

Meredith Platt

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1602 Cedar Crest Dr, Abilene, TX 79601

Education:

Master of Arts in Christian Ministry

In progress to finish May 2014 from Abilene Christian University

Abilene, TX

Master of Marriage and Family Therapy

August 2013 from Abilene Christian University

Abilene, TX

Bachelor of Arts in Vocational Missions

May 2011 from Abilene Christian University

Abilene, TX

Ministry Positions & Experiences:

Highland Church of Christ 7th Grade Girls' Teacher: August 2010 – Present

Abilene, TX

- Co-teach girls about stories and topics from the Bible that are relevant to their lives and faith

Highland Church of Christ Middle School Life Guard: August 2009 – Present

Abilene, TX

- Co-lead small groups of students in discussions based on the class lesson that morning

ACU Marriage and Family Institute Therapy Intern: August 2011 – 2013

Abilene, TX

- Conducted 400 hours of therapy with individuals, couples, and families from the Abilene area

ACU Medical and Counseling Care Center Therapy Intern: June 2012 – August 2013

Abilene, TX

- Conducted over 100 hours of therapy with individuals and couples from the ACU community

Belton Church of Christ Youth Ministry Intern: May – August 2011

Belton, TX

- Organized and led the middle school mission trip to Arlington, TX
- Planned and taught classes for Wednesday nights, Sunday mornings, and summer camps
- Built relationships with students and parents in the youth group

ACU Spring Break Campaign Chair: May 2010 – May 2011

Abilene, TX

- Oversaw the organization and planning of all Spring Break Campaign mission trips
- Resolved conflict between leaders and teams as necessary
- Led the committee in creating a vision and goals for the year and in implementing it

Grace Crossing Community Church of Christ Student Intern: May – August 2009 & 2010

Conroe, TX

- Engaged students on individual, small group, and large group bases
- Planned and taught classes for Wednesday nights, Sunday mornings, and summer camps
- Assisted students in planning and leading their own Bible study groups and a girls' retreat
- Joined middle and high school mission trips and helped coordinate a VBS for a mission trip

Unlock Ministries Opportunity Camp Summer Intern: May 2008 – August 2008

Midland, TX

- Organized roles, teams, and cabins of all counselors, campers, and adult volunteers
- Coordinated registration, departure, and return of all participants
- Assisted Camp Director in planning schedules, activities, games, and lessons

Other Employment:

ACU Graduate Assistant: *August 2011 – Present*

Abilene, TX

- Guest taught classes on topics such as family relationships, Fowler’s theory of faith development, attachment theory, genograms, and perspectives on women in ministry
- Assisted in a research project to discover current practices and training of volunteer teachers in Sunday school classes, co-presented the findings at the 2012 North American Professors of Christian Education conference, and co-wrote two articles about the findings that are being considered for publication in the *Christian Education Journal*
- Assisted with basic procedures of the classroom

ACU Teaching Assistant: *January 2014 – Present*

Abilene, TX

- Shared responsibility for leading and preparing class lectures, discussions, assignments, speakers, etc.
- Assisted with grading, attendance, and other basic procedures of the classroom

ACU Advancement Student Worker: *August 2011 – Present*

Abilene, TX

- Assisted in day-to-day office procedures including mailing letters, writing thank you notes to donors, answering phones, entering data, greeting visitors, printing daily reports, and proofing materials
- Assisted the University Relations team in shipping promotional materials to volunteers for recruiting and alumni events, updating weekly and monthly records, organizing and ordering materials, and researching information useful to the team members

Honors and Activities:

ACU Marriage and Family Therapy “Spirit of the Counselor” Award: *August 2013*

Abilene, TX

- Award given to the graduating student who most fully demonstrated the incarnational aspects of the therapeutic relationship

Freedom Fellowship Wednesday Guest Co-Teacher: *July – August 2013*

Abilene, TX

- Co-taught a four week class on marriage enrichment and a four week class on forgiveness

ACU Premarital Chapel Facilitator: *February – March 2013*

Abilene, TX

- Co-led a 6 week series for premarital couples about conflict, communication, sex, and other topics relevant to maintaining and growing relationships with significant others

ACU University Scholar: *May 2011*

Abilene, TX

- Award given to graduating students who excel in scholarly activity related to their disciplines

ACU Summit Class Leader: *September 2010*

Abilene, TX

- Taught a class at ACU about success and failure in the church and society

Girls Reflecting Glory Retreat HS Teacher: *November 2009*

Houston, TX

- Taught a class at a girls’ retreat for high school students about love based on 1 John passages

ACU Spring Break Campaign Secretary: *August 2008 – May 2010*

Abilene, TX

- Coordinated communication, information, and payments of all participants

Personal Information: All of my life I have wanted to serve the kingdom of God. I went to college with the intention of being a foreign missionary but through summer internships and volunteer experiences, I learned I had a passion for helping other people find their gifts and callings from God. I want to help adolescents discover their place in the kingdom of God as they mature into having their own faith instead of just their parents’ faith. My experience as a therapist has helped me grow in connection and empathy with people from all walks of life and I have learned a great deal about families, relationships, and change that I believe could be very beneficial by applying them to the spiritual growth of adolescents and for equipping their parents.

References:

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