

Approval Chart for Curriculum Changes

A = Approve I= Information Item¹ R= Advise & Respond²

Course Number KINE 342 or Degree Plan(s) KNPT, KNOT, KNHP
State the requested change and reason. A memo may be attached if more space is necessary.

CURRENT

KNPT has 9 elective hours. KNOT includes KINE 450, personal training on their degree plan. KNHP includes KINE 475, Physical activity & Aging on the degree plan.

PROPOSED

KINE 342 to replace 3 hours of electives in KNPT for a total of 6 elective hours. KINE 342 will replace KINE 450 in the KNOT degree plan. KINE 342 will replace KINE 475 in the KNHP degree plan.

RATIONALE

In KNPT, KNOT and KNHP the course Exercise Testing & Prescription (KINE 342) offers practical application of theory of exercise science in order to provide the student with sufficient knowledge to evaluate fitness levels and develop, prescribe and teach appropriate exercise programs with varying goals and populations.

KINE 450, personal training, is not as beneficial for KNOT students as KINE 342 will be. KINE 342 will offer more variation with populations and special conditions and provide the insight on how to properly prescribe exercise for those individuals.

For KNHP the material covered in KINE 475, Physical Activity and Aging, overlaps with much of the material in the already required course, KINE 485, Clinical Exercise Physiology.

KINE 342 provides material about how to evaluate fitness levels, prescribe and teach exercise programs with varying goals and populations. A heavy proportion of this course will be on the actual development of the exercise prescription. KINE 485 focuses on clinical assessments, interpretations and pharmaceuticals. The combination of these courses will better prepare our students for their prospective health-related occupations.

NOTE: The syllabus for KINE 342 was originally submitted to the Library as KINE 442. After further investigation, we determined that this course would fit better in the degree plan as a 300-level course. The library and Adam's Center letter approving the syllabus for this course reads KINE 442 and NOT KINE 342. The syllabus and course schedule content, however, is exactly the same. For this reason, it was not recommended for new letters to be sought.

Approval Chart for Curriculum Changes

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Circle the number that corresponds to the requested change. Degree plan changes are on the second page.

					COUNCIL ³					
	Change to a Course	Dept./School	College Academic	Deans	TEC	UGEC	UAC	GRAD	Provost	President
1.	Title (description unchanged)	A	A	A	I				I	I
2.	Description (not affecting content)	A	A	A	I				I	I
3.	Course term(s)	A	I	A	I				I	I
4.	Content (substantive change)	A	A	A	I				A	A
5.	Number of hours (lecture, lab, contact)	A	A	A	A				A	A
6.	Course number within the hundred	A	A	I	I				I	I
7.	Course number beyond the hundred	A	A	A	A				A	A
8.	Prerequisites	A	A	A	I				I	I
9.	Course fee(s)	A	--	A	--				A	I
10.	From U to G <i>or</i> G to U	A	A	A	A				A	A
11.	Cross list with another department: U or G level	A	A	A	A				A	A
12.	Department of record	A	A	A	A				A	A
13.	Open or close a course	A	A	A	A				A	A
14.	New course — See website for application and process. This change includes combining or splitting a course(s).	A	A	A	A				A	A

Note: When an academic unit does not have a council, the UGEC and/or UUAC will serve as its academic council, depending on the nature of the issue.

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		COUNCIL ³							Provost	Faculty	President	Board of Trustees
		Dept./School	College Academic	Deans	TEC	COUNCIL ³						
						EC	AC	AD				
Change to a Degree Plan												
1.	University Requirements — Change in approved course content ⁶	A	A	A	A			A	--	A	--	
2.	University Requirements — Add or drop a required course from the University Requirements chart ⁶	A	A	A	A			A	A	A	--	
3.	University Requirements — Add or drop a course from a menu within the University Requirements ⁶	A	--	--	A			A	--	A	--	
4.	University Requirements — Change hours within a menu on the University Requirements chart ⁶	A	A	A	A			A	A	A	--	
5.	Major — Revision of major ^{4,5}	A	A	A	A			A	--	A	--	
6.	Major — Adopt or change admission requirements	A	A	A	A			A	--	A	--	
7.	Major — Add ^{4,5}	A	A	A	A			A	A	A	I	
8.	Major – Discontinue (proposed by the department or college)	A	A	A	A			A	A	A	I	
9.	Major – Discontinue (proposed by the Provost)	See below.										
10.	GPA — Revise major or cumulative requirement	A	A	A	A			A	A	A	--	
11.	Minor — Revise course selection	A	A	A	I			I	--	I	--	
12.	Minor — Add	A	A	A	A			A	--	A	--	
13.	Minor – Discontinue (proposed by the department or college)	A	A	A	A			A	--	A	--	
14.	Minor – Discontinue (proposed by the Provost)	See below.										
15.	Degree — Add	A	A	A	A			A	A	A	I	
16.	Degree – Discontinue (proposed by the department or college)	A	A	A	A			A	A	A	I	
17.	Degree – Discontinue (proposed by the Provost)	See below.										
18.	Any change to a graduate degree program	A	A	A	A			A	--	A	--	

		Provost	Department	Dean	TEC	UAC	Graduate	Faculty	President	Board of Trustees
1.	Major/Graduate Program — Discontinue (proposed by the Provost)	A	R	R		A		A	A	I
2.	Minor — Discontinue (proposed by the Provost)	A	R	R		A		--	A	--
3.	Degree — Discontinue (proposed by the Provost)	A	R	R		A		A	A	I

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COUNCIL ³										
	Change to the Catalog Information	Dept./School	College Academic	Deans	UGEC	UUAC	GRAD	Provost	Faculty	President
1.	General requirements for graduation including course requirements that are common to all majors for all degrees ⁷	--	--	--	A			A	A	A
2.	Admission requirements	--	--	--	A			A	A	A
3.	Policies governing academic probation and suspension	--	--	--	A			A	A	A
4.	Requirements for graduating with honors	--	--	--	A			A	A	A
5.	Other academic policy changes	--	--	--	A			A	--	A

¹ Councils may request additional information about “Information” items. These items are approved as “Consent Agenda.”

² The Dean and Department should respond to the Provost’s recommendation to close a program in writing. Advise & Respond (R) requires that the voting body should receive the written responses at least one week prior to the vote.

³ All courses that meet University Requirements for general education must go through UGEC. Courses or degrees offered only to students seeking teacher certification must go through the Teacher Education Council. All undergraduate changes must go before the UUAC. All graduate degree plan changes must go through the Graduate Council.

⁴ A minimum of 30 hours is required for a major. A maximum is specified for each degree (e.g., BA, BS). The university minimum for elective hours is 6, unless the requirements of external accrediting bodies make it impossible.

⁵ Program or course changes that apply to any major that includes Teacher Certification will be reviewed by the college, the Teacher Education Council (TEC), and then the UUAC.

⁶ Courses that satisfy ACU’s University Requirements (General Education) will normally have lower-level numbering, be free of prerequisites and co-requisites, appeal to more than one or two majors, and “not narrowly focus on those skills, techniques, and procedures specific to a particular occupation or profession” (SACS 2.7.3). Departments may request exceptions to the first three criteria.

⁷ The UUAC approved the clarification that “general requirements for graduation” means the enumerated items in the “General Requirements for Bachelor’s Degrees” section of the catalog.

Revised 3-8-17

Curriculum/Catalog Changes Signature Page

Department/School Chair(s)	
 Signature	<u>10/31/18</u> Approval date
_____ Signature	_____ Approval date

College Academic Council(s)	
 Signature	<u>11-12-18</u> Approval date
_____ Signature	_____ Approval date

Dean(s)	
 Signature	<u>11-12-18</u> Approval date
_____ Signature	_____ Approval date

Teacher Education Council	
_____ Chair's signature	_____ Approval date

General Education Council	
_____ Chair's signature	_____ Approval date

Undergraduate Academic Council	
_____ Chair's signature	_____ Approval date

Graduate Council	
_____ Chair's signature	_____ Approval date

Provost	
_____ Signature	_____ Approval date

Faculty	
_____ Chair of faculty senate	_____ Approval date

President	
_____ Signature	_____ Approval date

Kinesiology, Health Promotion, BS (KINE-KNHP)

BS: Kinesiology Degree Plan (KINE)

Major Requirements

Kinesiology

- [KINE 100 - Lifetime Wellness](#) Credit Hours: 1 *
- [KINE 206 - Strength Training](#) Credit Hours: 1 *
- [KINE 232 - Structural Kinesiology](#) Credit Hours: 3
- [PSYC 120 - Introduction to Psychology](#) Credit Hours: 3 *

*Hours may also fulfill university requirements and are not included in total major hours

Total: 3 Credit Hours

Health Promotion (KNHP)

- [BIOL 291 - Anatomy and Physiology I](#) Credit Hours: 3 *
- [BIOL 293 - Anatomy and Physiology I Laboratory](#) Credit Hours: 1
- [BIOL 292 - Anatomy and Physiology II](#) Credit Hours: 3
- [BIOL 294 - Anatomy and Physiology II Laboratory](#) Credit Hours: 1
- [CHEM 113 - Introductory Chemistry](#) Credit Hours: 3 *
- [CHEM 111 - Introductory Chemistry Laboratory](#) Credit Hours: 1
- [CHEM 112 - Introductory Organic and Biological Chemistry Laboratory](#) Credit Hours: 1
- [CHEM 114 - Introductory Organic and Biological Chemistry](#) Credit Hours: 3
- [HED 112 - Personal Health and Human Disease](#) Credit Hours: 3
- [KINE 241 - First Aid/CPR](#) Credit Hours: 1

- [KINE 321 - Sport Practicum](#) Credit Hours: 1
- *or*
- [KINE 322 - Fitness Practicum](#) Credit Hours: 1
-
- [KINE 360 - Leadership and Management for Health Promotion](#) Credit Hours: 3
(writing-intensive course)
- [KINE 372 - Exercise Physiology](#) Credit Hours: 3
- [KINE 373 - Exercise Physiology Lab](#) Credit Hours: 1
- [KINE 420 - Exercise Science Internship](#) Credit Hours: 3-6 (capstone experience)
- [KINE 421 - Wellness Practicum](#) Credit Hours: 1
- [KINE 450 - Personal Training](#) Credit Hours: 3
- [KINE 460 - Program Planning for Health Promotion](#) Credit Hours: 3
- [KINE 473 - Cardiovascular Physiology](#) Credit Hours: 3
- ~~[KINE 475 - Physical Activity, Disease, and Aging](#) Credit Hours: 3~~
- ~~[KINE 342 - Exercise Testing, Evaluation, and Prescription](#) Credit Hours: 3~~
- [KINE 480 - Training Program Design](#) Credit Hours: 3
- [KINE 485 - Clinical Exercise Physiology](#) Credit Hours: 3
- [KINE 498 - Biomechanics](#) Credit Hours: 3
- [MGMT 330 - Management and Organizational Behavior](#) Credit Hours: 3
- [NUTR 221 - Introductory Nutrition](#) Credit Hours: 3
- [NUTR 224 - Nutrition for Exercise and Sport](#) Credit Hours: 3
-
- *Hours may also fulfill university requirements and are not included in total major hours

Choose 1 course from:

- [PEAC 211 - Cross-Training](#) Credit Hours: 1
- [PEAC 214 - Aerobics](#) Credit Hours: 1
- [PEAC 215 - Jogging for Fitness](#) Credit Hours: 1
- [PEAC 216 - Walking for Fitness](#) Credit Hours: 1
- [PEAC 227 - Marathon Training](#) Credit Hours: 1
- [PEAC 228 - Swimming for Fitness](#) Credit Hours: 1
- [PEAC 229 - Lifeguard Training](#) Credit Hours: 1

Total: 57 Credit Hours

Electives

Minimum - 12 Credit Hours

Total Major Hours: 72

Kinesiology, Pre-Physical Therapy, BS (KINE-KNPT)

BS: Kinesiology Degree Plan (KINE)

Major Requirements

Kinesiology

- [KINE 100 - Lifetime Wellness](#) Credit Hours: 1 *
- [KINE 206 - Strength Training](#) Credit Hours: 1 *
- [KINE 232 - Structural Kinesiology](#) Credit Hours: 3
- [PSYC 120 - Introduction to Psychology](#) Credit Hours: 3 *

*Hours may also fulfill university requirements and are not included in total major hours

Total: 3 Credit Hours

Pre-Physical Therapy (KNPT)

- [BIOL 112 - General Biology I](#) Credit Hours: 3 *
- [BIOL 114 - General Biology I Laboratory](#) Credit Hours: 1
- [BIOL 113 - General Biology II](#) Credit Hours: 3
- [BIOL 115 - General Biology II Laboratory](#) Credit Hours: 1
- [BIOL 491 - Human Anatomy](#) Credit Hours: 3
- [BIOL 493 - Human Anatomy Laboratory](#) Credit Hours: 1
- [BIOL 492 - Physiology](#) Credit Hours: 3
- [BIOL 495 - Physiology Laboratory](#) Credit Hours: 1
- [CHEM 133 - General Chemistry I](#) Credit Hours: 3 *
- [CHEM 131 - General Chemistry Laboratory I](#) Credit Hours: 1
- [CHEM 132 - General Chemistry Laboratory II](#) Credit Hours: 1
- [CHEM 134 - General Chemistry II](#) Credit Hours: 3
- [ENGL 326 - Business and Professional Writing](#) Credit Hours: 3

- *or*
- [ENGL 327 - Scientific and Technical Writing](#) Credit Hours: 3
-
- [KINE 302 - Medical Terminology](#) Credit Hours: 2
- [KINE 311 - Motor Behavior](#) Credit Hours: 3 (writing-intensive course)
- [KINE 342 – Exercise Testing, Evaluation, and Prescription](#) Credit Hours: 3
- [KINE 372 - Exercise Physiology](#) Credit Hours: 3
- [KINE 373 - Exercise Physiology Lab](#) Credit Hours: 1
- [KINE 399 - Research Methods in Kinesiology and Nutrition](#) Credit Hours: 3
- [KINE 420 - Exercise Science Internship](#) Credit Hours: 3-6 (capstone experience)
- [KINE 473 - Cardiovascular Physiology](#) Credit Hours: 3
- [KINE 485 - Clinical Exercise Physiology](#) Credit Hours: 3
- [KINE 498 - Biomechanics](#) Credit Hours: 3
-
- [MATH 124 - Precalculus II](#) Credit Hours: 3 *
- *or*
- [MATH 185 - Calculus I](#) Credit Hours: 3 *
-
- [PHYS 110 - General Physics I](#) Credit Hours: 3
- [PHYS 111 - General Physics I Laboratory](#) Credit Hours: 1
- [PHYS 112 - General Physics II](#) Credit Hours: 3
- [PHYS 113 - General Physics II Laboratory](#) Credit Hours: 1
- [PSYC 232 - Developmental Psychology](#) Credit Hours: 3
- [PSYC 311 - Elementary Statistics](#) Credit Hours: 3
- [SOCI 111 - Introduction to Sociology](#) Credit Hours: 3 *

*Hours may also fulfill university requirements and are not included in total major hours

Choose 1 course from:

- [PEAC 211 - Cross-Training](#) Credit Hours: 1
- [PEAC 214 - Aerobics](#) Credit Hours: 1
- [PEAC 215 - Jogging for Fitness](#) Credit Hours: 1
- [PEAC 216 - Walking for Fitness](#) Credit Hours: 1
- [PEAC 227 - Marathon Training](#) Credit Hours: 1
- [PEAC 228 - Swimming for Fitness](#) Credit Hours: 1
- [PEAC 229 - Lifeguard Training](#) Credit Hours: 1

Total: 60 Credit Hours

Electives

Minimum - ~~9~~6 Credit Hours

Total Major Hours: 72

Kinesiology, Pre-Occupational Therapy, BS (KINE-KNOT)

BS: Kinesiology Degree Plan (KINE)

Major Requirements

Kinesiology

- [KINE 100 - Lifetime Wellness](#) Credit Hours: 1 *
- [KINE 206 - Strength Training](#) Credit Hours: 1 *
- [KINE 232 - Structural Kinesiology](#) Credit Hours: 3
- [PSYC 120 - Introduction to Psychology](#) Credit Hours: 3 *

*Hours may also fulfill university requirements and are not included in total major hours

Total: 3 Credit Hours

Pre-Occupational Therapy (KNOT)

- [BIOL 112 - General Biology I](#) Credit Hours: 3 *
- [BIOL 114 - General Biology I Laboratory](#) Credit Hours: 1
- [BIOL 291 - Anatomy and Physiology I](#) Credit Hours: 3
- [BIOL 293 - Anatomy and Physiology I Laboratory](#) Credit Hours: 1
- [BIOL 292 - Anatomy and Physiology II](#) Credit Hours: 3
- [BIOL 294 - Anatomy and Physiology II Laboratory](#) Credit Hours: 1
- [KINE 302 - Medical Terminology](#) Credit Hours: 2
- [KINE 311 - Motor Behavior](#) Credit Hours: 3 (writing-intensive course)
- [KINE 342 - Exercise Testing, Evaluation, and Prescription](#) Credit Hours: 3
- [KINE 372 - Exercise Physiology](#) Credit Hours: 3
- [KINE 373 - Exercise Physiology Lab](#) Credit Hours: 1
- [KINE 399 - Research Methods in Kinesiology and Nutrition](#) Credit Hours: 3
- [KINE 420 - Exercise Science Internship](#) Credit Hours: 3-6 (capstone experience)
- [KINE 421 - Wellness Practicum](#) Credit Hours: 1
- ~~[KINE 450 - Personal Training](#) Credit Hours: 3~~

- [KINE 473 - Cardiovascular Physiology](#) Credit Hours: 3
- [KINE 485 - Clinical Exercise Physiology](#) Credit Hours: 3
- [KINE 498 - Biomechanics](#) Credit Hours: 3
-
- [MATH 124 - Precalculus II](#) Credit Hours: 3 *
- or
- [MATH 185 - Calculus I](#) Credit Hours: 3 *
-
- [PHYS 110 - General Physics I](#) Credit Hours: 3 *
- [PHYS 111 - General Physics I Laboratory](#) Credit Hours: 1
- [PSYC 232 - Developmental Psychology](#) Credit Hours: 3
- [PSYC 311 - Elementary Statistics](#) Credit Hours: 3
- [PSYC 382 - Abnormal Psychology](#) Credit Hours: 3
- [SOCI 111 - Introduction to Sociology](#) Credit Hours: 3 *

*Hours may also fulfill university requirements and are not included in total major hours

Choose 1 course from:

- [PEAC 211 - Cross-Training](#) Credit Hours: 1
- [PEAC 214 - Aerobics](#) Credit Hours: 1
- [PEAC 215 - Jogging for Fitness](#) Credit Hours: 1
- [PEAC 216 - Walking for Fitness](#) Credit Hours: 1
- [PEAC 227 - Marathon Training](#) Credit Hours: 1
- [PEAC 228 - Swimming for Fitness](#) Credit Hours: 1
- [PEAC 229 - Lifeguard Training](#) Credit Hours: 1

Total: 48 Credit Hours

Electives

Minimum - 21 Credit Hours

Total Major Hours: 72