

BS: KINESIOLOGY DEGREE PLAN (KINE)	
UNIVERSITY REQUIREMENTS	
Please see the University Requirements section of this catalog (page 36).	
MAJOR REQUIREMENTS	
Kinesiology	
PEAC 100 Lifetime Wellness	(1) ¹
PEAC 206 Strength Training	(1) ¹
KINE 232 Structural Kinesiology	3
KINE 420 Exercise Science Internship (capstone experience)	6
PSYC 120 Introduction to Psychology	(3) ¹
TOTAL	22
¹ Hours (in parenthesis) may also fulfill university requirements and are not included in total major hours	
TRACKS	
Health Promotion (KNHP)	
BIOL 291 Anatomy and Physiology I	(3) ¹
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 113 Introductory Chemistry	(3) ¹
CHEM 111 Introductory Chemistry Lab	1
CHEM 112/114 Intro. Organic and Biological Chemistry Lecture/Lab	4
HED 112 Personal Health and Human Disease	3
HED 324 Drug Education	3
KINE 241 First Aid/CPR	1
KINE 321 Sport Practicum <i>or</i> KINE 322 Fitness Practicum	1
KINE 360 Leadership and Management for Health Promotion (writing-intensive course)	3
KINE 372 Exercise Physiology	3
KINE 373 Exercise Physiology Lab	1
KINE 421 Wellness Practicum	1
KINE 440 Special Topic: Exercise Testing and Prescription	3
KINE 450 Personal Training	3
KINE 460 Program Planning for Health Promotion	3
KINE 473 Cardiovascular Physiology	3
KINE 475 Physical Activity and Aging	3
KINE 480 Training Program Design	3
KINE 498 Biomechanics	3
MGMT 330 Management and Organizational Behavior	3
NUTR 221 Introductory Nutrition	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC 211 Cross- Training	(1) ¹
TOTAL: Health Promotion	56
Pre-Physical Therapy (KNPT)	
BIBP 352 Biomedical Ethics	(3) ¹
BIOL 112 General Biology I	(3) ¹
BIOL 113/115, 114, 491/493, 492/495	13
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry I Lab	1
CHEM 132/134 General Chemistry II Lecture/Lab	4
ENGL 326 Business and Professional Writing <i>or</i> ENGL 327 Scientific or Technical Writing	3

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KINE 373 Exercise Physiology Lab . 1¶

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KINE 498 Biomechanics . 3¶
HED 112 Personal Health and Human Disease . 3¶

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<u>HED 112 Personal Health and Human Disease</u>	<u>3</u>
KINE 311 Motor Behavior (writing-intensive course).....	3
KINE 340: Special Topic: Medical Terminology.....	2
KINE 340: Special Topic: Research Methods.....	3
KINE 440 Exercise Testing and Prescription	3
<u>KINE 372 Exercise Physiology</u>	<u>3</u>
<u>KINE 373 Exercise Physiology Lab</u>	<u>1</u>
<u>KINE 473 Cardiovascular Physiology</u>	<u>3</u>
<u>KINE 498 Biomechanics</u>	<u>3</u>
▼ MATH 124 or MATH 185.....	(3) ¹
PEAC 211 Cross- Training	(1) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PHYS 112/113 General Physics II Lecture/Lab	4
PSYC 232 Developmental Psychology	3
PSYC 311 Elementary Statistics.....	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Pre-Physical Therapy	<u>59</u>
Pre-Occupational Therapy (KNOT)	
BIOL 112 General Biology I	(3) ¹
BIOL 114 General Biology I Laboratory	1
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry Laboratory	1
<u>HED 112 Personal Health and Human Disease</u>	<u>3</u>
Choose one: PEAC 211, 214, 215, or 216	(1) ¹
KINE 311 Motor Behavior (writing-intensive course).....	3
KINE 340 Special Topic: Medical Terminology	2
KINE 340 Special Topic: Research Methods	3
KINE 421 Wellness Practicum	1
KINE 440 Exercise Testing and Prescription	3
KINE 450 Personal Training	3
<u>KINE 372 Exercise Physiology</u>	<u>3</u>
<u>KINE 373 Exercise Physiology Lab</u>	<u>1</u>
<u>KINE 473 Cardiovascular Physiology</u>	<u>3</u>
<u>KINE 498 Biomechanics</u>	<u>3</u>
▼ KINE 499 Capstone	1
MATH 124 or MATH 185.....	(3) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 311 Elementary Statistics.....	3
PSYC 382 Abnormal Psychology	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Pre-Occupational Therapy	<u>49</u>
<u>Sport and Recreation Management (KSRM)</u>	
<u>COMS 345 Intercultural Communication</u>	<u>(3)¹</u>
<u>COMS 430 Conflict Management.....</u>	<u>3</u>
<u>ENGL 326 Business and Professional Writing</u>	<u>3</u>
<u>GERO 350 Sociology of Aging</u>	<u>3</u>
<u>HED 324 Drug Education.....</u>	<u>3</u>
<u>KINE 201 Introduction to Sport and Recreation.....</u>	<u>3</u>
<u>KINE 241 First Aid/CPR.....</u>	<u>1</u>
<u>KINE 301 Facility and Risk Management</u>	<u>3</u>
<u>KINE 333 Youth Activities and Programming</u>	<u>3</u>
<u>KINE 360 Leadership and Management for Health Promotion</u>	

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(writing-intensive course)	3
KINE 401 Sport and Recreational Law.....	3
KINE 460 Program Planning for Health Promotion	3
MGMT 330 Management and Organizational Behavior.....	3
MKTG 340 Principles of Marketing <i>or</i>	3
MKTG 343 Personal Marketing.....	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC Activity – 210, 239, 341, 350, 351.....	3
PSYC 388 Teams and Team Leadership.....	3
TOTAL: Sport and Recreation Management	46
†Hours (in parenthesis) may also fulfill university requirements and are not included in total major hours	
ELECTIVES	
Minimum	
Health Promotion (KNHP)	7
Pre-Physical Therapy (KNPT)	4
Pre-Occupational Therapy (KNOT)	14
Sport and Recreation Management (KSRM)	17
* Electives will be used for 2 nd area of emphasis	
TOTAL MAJOR HOURS	72
OTHER GRADUATION REQUIREMENTS	
<u>Minimum GPA for graduation</u>	
KNHP	2.50
KNPT	3.00
KNOT	2.75
KSRM	2.50
Minimum advanced hours	33
Minimum total hours	128
<i>Courses numbered 0** do not count in minimum hours required for degree.</i>	
<i>^For KNHP, KNOT, KNPT only: Minimum for KNHS 3.0 + 3.0 in Department Courses</i>	

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Comment [MMJ1]: Should this be changed to a 2.5

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Minimum advanced hours . 33¶
Minimum total hours . 128¶
Courses numbered 0** do not count in¶
minimum hours required for degree.