

ACU Dallas Approval Chart for Curriculum Changes

A = Approve I = Information Item R = Advise & Respond

Course Number: Approval of Shared Courses with Cross-Listing: SEE ATTACHED MEMO

B.S. Health and Human Performance

Circle the number that corresponds to the requested change.

		Program	Dean	College Academic	Provost	President
	Change to a Course					
1.	Title (description unchanged)	A	A	I	I	I
2.	Description (not affecting content)	A	A	I	I	I
3.	Course term(s)	A	A	I	I	I
4.	Content (substantive change)	A	A	A	A	I
5.	Number of credit hours	A	A	A	A	I
6.	Course number within the hundred	A	A	I	I	I
7.	Course number beyond the hundred	A	A	A	A	I
8.	Prerequisites	A	A	A	A	I
9.	Course fee(s)	A	A	--	A	I
10.	From U to G <i>or</i> G to U	A	A	A	A	I
11.	Cross list with another program or department	A	A	A	A	I
12.	Program/department of record	A	A	A	A	I
13.	Open or close a course	A	A	A	A	I
14.	New course (application required) / Adoption of Existing Course	A	A	A	A	I

		Program	Dean	College Academic	Provost	President	Board of Trustees
	Change to a Degree Plan						
1.	Major/Program — Revision	A	A	A	A	A	--
2.	Major/Program — Adopt or change admission requirements	A	A	A	A	A	--
3.	Major/Program — Add	A	A	A	A	A	--
4.	Major/Program — Offer existing university program on campus	--	A	A	A	A	--
5.	Major/Program — Discontinue (proposed by Program or College)	A	A	A	A	A	I
6.	Major/Program — Discontinue (proposed by Provost)	R	R	A	A	A	I
7.	GPA — Revise major/program or cumulative requirement	A	A	A	A	A	--
8.	Minor — Revise course selection	A	A	I	I	I	--
9.	Minor — Add	A	A	A	A	A	--
10.	Minor — Discontinue (proposed by Program or College)	A	A	A	A	A	--
11.	Minor — Discontinue (proposed by Provost)	R	R	A	A	A	--
12.	Degree — Add	A	A	A	A	A	I
13.	Degree — Discontinue (proposed by Program or College)	A	A	A	A	A	I
14.	Degree — Discontinue (proposed by Provost)	R	R	A	A	A	I

		Program	Dean	College Academic	UGEC	UUAC	Provost	Faculty	President
	Change to Undergraduate University Requirements								
15.	University Requirements — Change in approved course content	A	A	A	A	A	A	--	A
16.	University Requirements — Add or drop a required course from the University Requirements chart	A	A	A	A	A	A	A	A
17.	University Requirements — Add or drop a course from a menu within the University Requirements chart	A	--	--	A	A	A	--	A
18.	University Requirements — Change hours within a menu on the University Requirements chart	A	A	A	A	A	A	A	A
	Change to Catalog Information								
1.	General requirements for graduation including course requirements that are common to all majors for all degrees	--	--	A	--	A	A	A	A
2.	Admission requirements	--	--	A	--	A	A	A	A


Andrea Haugen (Sep 28, 2020 11:07 CDT)

Program Director/Department Chair

Sep 28, 2020

Andrea Haugen, Interim Program Director

Date

Signature

Date

Dean(s)



Sep 27, 2020

Joe L. Cope, Dean

Date

Signature

Date

College Academic Council

Joseph Halbert, Chair

Date

Chair's signature

Date

University General Education Council

Chair's signature

Date

Undergraduate Academic Council

Chair's signature

Date

Provost

Robert Rhodes, Provost

Date

Faculty

Faculty Senate Chair's signature

Date

President

Phil Schubert

Date

MEMORANDUM

To: CGPS Academic Council
From: Andrea Haugen, Interim Program Director
Joe L. Cope, Dean
Re: Shared Course Approvals with Cross-Listing
Health and Human Performance
Date: September 23, 2020

Courses that were approved by ACU Abilene departments, colleges, and councils are identified for inclusion in ACU Dallas programs. ACU Dallas adopts these previously approved courses, along with their course descriptions and student learning outcomes, as new courses and cross-lists them with the original course.

The courses listed below have been identified for use in ACU Dallas programs and for approval for adoption and cross-listing.

KINE 232

- Course Title: Structural Kinesiology
- Credit Hours: 3
- Course Description: Anatomical foundations and mechanics of human motion; basic principles of motor skills.
- Course Outcomes:
 - Be able to name the primary skeletal muscles, their origins and insertions.
 - Recognize the function of (action caused by) each muscle at its respective joint(s).
 - Be able to prescribe a strengthening and stretching exercise for each muscle.
 - Analyze and determine muscles causing joint movements.
 - Determine the kind of contraction (concentric or eccentric) for the active muscles at each joint.
- New cross-listed subject code and course number: **KINO 232**

KINE 302

- Course Title: Medical Terminology
- Credit Hours: 2
- Course Description: This course is designed to acquaint the student with the language of the medical field, including word roots, prefixes and suffixes. The terminology will be

specific to each system of the body. The course is presented in an electronic format using on-line technology.

- Course Outcomes
 - Spell and define flashcard prefixes, suffixes, and stem words.
 - Identify and explain the function of specific word parts.
 - Describe how medical compound terms (words) are constructed.
 - Build compound terms using multiple word parts in a combining form.
 - Fracture and analyze key compound medical terms found on the Word Part Flashcards, Multiple Choice Questions, and Lecture Slides.
 - Define key compound medical terms found on the flashcards, both literally and actually.
 - Spell and define medical equipment, treatment, disease, and diagnostic compound terms.
 - Identify visually and describe verbally some of the medical problems, disorders, and diseases presented in the lectures.
 - Interpret and understand medical course content, literature, records, and research.
 - Interpret and understand word (term) meanings from a wide variety of academic disciplines in the Arts, Sciences, Humanities, Education, Agriculture, and Technology.
 - New cross-listed subject code and course number: **KINO 302**
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KINE 311

- Course Title: Motor Behavior
 - Credit Hours: 3
 - Course Description: This course provides an overview of the major theories in Motor Learning, Motor Control, and Motor Development. Prerequisite: KINO 232.
 - Course Outcomes
 - The purpose of this course is to provide an overview of two important areas in exercise science: motor control and motor learning. These areas give the student insight into how actions and skills are controlled and learned.
 - New cross-listed subject code and course number: **KINO 311**
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KINE 342

- Course Title: Exercise Testing, Evaluation, and Prescription
- Credit Hours: 3
- Course Description: This course offers practical application of theory of exercise science in order to provide the student with sufficient knowledge to evaluate fitness levels and

develop, prescribe, and teach appropriate exercise programs with varying goals and populations. Prerequisite: KINO 232.

- Course Outcomes
 - Apply concepts of measurement and evaluation of cardiovascular, muscular and neuromuscular fitness.
 - To identify the major CAD risk factors.
 - To understand contraindications for testing when an exercise test and/or exercise session should be terminated.
 - To utilize ACSM Guidelines on health history and risk appraisal to determine appropriate exercise prescription.
 - To assess and interpret blood pressure responses and cardiorespiratory status before, during and after exercise.
 - To design appropriate exercise prescription based on physiological principles for variety of different populations.
 - Administer fitness and sport skills tests in students.
 - Apply scientific (validity, reliability) and administrative criteria in selecting and developing measuring instruments.
 - Identify the various types of “norms” and communicate what these norms mean in a professional way.
 - To teach exercise prescriptions in a safe, effective and efficient manner to various populations.
 - New cross-listed subject code and course number: **KINO 342**
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KINE 360

- Course Title: Leadership and Management for Health Promotion
 - Credit Hours: 3
 - Course Description: Designed to explore many leadership and management theories and practices with application in the fields of health promotion, sport, and recreation. A writing-intensive course.
 - Course Outcomes
 - Explain several types of leadership and managerial models with corresponding roles/duties relative to health promotion/sport.
 - Develop appropriate terminology relating to businesses in the health promotion and SRM field.
 - Read journal articles relating to motivation and behavior change in health promotion and sport and respond to them in writing (application, analysis, evaluation).
 - Demonstrate professional writing skills.
 - New cross-listed subject code and course number: **KINO 360**
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KINE 399

- Course Title: Research Methods in Kinesiology and Nutrition
 - Credit Hours: 3
 - Course Description: A study of the research process in Kinesiology and Nutrition from inception to statistical analysis. The course includes how to read and interpret research reports and how to present a research proposal. Prerequisite: Junior standing. A writing-intensive course.
 - Course Outcomes
 - Read, understand and evaluate research literature.
 - Understand the steps of the research process.
 - Analyze research designs.
 - Understand appropriate ethical practices in research.
 - Plan a specific research project.
 - Implement APA guidelines for writing a research proposal.
 - Write a review of literature and proposed methods section on a specific topic of interest.
 - Create and deliver a proposal presentation.
 - Understand and use basic statistics for analyzing data.
 - New cross-listed subject code and course number: **KINO 399**
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KINE 498

- Course Title: Biomechanics
 - Credit Hours: 3
 - Course Description: Practical application of analysis, diagnosis, and demonstration as used in a teaching situation. Prerequisite: KINO 232.
 - Course Outcomes
 - (Overall) Students will gain factual knowledge of musculoskeletal anatomy and principles of biomechanics, the physics of motion, through biomechanical analysis.
 - Identify specific bones, ligaments, and muscles by name and location.
 - Develop appropriate terminology relating to biomechanics.
 - Analyze the forces at a skeletal joint for various static and dynamic human activities.
 - Demonstrate understanding of the effects of muscle architecture on biomechanics.
 - New cross-listed subject code and course number: **KINO 498**
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NUTR 224

- Course Title: Nutrition for Exercise and Sport
- Credit Hours: 3
- Course Description: Provides comprehensive, accurate, and up-to-date information concerning basic fundamentals of how the active individual can achieve optimal nutrition by fueling before, during, and after exercising. Examines how the athlete can use nutrition to achieve peak performance.
- Course Outcomes
 - The student will be able to apply the integration of nutrition and exercise physiology.
 - The student will be able to interpret nutrient needs for exercise and utilization during exercise and design an appropriate diet for the exercise enthusiast.
 - The student will be able to assess eating disorders and the effects they have on athletic performance.
 - The student will be able to analyze facts and fallacies of specific nutritional ergogenic aids.
 - The student will be able to assess body composition and energy balance and how they relate to exercise performance.
 - The student will demonstrate entry-level skills needed to perform dietary consultation with athletes including the ability to assess a 3-day dietary recall, determine the adequacy of caloric intake with levels of protein, carbohydrate, fat, and fluid, and provide suggestions about dietary modifications that would appear to be helpful for the sport indicated.
- New cross-listed subject code and course number: **NTRO 224**