

Abilene Approval Chart for Curriculum Changes

A = Approve I = Information Item R = Respond In Writing

Course Number: **Degree Plan(s): MSSCHP**

We would like to make several changes to the Master of Science in Strength, Conditioning, and Human Performance (MSSCHP) degree plan.

Current:

Name: Master of Science in Strength, Conditioning, and Human Performance (MSSCHP)

Hours: 36

Curriculum:

NUTR 635 - Nutrition for Exercise and Sport Credit Hours: 3

MATP 613 - Care and Prevention of Athletic Injuries Credit Hours: 3

MATP 621 - Research Methods Credit Hours: 3

MATP 651 - Strength Training in Rehabilitation Credit Hours: 3

KINE 501 - Legal Aspects of Sport and Recreation Credit Hours: 3

or

KINE 503 - Ethics in Sport and Recreation Management Credit Hours: 3

KINE 580 - Training Program Design Credit Hours: 3

KINE 601 - Essentials of Human Performance Credit Hours: 3

KINE 602 - Advanced Strength and Conditioning Credit Hours: 3

KINE 603 - Seminar in Human Performance Credit Hours: 3

KINE 604 - Internship I Credit Hours: 3

KINE 605 - Internship II Credit Hours: 3

Select 3 hours from the following:

PSYC 542 - Applied Sports Psychology Credit Hours: 3

PSYC 624 - Social and Cultural Bases of Behavior Credit Hours: 3

PSYC 646 - Lifespan Development Credit Hours: 3

PSYC 669 - Human Learning and Cognition Credit Hours: 3

Proposed:

Name: Master of Science in Kinesiology (MS-K)

Hours: 30

Curriculum:

KINE 501- Legal Aspects of Sports & Recreation

KINE 603- Seminar in Human Performance

KINE 604- Internship 1

KINE 605- Internship 2

MATP 621- Research Methods

NUTR 635- Nutrition for Exercise and Sport

Select 3 hours from the following:

PSYC 542- Applied Sports Psychology,

PSYC 624- Social and Cultural Basis of Behavior

PSYC 636- Abnormal Behaviors

PSYC 640- Positive Psychology

PSYC 641- Behavioral Medicine

PSYC 646- Lifespan Development

PSYC 668- Advanced Behavioral Neuroscience

PSYC 669- Human Cognition

PSYC 682- Advanced Psychotherapy

Menu: Choose 3 classes (9 hours) from the below options

KINE 503- Ethics in Sport

KINE 580- Training Program Design

KINE 601- Essentials of Human Performance

MATP 613- Care and Prevention of Athletic Injuries

MATP 651- Strength Training in Rehabilitation

MATP 662- Psychology of Rehabilitation

Rationale: The MSSCHP has been a good graduate program to allow our students to sit for the National Strength and Conditioning Association's (NSCA) Certified Strength and Conditioning Specialist (CSCS) exam. The NSCA is moving to an accreditation model that will require all students who want to sit for the CSCS exam to graduate from an accredited program by 2030. The ACU Kinesiology Department would not like to take on the accreditation process for this program. Therefore, we would like to change the curriculum to offer a degree that will allow our students to be able to help others achieve goals and aspirations of human performance, overall mental and physical health, and academic achievement all while reflecting Christian values.

		Dept./School	College	Dean	TBC	AUAC/Grad	Provost
	Campus-Level Academic Review¹						
	Change to a Course Include signatures from all chairs/program directors for cross-listed courses. ¹						
1.	Title (description unchanged)	A	A	A	I	I	I
2.	Description (not affecting content)	A	A	A	I	I	I
3.	Course term(s)	A	I	A	I	I	I
4.	Content (change of course outcomes)	A	A	A	I	I	A
5.	Number of credit hours	A	A	A	A	A	A
6.	Course number within the hundred	A	A	I	I	I	I
7.	Course number beyond the hundred	A	A	A	A	A	A
8.	Prerequisites	A	A	A	I	I	I
9.	Course restriction (e.g., majors only, junior standing)	A	A	A	A	A	A
10.	Level change (U to G or G to U)	A	A	A	A	A	A
11.	Cross list course	A	A	A	A	A	A
12.	Department of record	A	A	A	A	A	A
13.	Open or close a course	A	A	A	A	A	A
	Change to a Degree Plan						
14.	Educational Program — Revise	A	A	A	A	A	A
15.	Educational Program — Adopt/revise admission requirements	A	A	A	A	A	A
16.	GPA — Revise program-required GPA	A	A	A	A	A	A

17.	Minor — Revise	A	A	A	A	A	A
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		Dept./School	College	Dean	TEC	AUAC/Grad	Provost	Campus Faculty	Senior VPAA	President
	Full Review									
	Change to Catalog Information (for Campus)									
18.	General requirements for Bachelor's and Associate Degrees	-	-	-	-	A	A	A	A	I
19.	Policies governing academic probation and suspension	-	-	-	-	A	A	A	A	I
20.	Requirements for graduating with honors	-	-	-	-	A	A	A	A	I
	Change to a Degree Plan									
21.	Educational Program — Add or Discontinue ^{2 3}	A	A	A	A	A	A	A	A	I
22.	Educational Program — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	A	I
23.	Minor — Add or Discontinue	A	A	A	A	A	A	-	A	I
24.	Minor — Discontinue (Provost-proposed)	R	-	R	A	A	A	-	A	I
25.	Degree — Add or Discontinue	A	A	A	A	A	A	A	A	I
26.	Degree — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	A	I

		Dept./School	College	Dean	AUAC	Provost	UGEC	University Faculty	Senior VPAA	President
	Change to General Education Requirements for Undergraduates (System)									
27.	Change course outcomes of an included course	A	A	A	A	A	A	-	A	I
28.	Add or drop a required course from the General Education Requirements	A	-	A	-	A	A	A	A	I
29.	Add or drop a course from a menu within the General Education Requirements	A	-	A	-	A	A	-	A	I
30.	Comprehensive revision of General Education Requirements	-	-	-	-	A	A	A	A	I

Notes

² Any change to a cross-listed course requires the signature of both department chairs or program directors overseeing the course to ensure that the courses stay in sync. This includes courses taught at other campuses (e.g. BIBL 101 and BIBO 101).

³ For undergraduate majors, a minimum of 30 hours is required. These programs must have a minimum of 6 elective hours, unless the requirements of external accrediting bodies make it impossible. Master's programs must include a minimum of 30 hours, and doctoral programs must include a minimum of 30 hours beyond the master's.

⁴ When a department/school or dean proposes closing a program, approval routing follows the typical process beginning with the department/school. An administrative proposal by the provost or senior vice president for academic affairs would follow the "provost-proposed" routing on the chart.

Updated 8/1/2023

Department/School(s)



3/5/25

Chair Signature

Date

Chair/Program Director Signature

Date

College Academic Council(s)



03/26/2025

Chair Signature

Date

Chair Signature

Date

Dean(s)



04/01/2025

Signature

Date

Signature

Date

Teacher Education Council

Signature

Date

**Campus Academic Council:
Abilene Undergraduate or Abilene Graduate**

Signature

Date

Provost

Signature

Date

University General Education Council

Signature

Date

University Faculty

Abilene Faculty Senate Chair signature

Date

Dallas Faculty Council Chair signature

Date

Senior Vice President for Academic Affairs

Signature

Date

President

Signature

Date

Kinesiology

~~Strength, Conditioning, and Human Performance, MS (SCHP)~~ **K**

Prerequisite Degree Requirements

This program requires a baccalaureate degree from a regionally accredited institution and prerequisite coursework in the areas of Human Anatomy, Human Physiology, Exercise Physiology, Kinesiology/ Biomechanics, and Mathematics.

Major Requirements

- [NUTR 635 - Nutrition for Exercise and Sport](#) Credit Hours: 3
- ~~[MATP 613 - Care and Prevention of Athletic Injuries](#) Credit Hours: 3~~
- [MATP 621 - Research Methods](#) Credit Hours: 3
- ~~[MATP 651 - Strength Training in Rehabilitation](#) Credit Hours: 3~~

- [KINE 501 - Legal Aspects of Sport and Recreation](#) Credit Hours: 3
- ~~or~~
- ~~[KINE 503 - Ethics in Sport and Recreation Management](#) Credit Hours: 3~~

- ~~[KINE 580 - Training Program Design](#) Credit Hours: 3~~
- ~~[KINE 601 - Essentials of Human Performance](#) Credit Hours: 3~~
- ~~[KINE 602 - Advanced Strength and Conditioning](#) Credit Hours: 3~~
- [KINE 603 - Seminar in Human Performance](#) Credit Hours: 3
- [KINE 604 - Internship I](#) Credit Hours: 3
- [KINE 605 - Internship II](#) Credit Hours: 3

Choose 3 hours from the following:

- | | |
|---|---|
| • <u>PSYC 542 - Applied Sports Psychology</u> Credit Hours: 3 | PSYC 636- Abnormal Behaviors |
| • <u>PSYC 624 - Social and Cultural Bases of Behavior</u> Credit Hours: 3 | PSYC 640- Positive Psychology |
| • <u>PSYC 646 - Lifespan Development</u> Credit Hours: 3 | PSYC 641- Behavioral Medicine |
| • <u>PSYC 669 - Human Learning and Cognition</u> Credit Hours: 3 | PSYC 668- Advanced Behavioral Neurosci |
| | PSYC 682-Advanced Psychotherapy |
-

Choose 3 of the following classes (9 hours):

MATP 613 - Care and Prevention of Athletic Injuries Credit Hours: 3

MATP 651 - Strength Training in Rehabilitation Credit Hours: 3

MATP 662- Psychology of Rehabilitation Credit Hour: 3

KINE 503 - Ethics in Sport and Recreation Management Credit Hours: 3

KINE 580 - Training Program Design Credit Hours: 3

KINE 601 - Essentials of Human Performance Credit Hours: 3

Total Major Hours: ~~36~~ 30

Email from Jessica Smith to suggest changing MSSCHP to MSK instead of presenting new program

3/6/25, 2:11 PM myACU Mail - approach to kinesiology/SCHP programs



Melissa Long <mdl16a@acu.edu>

approach to kinesiology/SCHP programs

6 messages

Jessica Smith <jes98k@acu.edu> Mon, Mar 3, 2025 at 9:58 AM To: Melissa Long <mdl16a@acu.edu>
Cc: Dirk Nelson <jdn23a@acu.edu>, Bill Carroll <wmc01a@acu.edu>, Wes

Crawford <twc99a@acu.edu> Hello, Melissa —

I've had a chance to review the Kinesiology MS proposal and appreciate the work you put in! The email exchange with Cherisse at the end indicated that you plan to close the SCHP and have Kinesiology continue on in its place.

Since the proposed Kinesiology curriculum overlaps completely with the SCHP requirements, I'm wondering why this isn't a revision of the SCHP rather than a new program. You could change the program name and update the curriculum; students under the current catalog and prior would finish the program as published, or switch to the 25-26 catalog to reduce their hours.

This approach saves the effort that goes into a financial pro forma, development of a teach-out plan for SCHP, notifying SACSCOC of the SCHP closure, notifying SACSCOC of the Kinesiology opening, and differentiating the marketing and student contact/advising that will overlap during the period that both programs would be open. Additionally, it seems to be the best representation of the relationship of these programs based on the curriculum and outcomes of both.

Bill has described the college's goals for an active Human Performance Lab, so I'd expect that you're thinking of a program or track in the future that would engage students there, which was another thing that made me wonder about how to best approach the transition from the SCHP.

If you do feel like the separate Kinesiology proposal is the right move right now, then I have some suggestions for updating the application so that our documentation for planning and launching this program is complete. Please let me know if you'd like to meet to talk!

Jessica

Jessica Smith, Ph.D.
Assistant Vice President for Academic Affairs
Abilene Christian University
325-674-2024

Melissa Long <mdl16a@acu.edu> Mon, Mar 3, 2025 at 10:12 AM To: Jessica Smith <jes98k@acu.edu>

Hi,

I would be open to revising the MSSCHP to become the MSK. One of the biggest differences is that the MSSCHP is 36 hours and the MSK will only be 30. Can that still go through as a revision?

Thanks!
Melissa

Melissa D. Long EdD, LAT, ATC
Abilene Christian University
Kinesiology and Nutrition,
Department Chair;
Master of Strength, Conditioning, and Human Performance,
Program Director
ACU Box 28084
(817) 807-6539 cell
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(325) 674-4822 fax

"Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be" 1 Peter 5:2

<https://mail.google.com/mail/u/0/?ik=8a6339c352&view=pt&search=all&permthid=thread-f:1825589185316570035&simpl=msg-f:1825589185316570035&simpl=...> 1/3

3/6/25, 2:11 PM myACU Mail - approach to kinesiology/SCHP programs

On Mar 3, 2025, at 9:58AM, Jessica Smith <jes98k@acu.edu> wrote:

[Quoted text hidden]

Jessica Smith <jes98k@acu.edu> Tue, Mar 4, 2025 at 1:31 PM To: Melissa Long <mdl16a@acu.edu>

Sorry for the delay; I looked for Bill to confirm that this wouldn't be a problem for any budget planning or revenue expectation that you might have already discussed, and he confirmed that he didn't have any concerns about that.

Changing the number of hours required for the program isn't a problem. You'd just have an approval chart with the updated curriculum and new program name attached. I suggest talking with Dirk to make sure that you're on the same page about how your programs and plans for the lab stay in step, but I do think that the revision is a better representation of the change you've proposed than the full new program proposal.

Jessica

Jessica Smith, Ph.D.
Assistant Vice President for Academic Affairs
Abilene Christian University
325-674-2024

[Quoted text hidden]

Dirk Nelson <jdn23a@acu.edu> Wed, Mar 5, 2025 at 4:39 PM To: Melissa Long <mdl16a@acu.edu>

Melissa...

What are your thoughts regarding Jessica's suggestion(s)?

Dirk

J. Dirk Nelson, Ph.D.

Dean, College of Health and Behavioral Sciences

Abilene Christian University

Abilene, TX 79699

dirk.nelson@acu.edu

325.674.2468

[Quoted text hidden]

Melissa Long <mdl16a@acu.edu> Wed, Mar 5, 2025 at 4:50 PM To: Dirk Nelson <jdn23a@acu.edu>

I like it. I talked to Sheila, she said that's great. If you're okay with it, I'm going to put it through councils the way Jessica said to.

Melissa D. Long EdD, LAT, ATC

Abilene Christian University

Kinesiology and Nutrition,

Department Chair;

<https://mail.google.com/mail/u/0/?ik=8a6339c352&view=pt&search=all&permthid=thread-f:1825589185316570035&simpl=msg-f:1825589185316570035&simpl=...> 2/3

3/6/25, 2:11 PM myACU Mail - approach to kinesiology/SCHP programs

Master of Strength, Conditioning, and Human Performance,

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Dirk Nelson <jdn23a@acu.edu> Wed, Mar 5, 2025 at 4:52 PM To: Melissa Long <mdl16a@acu.edu>

Great...proceed!

Dirk

Email chain with Cherisse Flanagan to expand PSYC offerings



Melissa Long <mdl16a@acu.edu>

**PSYC Courses in new
MS-Kinesiology**

8 messages

Melissa Long <mdl16a@acu.edu>
To: Cherisse Flanagan <cyf07a@acu.edu>

Tue, Nov 12, 2024 at 1:03 PM

Hi,
It was good seeing you today. I am reaching out to ask your permission to include a PSYC course in the curriculum of the new MS-Kinesiology degree. Currently, PSYC 542, PSYC 624, or PSYC 646 is required in the MS-Strength, Conditioning, Human Performance degree, as a menu item. We are requesting that the new MS-Kinesiology requires our students to take one of the same 3 courses, as a menu item.
Please let me know your thoughts!
Thanks!
Melissa

Melissa D. Long EdD, LAT, ATC Abilene
Christian University; Kinesiology and
Nutrition Department, Department
Chair;
Master of Strength, Conditioning, and Human Performance Program,
Program Director;
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as God wants you to be" 1 Peter 5:2

Melissa Long <mdl16a@acu.edu>
To: Cherisse Flanagan <cyf07a@acu.edu>

Tue, Nov 19, 2024 at 12:56 PM

Hi Cherisse,
I hope you're doing well. I was just checking up on this again. Are there any questions or information that I can help with in your decision-making about this offering in our new MS-Kinesiology program?
Thanks,
Melissa
[Quoted text hidden]

Cherisse Flanagan PhD <cyf07a@acu.edu>
To: Melissa Long <mdl16a@acu.edu>

Wed, Nov 20, 2024 at 5:17 PM

Hi Melissa,

Thanks for the nudge. I am just trying to understand. I wasn't aware that any of the MS-Strength, Conditioning, Human Performance degree students are taking PSYC 542, PSYC 624, or PSYC 646 but you are saying that it is required

How many students would be taking these courses? We do not have a PSYC 542 that we offer so I am also wondering about that.

I appreciate more context (:

cf

Cherisse Y. Flanagan, PhD, Licensed Psychologist
Chair and Professor, Department of Psychology
Abilene Christian University
ACU Box 28011
Abilene, Tx 79699
325.674.4826

Melissa Long <mdl16a@acu.edu>
To: Cherisse Flanagan PhD <cyf07a@acu.edu>

Wed, Nov 20, 2024 at 6:43 PM

Hi!

The MSSCHP requires the student to take 3 hours out of the PSYC Department. I am attaching a screenshot of a degree plan of a current student so you can see the menu option for the PSYC requirement.

When we developed the MSSCHP, we wanted PSYC 542 to be the only requirement, but time showed that 542 was not offered enough to require it, so we made it a menu with other PSYC courses that were offered more often.

Now that we are developing the MS-K degree (and then closing the MSSCHP), we see the value in keeping a PSYC requirement for our students. We are asking to keep the PSYC requirements, but omitting 669 (or keeping it if you think that is a good option). I am also open to other suggestions from your Grad classes!

The LightCast analysis from Jessica predicts our enrollment at 12 students. We probably wouldn't reach that enrollment for a few years. For reference, we have had 6 students from the MSSCHP take a PSYC class in the last 2 years.

Please let me know if I can help with more context!

Thanks,
Melissa

[Quoted text hidden]



Melissa Long <mdl16a@acu.edu>
To: Cherisse Flanagan PhD <cyf07a@acu.edu>

Mon, Nov 25, 2024 at 10:59 AM

Hi Cherisse,

It was good to see you last night. I just wanted to follow up on this again to see if you had any questions or concerns. We are just waiting to see if you are willing to allow a PSYC class in this degree, then our New Program Application is ready to

go to the Provost.

Thanks!

Melissa

[Quoted text hidden]

Cherisse Flanagan PhD <cyf07a@acu.edu>

Tue, Nov 26, 2024 at 12:50 PM

To: Melissa Long <mdl16a@acu.edu>

Hi Melissa,

I am so sorry. I have been chasing down information from multiple people about this. First of all, let me say I would LOVE to have Kinesiology students in our PSYC grad classes. I think that sounds like a great partnership and one I want to cultivate. What has given me pause is looking at the list you provided. I am going to break down some concerns especially if you are optimally hoping for 12 students.

- PSYC 646 - Currently offered on A/B schedule as a January short course only, in even years only. So, the next time we would offer it is as J-short in 2026, 2028

PSYC 542 - Sports Psychology - we have not offered this in a long time. We do have a faculty who would be qualified to teach it, and has an interest. However, she does not have the bandwidth in her courseload to offer it and we have no plans to add it back at this time.

- PSYC 634 - Social & Cultural Bases of Behavior - this is an excellent choice. However, we currently require students from all of our programs to take this and it normally has close to 30. I am wary about adding (potentially) up to 12 more students in a heavy class that covers important issues such as race, gender, and LGBTQ. So while I completely will allow that on the menu, we could not accommodate 12 additional students a year and keep it intimate enough for the students to discuss sensitive topics.
- PSYC 669 Human Cognition and Learning - Spring only, odd years. We may be dropping this.

A few other ideas:

- PSYC 668 Advanced Behavioral Neuroscience (offered occasionally)
- PSYC 636 Abnormal Behaviors (offered summer 1 or summer 2; typically summer 2). The benefit is that it is offered every year.
- PSYC 682 Advanced Psychotherapy. I like this on the menu, but enrollment may be limited for a year or two. In the long-term, this would be ideal. It is offered every Fall.
- PSYC 641 Behavioral Medicine, Fall
- PSYC 640 Positive Psychology, J-Short

I am wondering about university policy for undergrad/grad courses. If we could get that to fly here are a few courses that would be ideal. It would need to go through council to change from lower-level for undergrad:

- PSYC 278 Stress & It's Management

So, please review and see what you think. I do apologize for not responding more quickly. I know this is big on your agenda and I really do want to be helpful. I just looked at the list and saw that realistically, all your students would funnel into PSYC 634, and that is not going to work for us.

Blessings on your Thanksgiving! I am trying to wrap up and head home shortly (:

Cherisse

[Quoted text hidden]

Melissa Long <mdl16a@acu.edu>

Tue, Nov 26, 2024 at 1:22 PM

To: Cherisse Flanagan PhD <cyf07a@acu.edu>

Hi,

Thanks for all this!

I think it would be great if you would allow me to add your other suggestions to the option menu as well. This would help give our KINE students more options that would fit their schedules, as well as not be a burden on your faculty with too many in one class. One point of clarification, I believe that Jessica forecasts 12 students in the program at a given time, this would (basically) break down to 6 per year. So we could be looking at as few as 3 per semester in PSYC classes. I hope this helps alleviate any pressure or burden on your end.

Please let me know if you would be okay with me adding all those options to the PSYC menu in the new MS-K degree.

Thanks!

Melissa

[Quoted text hidden]

Cherisse Flanagan <cyf07a@acu.edu>

Tue, Nov 26, 2024 at 3:08 PM

To: Melissa Long <mdl16a@acu.edu>

Thanks, Melissa! Yes, that does ease a little concern. You can add those courses (:

Not the undergrad though.

Sent from my iPhone

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