

## Application for Capstone Course for Existing Course

Course Subject and Number KINE 420 \_\_\_\_\_

Course Name: Kinesiology Internship \_\_\_\_\_

Contact Person: Dr. Joe Bell \_\_\_\_\_

### For Capstone courses:

Explain how your course or courses will meet the learning outcomes:

- Habits of mind that foster integrative thinking between the liberal arts core curriculum and their major field of study.

Students are required to create projects that enhance the functioning of the facilities in which they are interning. The projects require critical thinking to solve specific problems within the department in which they are working. Often, the assignments are given in such a way that the student is required to problem-solve in order to find solutions. Placed in the environments of corporate and health care settings, these projects are often impactful.

- Achievement and demonstration through advanced research and/or creative projects the ability to frame questions, carry out critical analysis, and produce work of substantial complexity and quality related to their chosen field of study.

The student projects require them to engage in both institutional research as well as best practices among other prominent agencies in order to develop standards upon which their projects may be based. The outcomes for these activities include evaluation of the efficacy of the projects in improving the delivery of services and, in rare cases, influence the practitioners at each facility.

- Reflect and demonstrate their ability to think critically, globally, and missionally about their discipline.

Essentially, this course provides opportunities to engage a wide range of socio-economic strata and ethnic classes that they may not otherwise encounter until they graduate from ACU. For Health Promotions majors, this means that they develop the ability to work with a variety of age groups and has proven beneficial in development of a “worldview” outside the normal experiences of the college-aged student. In the allied health areas, the student is privileged to attend to many who are very different than they.

Explain how your course or courses will meet the required assignments:

- Research assignment

Students are assigned the task of creating a project that will benefit the agency at which they are interning. The project requires research and, often, creativity to complete. We will add to the existing assignment a paper that describes the rationale behind the project, along with a full description of the project, including steps to completion and reflections on its impact.

- Faith and vocation assignment

All interns will be required to write a reflective paper as a part of their Internship Final Report requirements regarding the place of the Christian professional in society and his/her influence upon other co-workers and patients. They will also be asked to discuss the professional lines that they may not cross in the workplace and with patients.

- Comprehensive skills and accomplishments inventory

Students will develop a resume' as part of the internship application process.

Attachments:

Attach a course syllabus

- If necessary, attach additional explanatory material that might be helpful to faculty reviewing this course for capstone and writing intensive status, such as assignments or grading rubrics.

Abilene Christian University  
**Kinesiology Internship**

Fall/Spring/Summer

KINE 420. All sections\*

6 credit hours

\*The section number varies between faculty members and placement (in Abilene or out-of-town). It is critical to visit with the degree plan specialist to register for the correct section. Typically students cannot register themselves for the internship.

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**Mission** It is the mission of Abilene Christian University to educate student for Christian Service and Leadership throughout the world.

**Who will take this course?** Seniors majoring in Kinesiology (health promotion track), seniors majoring in Kinesiology (sport and recreation management track) and seniors majoring in Kinesiology (pre-physical therapy or pre-occupational therapy tracks) take this course.

**Prerequisite** Advisor approval. Course enrollment by degree plan specialist.

**Text** Department of Kinesiology and Nutrition. Internship Guidebook. Abilene Christian University, available on the ACU website.

**Course (Catalog) Description** Supervised field experience where the student is involved in a public, medical, commercial, or private agency work environment, experiencing a variety of settings for a minimum of eight weeks (320 hours).

**Fee** A special fee is required. Always check for the current fee. 2009-2010 fees: a) \$150.00 in Abilene and b) \$300.00 out-of-Abilene. \* Students should enroll under the section number of his/her faculty advisor. The odd numbered section is local and the even numbered section is out-of-Abilene.

**Overview of Content** The internship focuses on using academic preparation while developing marketable skills as they apply to fitness, health promotion or rehabilitation settings. The course guidebook provides general information and forms to help the student through the process of applying for the internship, completing bi-weekly reports, proposing and completing a special project, and receiving evaluations.

**Course Goal.** The intent of the internship is to provide transition from the student's undergraduate preparation to a professional setting. The student will test the practical

application of the theories of Exercise Science practiced in an agency setting under the guidance of an agency professional and the supervision of a University faculty member. The student-intern should conscientiously review personal knowledge, skill, and professional growth in contemplation of entering his/her chosen profession.

**Other Information** Students who wish to do internships out of Abilene must make arrangements for appropriate documentation of Affiliation Agreements and supervision if the distance is greater than 200 miles. Affiliation Agreements often take several weeks and should be planned for well in advance of the intended internship period.

**Course Competencies ~ The student will**

1. explain the role, duties, and responsibilities of a full-time health promotion/allied health professional in the internship setting while developing a personal philosophy of practice,
2. develop positive relationships within the internship agency and between the agency and the university,
3. discuss his/her personal growth in the ability to engage in professional, contemporary thinking and practice in the internship setting, and
4. obtain helpful information for the student's future choices concerning employment, areas of specialization, and/or graduate study.
5. reflect on the internship experience from the perspective of the Christian in the workplace and relate experiences to personal spiritual growth and values.
6. develop an effective resume' as part of the application process.
7. Conduct necessary research to develop a special project that will aid the supervising agency to better function.

**Evaluation Methods for Measuring Each Competency ~ Each student will**

1. include explanations of the role, duties, and responsibilities of a full-time health promotion professional in the internship setting and a personal health promotion philosophy in his/her bi-weekly reports,
2. describe the positive relationships the student intern developed within the internship agency and between the agency and the university,
3. discuss his/her personal and professional growth with the agency and university supervisors in conversation and in the reports, and
4. utilize information gathered during the internship for his/her future choices concerning employment, areas of specialization, and/or graduate study.
5. develop a summary paper regarding the impact of his/her faith on practice.
6. prepare a resume' as part of the application process.
7. perform analyses of various processes pertinent to professional practice.

**Class Format and Conduct of the Course** The internship format varies from agency to agency. The student is responsible for submitting paperwork in a timely fashion and maintaining communication with the agency professional and university faculty member.

**Course Calendar** Varies

**Resources Available to Students** Books, videos, observation, computers, periodicals, and local health professionals are available resources.

**Attendance** The student is expected to report to each workday or special event.

### **Academic Integrity**

Violations of academic integrity and other forms of cheating, as defined in ACU's Academic Integrity Policy, involve the intention to deceive or mislead or misrepresent, and therefore are a form of lying and represent actions contrary to the behavioral norms that flow from the nature of God. Violations will be addressed as described in the Policy. While the university enforces the Policy, the most powerful motive for integrity and truthfulness comes from one's desire to imitate God's nature in our lives. Every member of the faculty, staff and student body is responsible for protecting the integrity of learning, scholarship and research. The full Policy is available for review at the Provost's office web site (<http://www.acu.edu/campusoffices/provost>) and the following offices: provost, college deans, Dean of campus life, director of student judicial affairs, director of residential life education and academic departments.

### **Grading and Grading Scale**

- Necessary paperwork is expected before the internship begins, at two-week intervals, to propose the special project and at the conclusion of the internship.
- Students grade is based upon completing the internship work satisfactorily and in a timely fashion.
- A lowered grade may result when problems with task completion, bi-weekly reports, agency evaluation of the special project or poor performance appraisals from the agency supervisor occur. The grade of In Progress (IP) may be assigned when the student runs into extenuating circumstances. The missing hours and/or paperwork must be finished as soon as possible. An "IP" will change automatically to Incomplete (I) after a semester and an "I" will be changed to an F after one semester. It is the student's responsibility to follow-up with her/his faculty supervisor once the hours have been completed.

- A 90-100
- B 80-89
- C 75-59
- D 70-74
- F Below 69