

BS: KINESIOLOGY DEGREE PLAN (KINE)	
UNIVERSITY REQUIREMENTS	
Please see the University Requirements section of this catalog (page 36).	
MAJOR REQUIREMENTS	
Exercise Science	
PEAC 100 Lifetime Wellness	(1) ¹
PEAC 206 Strength Training	(1) ¹
KINE 232 Structural Kinesiology	3
KINE 372 Exercise Physiology	3
KINE 373 Exercise Physiology Lab	1
KINE 420 Exercise Science Internship (capstone experience)	6
KINE 473 Cardiovascular Physiology	3
KINE 498 Biomechanics	3
HED 112 Personal Health and Human Disease	3
PSYC 120 Introduction to Psychology	(3) ¹
TOTAL	22
¹ Hours (in parenthesis) may also fulfill university requirements and are not included in total major hours	
TRACKS	
Health Promotion (KNHP)	
BIOL 291 Anatomy and Physiology I	(3) ¹
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 113 Introductory Chemistry	(3) ¹
CHEM 111 Introductory Chemistry Lab	1
CHEM 112/114 Intro. Organic and Biological Chemistry Lecture/Lab	4
HED 324 Drug Education	3
KINE 241 First Aid/CPR	1
KINE 321 Sport Practicum <i>or</i> KINE 322 Fitness Practicum.....	1
KINE 360 Leadership and Management for Health Promotion (writing-intensive course)	3
KINE 421 Wellness Practicum	1
KINE 440 Special Topic: Exercise Testing and Prescription	3
KINE 450 Personal Training	3
KINE 460 Program Planning for Health Promotion	3
KINE 475 Physical Activity and Aging	3
KINE 480 Training Program Design	3
MGMT 330 Management and Organizational Behavior	3
NUTR 221 Introductory Nutrition	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC 211 Cross- Training	(1) ¹
TOTAL: Health Promotion	43
Pre-Physical Therapy (KNPT)	
BIBP 352 Biomedical Ethics	(3)¹
BIOL 112 General Biology I	(3) ¹
BIOL 113/115, 114, 491/493, 492/495	13
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry I Lab	1

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CHEM 132/134 General Chemistry II Lecture/Lab	4
ENGL 326 Business and Professional Writing or	
ENGL 327 Scientific or Technical Writing	3
KINE 311 Motor Behavior (writing-intensive course).....	3
KINE 340: Special Topic: Medical Terminology.....	2
KINE 340: Special Topic: Research Methods.....	3
KINE 440 Exercise Testing and Prescription	3
MATH 124 or MATH 185.(3) ¹	
PEAC 211 Cross- Training	(1) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PHYS 112/113 General Physics II Lecture/Lab	4
PSYC 232 Developmental Psychology	3
PSYC 311 Elementary Statistics.....	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Pre-Physical Therapy	46
Pre-Occupational Therapy (KNOT)	
BIOL 112 General Biology I	(3) ¹
BIOL 114 General Biology I Laboratory	1
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry Laboratory	1
Choose one: PEAC 211, 214, 215, or 216	(1) ¹
KINE 311 Motor Behavior (writing-intensive course).....	3
KINE 340 Special Topic: Medical Terminology	2
KINE 340 Special Topic: Research Methods	3
KINE 421 Wellness Practicum	1
KINE 440 Exercise Testing and Prescription	3
KINE 450 Personal Training	3
KINE 499 Capstone	1
MATH 124 or MATH 185.....	(3) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 311 Elementary Statistics.....	3
PSYC 382 Abnormal Psychology	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Pre-Occupational Therapy	36
¹ Hours (in parenthesis) may also fulfill university requirements and are not included in total major hours	
ELECTIVES	
Minimum	
Health Promotion (KNHP)	7
Pre-Physical Therapy (KNPT)	4
Pre-Occupational Therapy (KNOT)	14
TOTAL MAJOR HOURS	72
OTHER GRADUATION REQUIREMENTS	
Minimum GPA for graduation	2.70
Minimum advanced hours	33
Minimum total hours	128
Courses numbered 0** do not count in minimum hours required for degree.	

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