

Health Promotion (KNHP)

BIOL 291 Anatomy and Physiology I	(3) ¹
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 113 Introductory Chemistry	(3) ¹
CHEM 111 Introductory Chemistry Lab	1
CHEM 112/114 Intro. Organic and Biological Chemistry Lecture/Lab	4
HED 112 Personal Health and Human Disease	3
HED 324 Drug Education	3
KINE 241 First Aid/CPR	1
KINE 321 Sport Practicum <i>or</i> KINE 322 Fitness Practicum.....	1
KINE 360 Leadership and Management for Health Promotion (writing-intensive course)	3
KINE 372/373 Exercise Physiology/Lab	4
KINE 421 Wellness Practicum	1
KINE 440 Special Topic: Exercise Testing and Prescription	3
KINE 450 Personal Training	3
KINE 460 Program Planning for Health Promotion	3
KINE 473 Clinical Exercise Physiology I	3
KINE 475 Physical Activity and Aging	3
KINE 480 Training Program Design	3
KINE 498 Biomechanics	3
MGMT 330 Management and Organizational Behavior	3
NUTR 221 Introductory Nutrition	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC 211 Cross-Training	(1) ¹
TOTAL: Health Promotion	56

Pre-Physical Therapy (KNPT)

BIBP 352 Biomedical Ethics	(3) ¹
BIOL 112 General Biology I	(3) ¹
BIOL 113/115, 114, 491/493, 492/495	13
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry I Lab	1
CHEM 132/134 General Chemistry II Lecture/Lab	4
ENGL 326 Business and Professional Writing <i>or</i> ENGL 327 Scientific or Technical Writing	3
HED 112 Personal Health and Human Disease	3
KINE 311 Motor Behavior (writing-intensive course)	3
KINE 340 Special Topic: Medical Terminology	2
KINE 340 Special Topic: Research Methods.....	3
KINE 440 Special Topic: Exercise Testing and Prescription	3
KINE 372/373 Exercise Physiology/Lab	4
KINE 399 Research Methods in Kinesiology and Nutrition.....	3
KINE 473 Clinical Exercise Physiology I	3
KINE 498 Biomechanics	3
MATH 124 or MATH 185.....	(3) ¹
PEAC 211 Cross-Training	(1) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PHYS 112/113 General Physics II Lecture/Lab.....	4
PSYC 232 Developmental Psychology	3
PSYC 311 Elementary Statistics.....	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Pre-Physical Therapy	62

Pre-Occupational Therapy (KNOT)

BIOL 112 General Biology I	(3) ¹
BIOL 114 General Biology I Laboratory	1
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 133 General Chemistry I	(3) ¹
CHEM 131 General Chemistry Laboratory	1
HED 112 Personal Health and Human Disease	3
Choose one: PEAC 211, 214, 215, or 216	(1) ¹
KINE 311 Motor Behavior (writing-intensive course).....	3
KINE 340 Special Topic: Medical Terminology	2
KINE 340 Special Topic: Research Methods	3
KINE 372/373 Exercise Physiology/Lab	4
KINE 399 Research Methods in Kinesiology and Nutrition.....	3

KINE 421 Wellness Practicum	1
KINE 440 Special Topic: Exercise Testing and Prescription	3
KINE 450 Personal Training	3
KINE 473 Clinical Exercise Physiology I	3
KINE 498 Biomechanics	3
KINE 499 Capstone	1
MATH 124 or MATH 185	(3) ¹
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 311 Elementary Statistics	3
PSYC 382 Abnormal Psychology	3
SOCI 111 Introduction to Sociology	(3) ¹

TOTAL: Pre-Occupational Therapy**Sport and Recreation Management (KSRM)**

COMS 345 Intercultural Communication.....	(3) ¹
COMS 430 Conflict Management.....	3
ENGL 326 Business and Professional Writing.....	3
GERO 350 Sociology of Aging.....	3
HED 324 Drug Education.....	3
KINE 201 Introduction to Sport and Recreation Management.....	3
KINE 241 First Aid/CPR.....	1
KINE 301 Facility and Risk Management.....	3
KINE 333 Youth Activity Programs	3
KINE 360 Leadership and Management for Health Promotion (writing-intensive course).....	3
KINE 401 Sport and Recreational Law	3
KINE 460 Program Planning for Health Promotion	3
KINE 490 Special Populations	3
MGMT 330 Management and Organizational Behavior	3
MKTG 340 Principles of Marketing <i>or</i> MKTG 343 Personal Marketing	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC Activity – 210, 239, 341, 350, 351	3
PSYC 388 Teams and Team Leadership	3

TOTAL: Sport and Recreation Management

¹Hours (in parentheses) may also fulfill university requirements and are not included in total major hours

ELECTIVES**Minimum**

Health Promotion (KNHP)	7
Pre-Physical Therapy (KNPT)	1
Pre-Occupational Therapy (KNOT)	11
Sport and Recreation Management (KSRM)	17*

* Electives will be used for 2nd area of emphasis

TOTAL MAJOR HOURS**OTHER GRADUATION REQUIREMENTS****Minimum GPA for graduation**

KNHP	2.50
KNPT	3.00
KNOT	2.75
KSRM	2.50
Minimum advanced hours	33
Minimum total hours	128

*Courses numbered 0** do not count in minimum hours required for degree.*

Comment [JC14]: Added KINE 490

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Comment [JC15]: Deleted MGMT 330

NUTRITION (BS)

The Bachelor of Science in Nutrition prepares students to serve and lead others through living and teaching healthful nutrition practices and wellness lifestyles. Christian values and ethics are encouraged in any area of nutrition the student chooses. Students may declare Nutrition as a major with a concentration in Exercise Science.