 Green. Photography by David Zaitz.

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**LETTERHEAD:** 80 lb. Cougar Natural Opaque, Smooth Finish. Printed Four-Color Process + 348 Green. Photography by David Zaitz.

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CONCEPT + DESIGN ) Squires & Company

PHOTOGRAPHY ) Neill Whitlock, David Zaitz, Photonica, Corbis, Getty Images, Veer

**COPYWRITING** ) Wayne Geyer

PRINTING ) Williamson Printing Corporation

**PRESS )** 40" Heidelberg 12 color press using conventional inks, overall dot for dot dull varnish

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