

Approval Chart for Curriculum Changes

A = Approval I = Information*

Course Number PEAC 222 or Degree Plan(s) _____

State the requested change and reason. A memo may be attached if more space is necessary.

(14)

Current: EXSC 222 Physical Activities for Elementary is a closed course.

Proposed: EXSC 222 will be reopened as PEAC 222 Physical Activities for Elementary.

Rationale: New Texas Education Agency requirements include this type of course.

Circle the number that corresponds to the requested change. Degree plan changes are on the second page.

		COUNCIL**								
	Change to a Course	Dept./School	College Academic	Deans	UGEC	UUAC	GRAD	Provost	Faculty	President
1.	Title (description unchanged)	A	A	A	I			I	--	I
2.	Description (not affecting content)	A	A	A	I			I	--	I
3.	Content (substantive change)	A	A	A	I			A	--	A
4.	Number of hours (lecture, lab, contact)	A	A	A	A			A	--	A
5.	Course number within the hundred	A	A	I	I			I	--	I
6.	Course number beyond the hundred	A	A	A	A			A	--	A
7.	Prerequisites	A	A	A	I			I	--	I
8.	Course fee(s)	A	--	A	--			A	--	I
9.	From U to G <i>or</i> G to U	A	A	A	A			A	--	A
10.	Cross list with another dept: U or G level	A	A	A	A			A	--	A
11.	Department of record	A	A	A	A			A	--	A
12.	Open or close a course	A	A	A	A			A	--	A
13.	New course — See Adams Center for packet. This change includes combining or splitting a course(s).	A	A	A	A			A	--	A

* Councils may request additional information about "Information" items. These items are approved as "Consent Agenda."

** In most cases, approval by only one council is necessary.

Note: When an academic unit does not have a council, the UGEC and/or UUAC will serve as its academic council, depending on the nature of the issue.

Approval Chart for Curriculum Changes

A = Approval I = Information

Change to a Degree Plan		Dept./School	College Academic	College Academic	COUNCIL			Provost	Faculty	President	Board of Trustees
					UGEC	UUAC	GRAD				
1.	University Requirements — Require or change a specific course from a menu within a degree plan	A	A	I		I		I	--	I	--
2.	University Requirements — Substitute an existing course for a university requirement within a degree plan	A	A	A		A		A	--	A	--
3.	University Requirements — Add a course to or drop a course from the University Requirements	A	A	A		A		A	A	A	--
4.	University Requirements — Change in approved course content	A	A	A		A		A	--	A	--
5.	Major — Revision of major ♦	A	A	A		A		A	--	A	
6.	Major — Adopt or change admission requirements	A	A	A		A		A	--	A	--
7.	Major — Add or discontinue	A	A	A		A		A	A	A	I
8.	GPA — Revise major or cumulative requirement	A	A	A		A		A	A	A	--
9.	Minor — Revise course selection	A	A	A		I		I	--	I	--
	Minor — Add or discontinue	A	A	A		A		A	--	A	--
10.	Degree — Add or discontinue	A	A	A		A		A	A	A	A
11.	Any change to a graduate degree program*	A	A	A		A		A	--	A	--

♦ A minimum of 30 hours is required for a major. A maximum is specified for each degree (e.g., BA, BS). The university minimum for elective hours is 6, unless the requirements of external accrediting bodies make it impossible.

* All graduate degree plan changes must go through the Graduate Council.

Revised 2-16-11

Approval Chart for Academic Information Changes

Change to the Catalog		Dept./School	College Academic	College Academic	UGEC	UUAC	GRAD	Provost	Faculty	President	Board of Trustees
1.	General requirements for graduation including course requirements that are common to all majors for all degrees*	--	--	--		A		A	A	A	--
2.	Admission requirements	--	--	--		A		A	A	A	--
3.	Policies governing academic probation and suspension	--	--	--		A		A	A	A	--
4.	Requirements for graduating with honors	--	--	--		A		A	A	A	--
5.	Definitions of grades and grade points awarded by faculty**	--	--	--		A		A	A	A	--
6.	Other academic policy changes	--	--	--		A		A	--	A	--

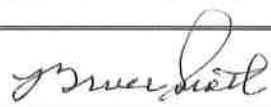
* The UUAC approved the clarification that "general requirements for graduation" means the seventeen items in the "General Requirements for Bachelor's Degrees" section of the catalog. This clarification applies to undergraduate degrees and includes associate's degrees.

** This refers to the specific chart within the "Academic Information" section of the catalog which lists grades that can be awarded and the associated grade points for each grade.

Revised 4-13-11

Curriculum/Catalog Changes Approval Sheet

Department/School Chair(s)	
 Signature	3/30/16 Approval date
_____ Signature	_____ Approval date

College Academic Council(s)	
 Signature	3.31.16 Approval date
_____ Signature	_____ Approval date

Dean(s)	
 Signature	3.31.16 Approval date
_____ Signature	_____ Approval date

General Education Council	
_____ Chair's signature	_____ Approval date

Undergraduate Academic Council	
_____ Chair's signature	_____ Approval date

Graduate Council	
_____ Chair's signature	_____ Approval date

Provost	
_____ Signature	_____ Approval date

Faculty	
_____ Chair of faculty senate	_____ Approval date

President	
_____ Signature	_____ Approval date

Board of Trustees	
_____ Chair's signature	_____ Approval date

PEAC 222 Physical Activities for Elementary
ABILENE CHRISTIAN UNIVERSITY
FALL 2016 SYLLABUS

Kerri Hart, Ph.D, Associate Professor

Office: Student Recreation and Wellness Center #254, 674-6174, fax: 674-6788, ACU

Box 28084, hartk@acu.edu.

Office hours: M – 9:15 – 10:00 a.m., 1:00 – 4:00 p.m.

W – 9:15 – 10:00 a.m., 1:00 – 3:00 p.m.

TR – 3:00 – 3:30 p.m.

ACU Mission: to educate our students for Christian service and leadership throughout

the world.

College of Education and Human Services Mission: to equip students for global ministry

through exemplary practice and service in education and human services.

Department of Kinesiology and Nutrition Mission: to prepare students to serve and lead through the development of healthful lifestyles.

Course Description:

Credit: 1 hour

When: MWF 10:00-10:50 a.m.

Where: SRWC 260B

Prerequisites: None

Course description: Instruction in physical fitness activities, motor skills, rhythmic activities, games, sports, lifetime activity skills, self concept, and child development. Designed for Elementary majors. Fulfills PEAC activity requirement

Purpose and audience: This course is designed for the EC-6 physical education and health teacher to provide information for organizing and administering developmentally appropriate programs in elementary physical education and school health programs. Materials align with the Texas Education Agency standards for the EC-6 Certificate.

Format: Class lecture, student projects working with children, and physical labs. Students will teach 6 lessons in an elementary Physical Education setting with children.

Conduct of the Course: Students should be ready to take notes. Various days during the

semester will be activity days. Athletic shoes are required for students to be counted present on those days. Sometimes other clothing changes will be desired and will be announced by the professor.

Overview of Content: The course examines both physical and emotional characteristics

of elementary children and gives instruction for appropriate physical activities.

Required Text: Thomas, K., Lee, A., & Thomas, J. (2008). *Physical Education Methods*

for Elementary Teachers (3rd ed.). Champaign, IL: Human Kinetics.

ISBN#: 978-0736067041

Library Holdings: The Brown Library has hundreds of resources concerning physical

activity and teaching school-age children.

Course goal: The student should be able to develop and teach appropriate activities to

children of varying ages, skill levels, and backgrounds.

Instructor's philosophy: Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. Hebrews 12:1-2.

	Competency	Measurement Instrument	Measurement Standard
1	The student will be able to demonstrate competency in a variety of movement skills and help students develop these skills (Std. 1).	A. Teaching a skill to a class	A. The student will appropriately teach a skill to elementary students, including the demonstration of the skill.
2	The student will be able understand principles and benefits of a healthy, physically active lifestyle and has knowledge to motivate students to participate in activities that promote this lifestyle (Std. 2).	A. Examination to scores	A. The student will correctly explain principles and benefits.
3	The student will be able to use knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and can	A. PE Lesson Plan/Poster	A. The student will develop an appropriate lesson plan for optimal learning and to promote self-management, self-motivation, and social skills.

	promote a student's self-management, self-motivation, and social skills through participation in physical activities (Std. 3).		
4	The student will be able to use knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, social, and emotional development (Std. 4).	A. Examination scores B. PE Lesson Plan/Poster	A. The student will correctly use knowledge in answering questions concerning development. B. The student will develop a lesson plan that supports child development.
5	The student will be able to provide equitable and appropriate instruction for all students in a diverse society (Std. 5).	A. Examination Scores B. Teaching a skill to a class	A. The student will answer questions concerning instructing diverse populations. B. The student will teach a diverse class appropriately.
6	The student will be able to use effective, developmentally appropriate instructional strategies and communication techniques to prepare physically educated individuals (Std. 6).	A. PE Lesson Plan/Poster	A. The student will appropriately incorporate instructional strategies and communication.
7	The student will be able to understand and use formal and informal assessment to promote students' physical, cognitive, social, and emotional development in physical education contexts (Std. 7)	A. Assessments	A. The student will correctly assess students.
8	The student will be able to evaluate the effects of his/her actions on others and seeks opportunities to grow professionally (Std. 8).	A. Reflection of Teaching	A. The student will reflect on their teaching abilities and actions during teaching.
9	The student will be able to collaborate with colleagues,	A. Examination	A. The student will explain how they could collaborate with

	parents/caregivers, and community agencies to support students' growth and well-being (Std. 9).	Scores	others.
10	The student understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management (Std. 10).	A. Examination Scores	A. The student will correctly answer questions concerning legal issues and responsibilities.

Course Requirements and Percentage of Grade:

10% Attendance/Participation
 10% Assessments
 10% Observation reports
 10% Equipment built by students
 15% Physical Education Lesson Plan/Poster
 15% 2 Exams
 20% Teaching a skill to a class
 10% Reflection of teaching

Grading Scale: A = 90-100%, B= 80-89%, C = 70-79%, D=60-69%, F=59% or below

Class Policies:

- Any unexcused absences after 3 will result in a loss of 5 points for each additional unexcused absence. Regular class attendance is imperative. If you miss class, obtain notes from another student.
- Late assignments will not be accepted after the day they are due and will result in a grade of 0, unless circumstances occur including illness (personal or dependent), death in the family, car trouble or accident, or university-approved event. I do expect notification of the problem as soon as possible.
- Students will not be permitted to take a test late unless **prior approval is obtained** **in advance** from the instructor or unless the above stated circumstances occur. If a student does not take a test when scheduled and does not meet the above criteria, a

- grade of 0 will be given.
4. Christian conduct is expected, including honesty and consideration of others. Cheating on a test or other assignment will result in an automatic grade of 0.
 5. Women are expected to wear skirts/dresses/shorts no shorter than mid-thigh. No midriffs or tanktops are allowed. Men should not wear tanktops or shorts that are above mid-thigh, also.

ADA Compliance Statement

Abilene Christian University is dedicated to removing barriers and opening access for students with disabilities in compliance with ADA and Section 504 of the Rehabilitation Act. The Alpha Scholars Program facilitates disability accommodations in cooperation with instructors. In order to receive accommodations, you must be registered with Alpha Scholars Program, and you must complete a specific request for each class in which you need accommodations. If you have a documented disability and wish to discuss academic accommodations, please call our office directly at (325) 674-2667.

Academic Integrity

Violations of academic integrity and other forms of cheating, as defined in ACU's Academic Integrity Policy, involve the intention to deceive or mislead or misrepresent, and therefore are a form of lying and represent actions contrary to the behavioral norms that flow from the nature of God. Violations will be addressed as described in the Policy. While the university enforces the Policy, the most powerful motive for integrity and truthfulness comes from one's desire to imitate God's nature in our lives. Every member of the faculty, staff, and student body is responsible for protecting the integrity of learning, scholarship, and research. The full Policy is available for review at the Provost's office web site (<http://www.acu.edu/campusoffices/provost>) and the following offices: provost, college deans, dean of campus life, director of student judicial affairs, director of residential life education and academic departments.

Sexual Harassment

Harassment will not be tolerated at Abilene Christian University. As a Christian community, Abilene Christian University has committed itself, unequivocally, to ensuring a working and learning environment in which the dignity of every individual is respected. Therefore it is the purpose of this policy to maintain a work and academic environment that is free of harassment, sexual or otherwise. This policy applies to all members of the ACU community, including trustees, faculty, staff, students, and volunteers at Abilene Christian University. For a more in-depth look at the university's anti-harassment policy, full definition of harassment, and procedure for reporting, visit: [www.acu.edu/campusoffices/studentlife/judicial/For Students/Harassment Policy](http://www.acu.edu/campusoffices/studentlife/judicial/For%20Students/Harassment%20Policy)

PEAC 222 SYLLABUS OUTLINE

August 22 Introduction

	24	Chapter 1 Health and Developmental Benefits of Physical Education
	26	Activity Day
	29	Chapter 2 Meeting the Mission of the Elementary School
	31	Chapter 3 Physical Growth and Maturation
Sept.	2	Activity Day
	5	Chapter 3 Physical Growth and Maturation
	7	Chapter 4 Motor Performance During Childhood
	9	Activity Day
	12	Chapter 4 Motor Performance During Childhood
	14	Chapter 5 Cognition, Learning, and Practice
	16	Activity Day
	19	Chapter 5 Cognition, Learning, and Practice Observation Reports Due
Sept.	21	Chapter 6 Physical Activity for Children
	23	Activity Day
	26	Chapter 6 Physical Activity for Children
	28	Chapter 7 Psychosocial Factors in Physical Education
	30	Activity Day
Oct.	3	Chapter 7 Psychosocial Factors in Physical Education
	5	Chapter 8 Planning Your Curriculum
	7	Activity Day
	10	Chapter 8 Planning Your Curriculum
	12	Chapter 9 Organizing for Teaching Lesson Plan/Poster Due

	14	Activity Day
	17	Chapter 9 Organizing for Teaching
	19	Exam I
	21	Activity Day
	24	Chapter 10 Managing Students
	26	Chapter 10 Managing Students
	28	Fall Break
	31	Chapter 11 Teachers' Rights, Responsibilities, and Best Practice
Nov.	2	Chapter 11 Teachers' Rights, Responsibilities, and Best Practice
	4	Activity Day
	7	Chapter 12 Equipment and Facilities
	9	Chapter 12 Equipment and Facilities
Nov.	11	Activity Day Equipment Due
	14	Chapter 13 Instructing Students
	16	Chapter 13 Instructing Students
	18	Activity Day
	21	Chapter 14 Evaluating Students
	23-25	Thanksgiving Holiday
	28	Chapter 14 Evaluating Students Assessments Due
	30	Teaching a Skill documentation and Reflection of Teaching Due
Dec.	2	Review

6 Final – 2:00-3:45 p.m.

UNIVERSITY REQUIREMENTS	
Please see the University Requirements section of this catalog (page 39).	
MAJOR REQUIREMENTS	
Kinesiology	
KINE 100 Lifetime Wellness	(1)'
KINE 206 Strength Training	(1)'
KINE 232 Structural Kinesiology	3
PSYC 120 Introduction to Psychology	(3)'
TOTAL	3
'Hours (in parentheses) may also fulfill university requirements and are not included in total major hours	
TRACKS	
Health Promotion (KNHP)	
BIOL 291 Anatomy and Physiology I	(3)'
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 113 Introductory Chemistry	(3)'
CHEM 111 Introductory Chemistry Lab	1
CHEM 112/114 Intro. Organic and Biological Chemistry Lecture/Lab	4
HED 112 Personal Health and Human Disease	3
HED 324 Drug Education	3
KINE 241 First Aid/CPR	1
KINE 321 Sport Practicum or KINE 322 Fitness Practicum	1
KINE 360 Leadership and Management for Health Promotion (writing-intensive course)	3
KINE 372/373 Exercise Physiology/Lab	4
KINE 420 Exercise Science Internship (capstone experience)	6
KINE 421 Wellness Practicum	1
KINE 450 Personal Training	3
KINE 460 Program Planning for Health Promotion	3
KINE 473 Clinical Exercise Physiology I	3
KINE 475 Physical Activity and Aging	3
KINE 480 Training Program Design	3
KINE 485 Clinical Exercise Physiology II	3
KINE 498 Biomechanics	3
MGMT 330 Management and Organizational Behavior	3
NUTR 221 Introductory Nutrition	3
NUTR 224 Nutrition for Exercise and Sport	3
Choose one from: PEAC 211, 214, 215 or 216	1
TOTAL: Health Promotion	63
Pre-Physical Therapy (KNPT)	
BIOL 112 General Biology I	(3)'
BIOL 113/115, 114, 491/493, 492/495	13
CHEM 133 General Chemistry I	(3)'
CHEM 131 General Chemistry I Lab	1
CHEM 132/134 General Chemistry II Lecture/Lab	4
ENGL 326 Business and Professional Writing or ENGL 327 Scientific or Technical Writing	3
HED 112 Personal Health and Human Disease	3
KINE 311 Motor Behavior (writing-intensive course)	3
KINE 302 Special Topic: Medical Terminology	2
KINE 372/373 Exercise Physiology/Lab	4
KINE 399 Research Methods in Kinesiology and Nutrition	3
KINE 420 Exercise Science Internship (capstone experience)	6
KINE 473 Clinical Exercise Physiology I	3
KINE 485 Clinical Exercise Physiology II 3	
KINE 498 Biomechanics	3
MATH 124 Precalculus I or MATH 185 Calculus I	(3)'
Choose one from: PEAC 211, 214, 215 or 216	1
PHYS 110/111 General Physics I Lecture/Lab	4
PHYS 112/113 General Physics II Lecture/Lab	4
PSYC 232 Developmental Psychology	3
PSYC 311 Elementary Statistics	3
SOCI 111 Introduction to Sociology	(3)'

TOTAL: Pre-Physical Therapy	66
Pre-Occupational Therapy (KNOT)	
BIOL 112 General Biology I	(3)'
BIOL 114 General Biology I Laboratory	1
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 133 General Chemistry I	(3)'
CHEM 131 General Chemistry Laboratory	1
HED 112 Personal Health and Human Disease	3
Choose one from: PEAC 211, 214, 215, or 216	1
KINE 311 Motor Behavior (writing-intensive course)	3
KINE 302 Special Topic: Medical Terminology	2
KINE 372/373 Exercise Physiology/Lab	4
KINE 399 Research Methods in Kinesiology and Nutrition	3
KINE 420 Exercise Science Internship (capstone experience)	6
KINE 421 Wellness Practicum	1
KINE 450 Personal Training	3
KINE 473 Clinical Exercise Physiology I	3
KINE 485 Clinical Exercise Physiology II	3
KINE 498 Biomechanics	3
MATH 124 Precalculus I or MATH 185 Calculus I	(3)'
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 232 Developmental Psychology	3
PSYC 311 Elementary Statistics	3
PSYC 382 Abnormal Psychology	3
SOCI 111 Introduction to Sociology	(3)'
TOTAL: Pre-Occupational Therapy	58
Sport and Recreation Management (KSRM)	
COMS 345 Intercultural Communication	(3)'
COMS 430 Conflict Management	3
ENGL 326 Business and Professional Writing	3
GERO 350 Sociology of Aging	3
HED 324 Drug Education	3
KINE 201 Introduction to Sport and Recreation Management	3
KINE 241 First Aid/CPR	1
KINE 301 Risk Management	3
KINE 303 Ethics in Sport and Recreation Management	3
KINE 321 Sport Practicum or KINE 322 Fitness Practicum	1
KINE 333 Youth Activity Programs	3
KINE 360 Leadership and Management for Health Promotion (writing-intensive course)	3
KINE 401 Legal Aspects to Sport and Recreation	3
KINE 420 Exercise Science Internship (capstone experience)	6
KINE 460 Program Planning for Health Promotion	3
KINE 490 Special Populations	3
MKTG 320 Principles of Marketing or MKTG 343 Personal Marketing	3
NUTR 224 Nutrition for Exercise and Sport	3
PEAC 229 or Activity	1
Choose three from: PEAC Activity 210, 239, 341, 350 or 351	3
PSYC 388 Teams and Team Leadership	3
TOTAL: Sport and Recreation Management	57
Athletic Training (KNAT)	
BIOL 291 Anatomy and Physiology I Lecture	(3)'
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292 Anatomy and Physiology II Lecture	(3)'
BIOL 294 Anatomy and Physiology II Lab	1
CHEM 133 General Chemistry I	3
CHEM 131 General Chemistry Laboratory	1
Choose one from: PEAC 211, 214, 215, 216, 227, 228 or 229	1
KINE 302 Special Topic: Medical Terminology	2
KINE 311 Motor Behavior (writing-intensive course)	3
KINE 321 Sport Practicum (one credit course - repeat 6 times)	6
KINE 322 Fitness Practicum	1
KINE 372/373 Exercise Physiology/Lab	4
KINE 391 Basic Sports Medicine	3
KINE 365 Assessment of Injuries I	3
KINE 396 Advanced Sports Medicine	3
KINE 399 Research Methods in Kinesiology and Nutrition	3

KINE 420 Exercise Science Internship (capstone experience)	3
KINE 473 Clinical Exercise Physiology I	3
KINE 465 Assessment of Injury II	3
KINE 477 Therapeutic Exercises	3
KINE 485 Clinical Exercise Physiology II	3
KINE 498 Biomechanics	3
MATH 123 Elementary Statistics	(3) ¹
NUTR 224 Nutrition for Exercise and Sport	3
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 342 Applied Sport Psychology	3
SOCI 111 Introduction to Sociology	(3) ¹
TOTAL: Athletic Training	63
Generalist (KGEN)	
BIOL 112 General Biology I (or higher)	(3) ¹
BIOL 114 General Biology I Laboratory (or higher)	1
CHEM 113 Introductory Chemistry I (or higher)	(3) ¹
CHEM 111 Introductory Chemistry Laboratory (or higher)	1
HED 112 Personal Health and Human Disease	3
Choose one from: PEAC 211, 214, 215, or 216	1
KINE 241 First Aid/CPR	1
KINE 311 Motor Behavior (writing-intensive course)	3
KINE 372/373 Exercise Physiology/Lab	4
KINE, HED, NUTR 300-499 or approved upper level science.....	33
KINE 420 Exercise Science Internship (capstone experience)	3
KINE 473 Clinical Exercise Physiology I	3
KINE 485 Clinical Exercise Physiology II	3
KINE 498 Biomechanics	3
TOTAL: Generalist	59
¹ Hours (in parentheses) may also fulfill university requirements and are not included in total major hours	
DELECTIVES	
Minimum (KNHP)	6
Minimum (KNPT)	3
Minimum (KNOT)	11
Minimum (KSRM)	..12*
Minimum (KNAT)	6
Minimum (KGEN)	10
* Electives will be used for 2nd area of emphasis	
TOTAL MAJOR HOURS	72
OTHER GRADUATION REQUIREMENTS	
Minimum GPA for graduation (KNHP)	2.00
Minimum GPA for graduation (KNPT)	3.20
Minimum GPA for graduation (KNOT)	3.20
Minimum GPA for graduation (KSRM)	2.50
Minimum GPA for graduation (KNAT)	2.75
Minimum GPA for graduation (KGEN)	2.00
Minimum advanced hours	33
Minimum total hours	128
<i>Courses numbered 0** do not count in minimum hours required for degree.</i>	

UNIVERSITY REQUIREMENTS	
Please see the University Requirements section of this catalog (page 39).	
MAJOR REQUIREMENTS	
Math	
MATH 123 Elementary Statistics	(3) ¹
Nutrition	
NUTR 221 Introductory Nutrition	3
NUTR 222 Food Selection and Preparation	3
NUTR 224 Nutrition for Exercise and Sport	3

NUTR 325 Quantity Food Production and Service	3
NUTR 327 Nutrition Through the Life Cycle	3
NUTR 328 Community Nutrition	3
NUTR 401 Nutrition Seminar (capstone course)	1
NUTR 421 Nutrition Assessment and Education (capstone and writing-intensive course)	3
NUTR 423 Food Safety	1
NUTR 426 Food Science	3
NUTR 427 Food System Organization and Administration	3
Sciences	
BIOL 291 Anatomy and Physiology I	(3) ¹
BIOL 293 Anatomy and Physiology I Lab	1
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 113 Introductory Chemistry	(3) ¹
CHEM 111 Introductory Chemistry Lab	1
CHEM 112/114 Introduction to Organic and Biological Chemistry Lecture/Lab	4
Other Required Courses	
MGMT 330 Management and Organizational Behavior	3
KINE 241 First Aid/CPR	1
TOTAL	43
CONCENTRATION (CHOOSE ONE)	
Didactic Program in Dietetics (NDPD)	
BIOL 353/357 General Microbiology	4
KINE 399 Research Methods in Kinesiology and Nutrition	3
NUTR 322 Biochemistry of Nutrition I	3
NUTR 323 Biochemistry of Nutrition II	3
NUTR 425 Medical Nutrition Therapy I	3
NUTR 428 Medical Nutrition Therapy II	3
NUTR 429 Medical Nutrition Therapy III	3
NUTR 450 Capstone in Dietetics	2
TOTAL	24
Community Concentration (NUCO)	
COMS 236 General Communication Theory	3
COMS 343 Business and Professional Communication	3
COMS 345 Intercultural Communication	3
COMS 483 Advanced Public Speaking	3
TOTAL	12
Exercise Science (NUEX)	
KINE 206 Strength Training	(1) ¹
KINE 232 Structural Kinesiology	3
KINE 321 Sport Practicum or KINE 322 Fitness Practicum	1
KINE 372/373 Exercise Physiology Lecture/Lab	4
KINE 450 Personal Training	3
KINE 475 Physical Activity and Aging	3
PEAC 211 Cross-Training	(1) ¹
TOTAL	14
Food Service (NUFS)	
ACCT 210 Financial Accounting	3
MGMT 332 Human Resource Management	3
MGMT 335 Leadership in Organizations	3
MKTG 320 Principles of Marketing	3
TOTAL	12
¹ Hours (in parentheses) may also fulfill university requirements and are not included in total major hours	

ELECTIVES	
Minimum (NDPD)	5
Minimum (NUEX)	15
Minimum (NUCO, NUFS)	17
TOTAL MAJOR HOURS	72
OTHER GRADUATION REQUIREMENTS	
Minimum GPA for graduation (NDPD)	3.20
Minimum GPA for graduation (NUCO, NUEX, NUFS)	2.50
Minimum advanced hours	33
Minimum total hours	128
<i>Courses numbered 0** do not count in</i>	

minimum hours required for degree.

Catalog Descriptions of KINE and NUTR Tracks

Athletic Training (KNAT). This degree track allows the student to obtain the academic preparation and practical experience necessary to sit for the Texas Department of Health licensing examination for Licensed Athletic Trainer (LAT) in the state of Texas and to further matriculate into a Masters of Athletic Training program, should they desire.

Health Promotions (KNHP). Kinesiology professionals may choose to pursue careers in private, corporate, or wellness related programs. Students will be given the opportunity to pursue certification as personal trainers and engage in specific career related internships.

Kinesiology Generalist (KGEN). This degree track allows students the flexibility to obtain academic preparation inclusive of laboratory and practical experiences necessary to enter medical school or graduate programs in allied health, graduate exercise science, and associated fields. The natural flexibility furthermore serves to accommodate academic preparation for entrance into Occupational and Physical therapy programs with the redundancy of degree offering being most vital for transfer students and students switching into KINE (or between KINE tracks) but with aspirations towards OT or PT rehabilitative work.

Pre-Physical Therapy (KNPT). Students who wish to pursue professional graduate programs in Physical Therapy must complete all of the pre-requisites for entry into those programs. The KNPT track provides all of the pre-requisites for Physical Therapy schools, in access to graduate school. A minimum GPA of a 3.2 is required for acceptance into the KNPT degree track.

Pre-Occupational Therapy (KNOT). Students who wish to pursue professional graduate programs in Physical Therapy must complete all of the pre-requisites for entry into those programs. The KNOT track provides all of the pre-requisites for Occupational Therapy schools, in access to graduate school. A minimum GPA of a 3.2 is required for acceptance into the KNOT degree track.

Sports and Recreation Management (KSRM). Students who desire career in recreation settings such as camps, YMCA, YWCA, city recreation programs, or similar settings; or those who wish to work in intramural administration or athletic administration, may wish to seek the KSRM degree. The track allows for a number of electives that may be used to focus on a specific career goal. A minimum GPA of 2.5 is required for acceptance into the KSRM degree track.

Didactic Program in Dietetics concentration (NDPD). Students who are interested in becoming Registered Dietitians may apply to the Didactic Program in Dietetics (DPD) after passing 60 hours through a formal application and interview process. Transfer students or current students wishing to change their major may also apply to the DPD after passing 60 hours, after taking at least 6 hours of nutrition courses at ACU, and having been a nutrition major for at least two semesters. A GPA of 3.2 is required for

entrance into the DPD. Graduates of the DPD are prepared to enter dietetic internships, after which they may sit for the Registered Examination for Dietitians. Registered Dietitians may find employment in healthcare facilities, community and public health nutrition programs, other government entities, private practice, school nutrition programs, sports nutrition and corporate wellness programs, university education, research, sales, marketing, restaurant management, and food companies.