

Abilene Christian University
Kinesiology Internship

Fall/Spring/Summer

KINE 420. All sections*

6 credit hours

*The section number varies between faculty members and placement (in Abilene or out-of-town). It is critical to visit with the degree plan specialist to register for the correct section. Typically students cannot register themselves for the internship.

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ACU Mission: Our mission at Abilene Christian University is to educate our students for Christian service and leadership throughout the world.

College of Education and Human Services Mission: to equip students to emulate the work of Christ in the world through teaching, training the physical body, and serving the disenfranchised.

Department of Kinesiology and Nutrition Mission: to prepare students to serve and lead through the development of healthful lifestyles.

Who will take this course? Seniors majoring in Kinesiology (health promotion track), seniors majoring in Kinesiology (sport and recreation management track) and seniors majoring in Kinesiology (pre-physical therapy or pre-occupational therapy tracks) take this course.

Class Format and Conduct of the Course: The internship format varies from agency to agency. The student is responsible for working with the professional in the work setting in the field and facility where the internship is held. Assignments are in accordance with the particular field and may be in addition to the traditional work day. The student is responsible for submitting paperwork in a timely fashion and maintaining communication with the agency professional and university faculty member.

Course Calendar: Varies. A schedule will be agreed upon with the faculty member when an internship is obtained.

Prerequisite: Advisor approval. Course enrollment by degree plan specialist.

Text: Department of Kinesiology and Nutrition. Internship Guidebook. Abilene Christian University, available on the ACU website.

Library: The Brown Library has hundreds of resources addressing the fields of Kinesiology.

Resources Available to Students: Books, videos, observation, computers, periodicals, and local health professionals are available resources.

Course (Catalog) Description: Supervised field experience where the student is involved in a public, medical, commercial, or private agency work environment, experiencing a variety of settings for a minimum of eight weeks (320 hours).

Fee: A special fee is required. Always check for the current fee. 2009-2010 fees: a) \$150.00 in Abilene and b) \$300.00 out-of-Abilene. * Students should enroll under the section number of his/her faculty advisor. The odd numbered section is local and the even numbered section is out-of-Abilene.

Overview of Content: The internship focuses on using academic preparation while developing marketable skills as they apply to fitness, health promotion or rehabilitation settings. The course guidebook provides general information and forms to help the student through the process of applying for the internship, completing bi-weekly reports, proposing and completing a special project, and receiving evaluations.

Course Goal: The intent of the internship is to provide transition from the student's undergraduate preparation to a professional setting. The student will test the practical application of the theories of Kinesiology practiced in an agency setting under the guidance of an agency professional and the supervision of a University faculty member. The student-intern should conscientiously review personal knowledge, skill, and professional growth in contemplation of entering his/her chosen profession.

Other Information: Students who wish to do internships out of Abilene must make arrangements for appropriate documentation of Affiliation Agreements and supervision if the distance is greater than 200 miles. Affiliation Agreements often take several weeks and should be planned for well in advance of the intended internship period.

	Competency	Measurement Instrument	Measurement Standard
1	The student will assess and explain the role, duties, and responsibilities of a full-time health promotion/allied health professional in the internship setting while developing a personal philosophy of practice.	A. Bi-weekly Reports	A. The student will assess and explain of the role, duties, and responsibilities of a full-time health promotion professional in the internship setting and justify how liberal arts course information is used. The students will explain a personal health promotion philosophy in his/her bi-weekly reports.

2	The student will develop positive relationships within the internship agency and between the agency and the university.	A. Bi-weekly Reports	A. The student will describe the positive relationships the student intern developed within the internship agency and between the agency and the university.
3	The student will delineate and critique his/her personal growth in the ability to engage in professional, contemporary thinking and practice in the internship setting and how he/she was able to frame questions, carry out critical analysis, and produce work of substantial complexity and quality.	A. Bi-weekly Reports B. Major Project	A. The student will delineate and critique his/her personal and professional growth with the agency and university supervisors and what questions they considered, how they analyzed them, and what they did to solve problems in conversation and in reports. B. The student will develop a major project that addresses a need in the workplace.
4	The student will create an effective resume' as part of the application process.	A. Resume'	A. The student will adequately create a resume' as part of the application process.
5	The student will evaluate helpful information for future choices concerning employment, areas of specialization, and/or graduate study.	A. Bi-weekly Reports	A. The student will evaluate and utilize information gathered during the internship for his/her future choices concerning employment, areas of specialization, and/or graduate study.
6	The student will reflect on and write about the internship experience from the perspective of the Christian in the workplace and relate experiences to personal spiritual growth and values.	A. Reflection Essay	A. The student will write a reflection essay paper on how to integrate faith into the workplace based on the internship experience and relate experiences to personal spiritual growth and values.
7	The student will conduct necessary research to design a special project that will aid the supervising agency to better function and write a paper concerning the research.	A. Research Paper B. Major Project	A. The student will research a particular subject about the workplace to be used in designing a major project and will write a paper at least 2000 words in length. B. The student will design a major project that addresses a need in the workplace.

Major Assignments That Fulfill Capstone Requirements

Integrative Capstone Course Requirement	How the Requirement is Met in KINE 420
Learning Outcomes 1. Habit of mind that foster integrative thinking between the liberal arts core curriculum and Kinesiology 2. Achievement and demonstration through creative projects the ability to frame questions, carry out critical analysis, and produce work of substantial complexity and quality related to their chosen field of study. 3. Reflect and demonstrate their ability to think critically, globally, and missionally about their discipline.	1. Students are required to integrate diverse areas of thinking related to patient care and communication with patients/client/colleagues using knowledge gained in Science courses, Communications, English, and social sciences such as psychology and explained in bi-weekly reports. 2. Students are required to submit reflective bi-weekly reports that explain the problems they have helped analyze and solve. They will also produce a major project related to the function of the internship site that addresses a particular need. They will solve real-life and complex problems of actual clients in their field that require critical analysis. 3. Students are required to submit a reflection essay paper that involve how they are thinking critically, globally, and missionally while they are working with clients. It must address the integration of faith into practice in the field.
Specific Elements: 1. 2000 word paper worth 10% of the overall grade, including 5 appropriate research sources. 2. Assignment that demonstrates the student to think critically about faith and vocation in Kinesiology. 3. A comprehensive skills and	1. A research paper of at least 2000 words that addresses a critical issue in the field of kinesiology/therapeutic science. Must include at least 5 sources. 10% of the total grade. 2. A reflection essay paper that discusses the integration of faith into practice in the field. Will count 10% of the overall grade. 3. With the help of the career center,

accomplishments inventory reflecting the students accomplishments, co-curricular activities, service, leadership, internships, integrative thinking, knowledge, etc.	students will develop a resume' that is included in the internship application packet.
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Attendance: The student is expected to report to each workday or special event.

Academic Integrity

Violations of academic integrity and other forms of cheating, as defined in ACU's Academic Integrity Policy, involve the intention to deceive or mislead or misrepresent, and therefore are a form of lying and represent actions contrary to the behavioral norms that flow from the nature of God. Violations will be addressed as described in the Policy. While the university enforces the Policy, the most powerful motive for integrity and truthfulness comes from one's desire to imitate God's nature in our lives. Every member of the faculty, staff and student body is responsible for protecting the integrity of learning, scholarship and research. The full Policy is available for review at the Provost's office web site (<http://www.acu.edu/campusoffices/provost>) and the following offices: provost, college deans, Dean of campus life, director of student judicial affairs, director of residential life education and academic departments.

Grading and Grading Scale

- Resume' – 10%
 - Bi-Weekly Reports – 10%
 - Research Paper (≥ 2000 words) – 10%
 - Reflective Essay Paper (500 words minimum) – 10%
 - Site Supervisor Evaluation – 40%
 - Faculty Advisor Evaluation – 10%
 - Major Project (Evaluated by Site Supervisor) – 10%
- The grade of In Progress (IP) may be assigned when the student runs into extenuating circumstances. The missing hours and/or paperwork must be finished as soon as possible. An "IP" will change automatically to Incomplete (I) after a semester and an "I" will be changed to an F after one semester. It is the student's responsibility to follow-up with her/his faculty supervisor once the hours have been completed.

A	90-100	D	70-74
B	80-89	F	Below 69
C	75-59		