

GRIEF & THE HOLIDAYS:

Grieving Remembering & Celebrating

When you have lost a loved one, the holiday season can be a painful reminder of the loss you are feeling. However, there are steps you can take to give the holidays new meaning....and experience healing during this time.

Hendrick Hospice Care would like to offer you an opportunity to learn more about healing through the holidays.

Saturday, November 11, 2017

9:30 a.m. – 3 p.m.

*Lunch will be provided by
Elmwood Memorial Park and Funeral Home.*

**Davis Bereavement Center
Hendrick Hospice Care
1651 Pine St.
(Enter on the North 16th St. side of the building.)**

Topics include:

- Basic grief information
- Ways to care for yourself during the holidays
- Ideas for honoring your loved one
- Finding hope and spiritual strength during the holidays
- Exploring coping strategies

*There is no charge, but reservations are required by
Thursday, November 9. Please call Hendrick Hospice Care
reservation line at 670-6999 or 1-800-622-8516 to make
a reservation or for more information.*

 **HENDRICK
HOSPICE CARE**
Caring with Confidence

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