

#1. Are You a Naturalist -Loving God Through Nature?

1. I feel closest to God when I'm surrounded by nature—the mountains, the forests, or the sea.
2. I feel cut off if I have to spend too much time indoors, just listening to speakers or singing songs. Nothing makes me feel closer to God than being outside.
3. I would prefer to worship God by spending an hour beside a small brook than by participating in a group service.
4. If I could escape to a garden to pray on a cold day, walk through a meadow on a warm day, and take a trip by myself to the mountains on another day, I would be very happy.
5. Seeing God's beauty in nature is more moving to me than understanding new concepts, participating in a formal religious service, or participating in social causes.

#2. Are You a Sensate - Loving God with the Senses?

1. I feel closest to God when I'm in a church that allows my senses to come alive—when I can see, smell, hear, and almost taste God's presence.
2. I enjoy attending a “high church” service with incense and formal Communion or Eucharist.
3. I'd have a difficult time worshiping in a church building that is plain and lacks a sense of awe or majesty. Beauty is very important to me, and I have a difficult time worshiping through second-rate Christian art or music.
4. The words sensuous, colorful, and aromatic are very appealing to me.
5. I would really enjoy using drawing exercises or art to improve my prayer life.

#3. Are You a Traditionalist--Loving God through Ritual and Symbol?

1. I feel closest to God when I'm participating in a familiar form of worship that is very consistent. Rituals and traditions move me more than anything else.
2. Individualism within the church is a real danger. Christianity is a corporate faith and worship should be done together.
3. The words tradition and history are very appealing to me.
4. Participating in a formal liturgy or prayer-book service, developing symbols that I could place in my car, home, or office, and following the Christian Calendar are activities I enjoy.
5. I enjoy participating in communion weekly.

#4. Are You an Ascetic - Loving God through Silence and Solitude?

1. I feel closest to God when I am alone and there is nothing to distract me from focusing on his presence.
2. I would describe my faith as more “internal” than “external.”
3. The words silence, solitude, and discipline are very appealing to me.
4. Taking dedicated time alone to pray and study God's Word are all activities I enjoy.
5. I would really enjoy spending time on a silent retreat.

#5. Are You an Activist--Loving God Through Confrontation?

1. I feel closest to God when I'm standing up for his justice in some shape or form (writing letters, supporting causes, becoming familiar with current issues).

2. I get very frustrated if I see apathetic Christians who don't become active.

3. The words courageous confrontation and social activism are very appealing to me.

4. Activities like confronting a social evil, attending a meeting to challenge the new curriculum before the local school board, and volunteering on a political campaign are important to me.

5. I would like to awaken the church from its apathy.

#6. Are you a Caregiver - Loving God Through Loving Others?

1. I feel closest to God when I am with the needy, the poor, the sick, and the imprisoned. I feel God's presence most strongly when I am sitting quietly beside the bed of someone who is lonely or ill or taking a meal to someone in need.
2. I grow weary of Christians who spend their time singing songs while a sick neighbor goes without a hot meal or a family in need doesn't get help fixing their car.
3. The words service and compassion are very appealing to me.
4. I sense God's power when I am counseling a friend who has lost a job, preparing meals for or fixing the car of a family in need.
5. I would rather nurse someone to health or help someone repair their house than attend a Bible Study, go on a prayer retreat, or take a walk in the woods

#7. Are you an Enthusiast - Loving God With Mystery and Celebration?

1. Celebrating God and his love is my favorite form of worship.
2. God is an exciting God, and we should be excited about worshiping him. I don't understand how some Christians can say they love God, and then act like they're going to a funeral whenever they walk into church.
3. The words celebration and joy are very appealing to me.
4. I would enjoy attending a workshop on learning to worship through dance or attending several worship sessions with contemporary music. I expect that God is going to move in some unexpected ways.
5. I spend more money on music and worship tapes than on books.

#8. Are You a Contemplative - Loving God Through Adoration?

1. I feel closest to God when my emotions are awakened, when God quietly touches my heart, tells me that he loves me, and makes me feel like I'm his closest friend.
2. The most difficult times in my faith are when I can't feel God's presence within me.
3. The words lover, intimacy, and heart are very appealing to me.
4. I really enjoy having thirty minutes of uninterrupted time a day to sit in quiet prayer and "hold hands" with God and enjoying his presence.
5. When I think of God, I think of love, friendship, and adoration more than anything else.

#9. Are You an Intellectual - Loving God with the Mind?

1. I feel closest to God when I learn something new about him that I didn't understand before. My mind needs to be stimulated. It's very important to me that I know exactly what I believe.

2. I get frustrated when the church focuses too much on feelings and spiritual experience. Of far more importance is the need to understand the Christian faith and have proper doctrine.

3. The words concepts and truth are very appealing to me.

4. I feel close to God when I participate in several hours of uninterrupted study time—reading God's Word or good Christian books and then perhaps having an opportunity to lead or discuss in a small group.

5. I spend more money on books than music tapes.

#10. Are You A Healer - Loving God Through Recovery?

1. I feel closest to God when I am powerless and submit to God as my higher power.

2. I feel connected to God when I share my pain, hurt and struggles with God and others.

3. I sense God's power when I meet with others who share their experience, strength and hope together.

4. "Forgiveness", "freedom from shame", "extravagant love", "having One who understands and walks alongside" are ideas that are very meaningful to me.

5. I value the 12 Steps and The Beatitudes as guiding principles in connecting with God on a deeper level.

**# 1-9 adapted from Sacred Pathways: Discovering Your Soul's Path to God by Gary Thomas (Zondervan)

#10 - created for The Refuge

