

## Abilene Approval Chart for Curriculum Changes

A = Approve      I = Information Item      R = Respond In Writing

### Course Number:    **BMFT 610 Couples Therapy**

We created a new course, BMFT 612 Couples Therapy II, and therefore, would like to change the name of Couples Therapy to Couples Therapy I. We would also like to revise the course description to distinguish it from Couples Therapy II.

Old Description: An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

Proposed Description: Explores working with couples through the lens of systemic theory by taking a model-based approach that emphasizes assessment, goal-setting, and therapeutic intervention. Also addresses couple-specific problems, such as infidelity and intimate partner violence. No co- or pre-requisites, and the course is open to students from a variety of disciplines.

BMFT 612 Description (for reference): A topic-based approach to working systemically with couples, including premarital counseling, couple faith development, sex therapy, divorce and remarriage, and other contemporary issues. Also explores working with diverse couple structures. Couples Therapy I is a recommended pre-requisite. This course is open to students from a variety of disciplines.

|     | <b>Campus-Level Academic Review<sup>1</sup></b>                                                                          | 1 | 2 | 3 | 4 | 5 | 6 |
|-----|--------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|---|
|     | <b>Change to a Course</b><br>Include signatures from all chairs/program directors for cross-listed courses. <sup>1</sup> |   |   |   |   |   |   |
| 1.  | Title (description unchanged)                                                                                            | A | A | A | I | I | I |
| 2.  | Description (not affecting content)                                                                                      | A | A | A | I | I | I |
| 3.  | Course term(s)                                                                                                           | A | I | A | I | I | I |
| 4.  | Content (change of course outcomes)                                                                                      | A | A | A | I | I | A |
| 5.  | Number of credit hours                                                                                                   | A | A | A | A | A | A |
| 6.  | Course number within the hundred                                                                                         | A | A | I | I | I | I |
| 7.  | Course number beyond the hundred                                                                                         | A | A | A | A | A | A |
| 8.  | Prerequisites                                                                                                            | A | A | A | I | I | I |
| 9.  | Course restriction (e.g., majors only, junior standing)                                                                  | A | A | A | A | A | A |
| 10. | Level change (U to G or G to U)                                                                                          | A | A | A | A | A | A |
| 11. | Cross list course                                                                                                        | A | A | A | A | A | A |
| 12. | Department of record                                                                                                     | A | A | A | A | A | A |
| 13. | Open or close a course                                                                                                   | A | A | A | A | A | A |
|     | <b>Change to a Degree Plan</b>                                                                                           |   |   |   |   |   |   |
| 14. | Educational Program — Revise                                                                                             | A | A | A | A | A | A |
| 15. | Educational Program — Adopt/revise admission requirements                                                                | A | A | A | A | A | A |
| 16. | GPA — Revise program-required GPA                                                                                        | A | A | A | A | A | A |

|     |                |   |   |   |   |   |   |
|-----|----------------|---|---|---|---|---|---|
| 17. | Minor — Revise | A | A | A | A | A | A |
|-----|----------------|---|---|---|---|---|---|

|     |                                                           | V | P | U | E | S | D | F | O | S |
|-----|-----------------------------------------------------------|---|---|---|---|---|---|---|---|---|
|     | <b>Full Review</b>                                        |   |   |   |   |   |   |   |   |   |
|     | <b>Change to Catalog Information (for Campus)</b>         |   |   |   |   |   |   |   |   |   |
| 18. | General requirements for Bachelor's and Associate Degrees | - | - | - | - | A | A | A | A | I |
| 19. | Policies governing academic probation and suspension      | - | - | - | - | A | A | A | A | I |
| 20. | Requirements for graduating with honors                   | - | - | - | - | A | A | A | A | I |
|     | <b>Change to a Degree Plan</b>                            |   |   |   |   |   |   |   |   |   |
| 21. | Educational Program — Add or Discontinue <sup>2 3</sup>   | A | A | A | A | A | A | A | A | I |
| 22. | Educational Program — Discontinue (Provost-proposed)      | R | - | R | A | A | A | A | A | I |
| 23. | Minor — Add or Discontinue                                | A | A | A | A | A | A | - | A | I |
| 24. | Minor — Discontinue (Provost-proposed)                    | R | - | R | A | A | A | - | A | I |
| 25. | Degree — Add or Discontinue                               | A | A | A | A | A | A | A | A | I |
| 26. | Degree — Discontinue (Provost-proposed)                   | R | - | R | A | A | A | A | A | I |

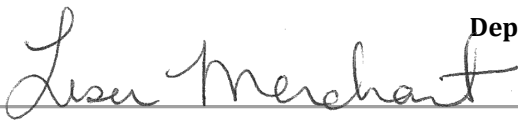
|     | <b>Change to General Education Requirements for Undergraduates (System)</b> | . | I | E | U | O | G | S | I | S |
|-----|-----------------------------------------------------------------------------|---|---|---|---|---|---|---|---|---|
| 27. | Change course outcomes of an included course                                | A | A | A | A | A | A | - | A | I |
| 28. | Add or drop a required course from the General Education Requirements       | A | - | A | - | A | A | A | A | I |
| 29. | Add or drop a course from a menu within the General Education Requirements  | A | - | A | - | A | A | - | A | I |
| 30. | Comprehensive revision of General Education Requirements                    | - | - | - | - | A | A | A | A | I |

### Notes

<sup>2</sup> Any change to a cross-listed course requires the signature of both department chairs or program directors overseeing the course to ensure that the courses stay in sync. This includes courses taught at other campuses (e.g. BIBL 101 and BIBO 101).

<sup>3</sup> For undergraduate majors, a minimum of 30 hours is required. These programs must have a minimum of 6 elective hours, unless the requirements of external accrediting bodies make it impossible. Master's programs must include a minimum of 30 hours, and doctoral programs must include a minimum of 30 hours beyond the master's.

<sup>4</sup> When a department/school or dean proposes closing a program, approval routing follows the typical process beginning with the department/school. An administrative proposal by the provost or senior vice president for academic affairs would follow the "provost-proposed" routing on the chart.

|                                                                                   |                             |
|-----------------------------------------------------------------------------------|-----------------------------|
|  | <b>Department/School(s)</b> |
|                                                                                   | 8/18/2025                   |
| Chair Signature                                                                   | Date                        |

|                                  |      |
|----------------------------------|------|
| Chair/Program Director Signature | Date |
|----------------------------------|------|

|                                                                                   |                                    |
|-----------------------------------------------------------------------------------|------------------------------------|
|                                                                                   | <b>College Academic Council(s)</b> |
|  | 09/11/2025                         |
| Chair Signature                                                                   | Date                               |

|                 |      |
|-----------------|------|
| Chair Signature | Date |
|-----------------|------|

|                                                                                   |                |
|-----------------------------------------------------------------------------------|----------------|
|                                                                                   | <b>Dean(s)</b> |
|  | 09/11/2025     |
| Signature                                                                         | Date           |

|           |      |
|-----------|------|
| Signature | Date |
|-----------|------|

|           |                                  |
|-----------|----------------------------------|
|           | <b>Teacher Education Council</b> |
| Signature | Date                             |

|           |                                                  |
|-----------|--------------------------------------------------|
|           | <b>Campus Academic Council:</b>                  |
|           | <b>Abilene Undergraduate or Abilene Graduate</b> |
| Signature | Date                                             |

|           |                |
|-----------|----------------|
|           | <b>Provost</b> |
| Signature | Date           |

|           |                                             |
|-----------|---------------------------------------------|
|           | <b>University General Education Council</b> |
| Signature | Date                                        |

**University Faculty**

---

Abilene Faculty Senate Chair signature

Date

---

Dallas Faculty Council Chair signature

Date

**Senior Vice President for Academic Affairs**

---

Signature

Date

**President**

---

Signature

Date