

Undergraduate Program Review
Department of Kinesiology & Nutrition
2019-20

University Mission and Priorities

The mission of the Department of Kinesiology & Nutrition is: “to prepare students to serve and lead through the development of healthful lifestyles. Students who major in Kinesiology or Nutrition are planning to lead others to healthful lifestyles in community, corporate, commercial or clinical settings. They will be change agents among those they serve as they model a wellness lifestyle and provide a role model for Christian values to participants and colleagues.” This mission fits with the university mission of “educating students for Christian service and leadership throughout the world” because of the plan to **lead** others to healthful lifestyles, being change agents among those they **serve**, and to model **Christian** values.

The Department of Kinesiology & Nutrition (KINU) has the following tracks which are not accredited: Pre-Physical Therapy (pre-PT), Pre-Occupational Therapy (pre-OT), pre-Athletic Training (pre-AT – 3+2), Sport and Recreational Management (KSRM), Health Promotion (HP), Kinesiology Generalist (KGEN), Nutrition and Community (NUCO), Nutrition and Exercise Science (NUEX), and Nutrition and Food Service (NUFS). KINU professors hold students to a high standard so that students will learn to become experts and be able to **lead** others in their fields. Graduates are natural **leaders** in their professions because they are experts and respected for their knowledge. The following are some experiences in courses that help students learn to **lead**:

- KINE 100 Lifetime Wellness – students practice giving health assessments
- KINE 241 First Aid/CPR – students learn to take control of a scene in an emergency situation
- KINE 321 Sport Practicum and KINE 322 Fitness Practicum – students function as Teacher Assistants and lead classes
- KINE 333 Youth Activity Programs – students teach motor skills and youth sports activities
- KINE 473 Cardiovascular Physiology – students teach heart health and healthy eating to the public
- KINE 491 Principles of Coaching – students role play as a coach speaking to parents and students
- NUTR 421 Nutrition Assessment and Education – students teach others about medical nutrition therapy for particular disease states
- NUTR 427 Food System Organization and Administration – students spend time with food service managers and other leaders and report on the types of leaders they were and the leadership characteristics they displayed
- PEAC 222 Physical Activity for Elementary – students teach a lesson to elementary students
- PEAC 335 Beginning Officiating – students become certified officiators and officiate games as a part of the class

- PEAC 350 Backpacking and 351 Canoe Camping – students are group leaders that plan menus and procure supplies for the canoe/camping and backpacking trips

Professions the graduates of these majors are prepared for and enter are **service** oriented. Graduates of KINU majors enter graduate schools to become Physical Therapists, Occupational Therapists, Athletic Trainers, Exercise Physiologists, and Chiropractors or enter jobs such as Managers and Marketers of sport organizations, Personal Trainers, Community Nutrition Educators, and Food Service Managers all of which **serve** particular groups of people (patients, clients, and customers). A few experiences in courses that help students learn to **serve** are in the list below:

- KINE 241 First Aid/CPR – students learn how to help others in emergency situations
- KINE 420 Exercise Science Internship – students complete a project that serves the facility they are in for their internship
- KINE 485 Clinical Exercise Physiology – students complete health assessments and write exercise prescriptions for clients
- KINE 490 Special Populations – students have fieldwork hours working with students with special needs
- NUTR 328 Community Nutrition – students work in groups to teach Nutrition principles to a community group

Professors in the department try to be **Christian** examples in all activities. Helping students learn how to incorporate **Christian** principles and values and faith in their chosen professions is a ministry the professors take very seriously. In addition to the university capstone requirements of faith reflection, faith is easily and purposely integrated in departmental courses. Instruction in Kinesiology & Nutrition not only includes facts of how the body works, but how it is divinely made is a matter of course. Some KINU professors pray in class and some provide examples of **Christian** behavior as sponsors of student organizations. Professors are present and participate in departmental chapels. Students are prepared to model **Christian** values by modeling their KINU professors.

Our Programs and University's Strategic Plan

The department has the following goals and action steps associated with the university's strategic plan components:

Innovation and Relevance

The department will develop and promote experiential programs in professional placements that are scalable, interdependent, and interdisciplinary.

Goal 1: Students participate in relevant academic, personal, and professional experiences, including those that foster knowledge, skills, and attitudes needed for entering their professional field.

Action Steps:

1. Funding sources to incorporate study abroad, medical missions abroad, and remote location experiences for KINU students will be investigated.

2. Contacts for study abroad and medical mission abroad locations will be fostered. Contacts have been made for Sport and Recreation Management in Leipzig. Estimated date of students going to Leipzig is summer of 2021, depending on the #1 action step.
3. KINE students will participate in real-world experiences in the KINE 420 Exercise Science Internship.
4. Pre-Athletic Training students will participate in field experiences with certified athletic trainers.
5. NUTR students will participate in real-world experiences in NUTR 429 Medical Nutrition Therapy III, which incorporates case studies and is a practicum simulating clinical dietetics in a hospital.

Spiritual Formation

The department will develop and promote spiritual formation within the professional and vocational context.

Goal 2: Students will participate in coursework, study abroad, and in KINE and NUTR clubs that engage them as part of a community, building upon the shared Christian values of service, integrity, compassion, and respect.

Action Steps:

1. Students will be involved in and lead various spiritual formation activities, including but not limited to leading devotionals and seeking out worship venues during study abroad experiences.
2. Students will complete reflection of integration of faith and Christian behavior in vocation papers in the capstone requirement (KINE 420 Exercise Science Internship and NUTR 401 Nutrition Seminar).
3. The Kinesiology Club, Student Academy of Nutrition and Dietetics, and Athletic Training Student Organization will provide spiritual formation events through chapels and fellowship.
4. The Kinesiology Club, Student Academy of Nutrition and Dietetics, and Athletic Training Student Organization will provide service opportunities for students.
5. Students in KINE 485 Clinical Exercise Physiology will communicate with individuals they are performing health screenings and assessments on and motivate them with quotes, scripture, and uplifting words.

Relational University

The department will develop and promote services that integrate student professional learning and professional development among community partners of practice.

Goal 3: Students will participate in professional development in the professional conference setting, experiences in and providing services to the community, and/or in research affecting community groups.

Action Steps:

1. Students will participate in providing guided professional services to people in the community. The Human Performance Lab will be used intentionally in guiding students to provide services such as nutrition counseling and exercise prescription and testing.
2. Students will take advantage of opportunities to participate in professional development in a professional conference setting.
3. Students will be involved in research and present at the Undergraduate Research Festival or at a conference.

4. Students in KINE 485 Clinical Exercise Physiology will perform health screenings and assessments on individuals in the community and write exercise prescriptions for them.
5. Students in PEAC 222 Physical Activity for Elementary will teach homeschooled children lessons.
6. Students in NUTR 328 Community Nutrition will complete market research and educate community groups according to their needs and wants.
8. The Kinesiology Club will host Wildcat Ironman competitions for the community on a yearly basis.

Enrollment and Completions

Number Enrolled					
Major	2019	2018	2017	2016	2015
BS KINE	268	267	253	235	213
BS NUTR without DPD	35	33	35	35	41
Total KINU without DPD	303	300	288	270	254

Our departmental enrollment has increased over the last five years, particularly in KINE concentrations from 213 to 268 students. The KSRM concentration has increased from 41 to 59 and KGEN 21 to 38. The KGEN concentration is one in which students may transfer to when they are unable to maintain the required GPAs to stay in the KNPT or KNOT concentrations. Other KINE concentrations have increased to smaller degrees. The BS in NUTR has decreased slightly during the same five-year time period. The hope is that the new Laboratory for Experiential Activities in Nutrition (LEAN) in the entrance of the Student Recreation and Wellness Center will bring attention and increase numbers in the NUTR degree.

Number of Completions					
Major	2019	2018	2017	2016	2015
BS KINE	48	49	42	28	10
BS NUTR without DPD	3	4	3	3	2
Total KINU without DPD	51	53	45	31	12

Like enrollment, there is a significant difference in graduation numbers between 2015 and 2019 for the KINE degrees, and it is hard to imagine there has been such a huge change. The numbers for the B.S. in NUTR without the DPD are deceptive, because many students who enter the NUTR degree want to apply to the DPD concentration but cannot do that until they have 60 hours. Therefore, the numbers of students in the NUEX, NUCO, and NUFS decrease, and the

numbers in the DPD increase in any one year. Graduation numbers for all NUTR concentrations except the DPD will be very low.

Promoting student interest during prospective student visits

KINU professors attend prospective student meetings so that students interested in particular degree tracks can speak with those who will be teaching the courses they will take as part of their degree plans. The following subjects are reviewed in the meetings:

- requirements for each major and requirements for professional schools
- what is available in the Human Performance Lab, what will be learned there in KINU courses, and possible employment in the lab. KINU students are directly involved in learning how to perform EKGs, body composition measurements, and serum measurements that only graduate students learn at larger universities
- student organizations which include the Kinesiology Club and the Student Academy of Nutrition and Dietetics, where students can connect with each other and be involved in service projects, professional conferences, and hear speakers in regular meetings relevant to their professions
- study abroad and mission opportunities that are available through the department or in collaboration with others on campus
- research opportunities
- that each full-time faculty member within the department and on campus is a Christian committed to helping students develop their faith
- touring our facilities
- one-on-one answering questions
- camaraderie with B.S. and M.S. students

Providing programs that compare with other universities

The following is a listing of other universities and the programs they have that are similar to KINU programs at ACU:

Abilene Christian University Program	Similar Program at Other Universities
Health Promotion	University of Houston, University of North Texas, University of Texas
Kinesiology Generalist	Baylor, Texas A&M, Texas Tech
Pre-Athletic Training	Sam Houston State, University of Texas, University of Texas – San Antonio
Pre-Occupational Therapy	Baylor, Texas Woman's University, University of Houston
Pre-Physical Therapy	Texas A&M – Kingsville, Texas Tech, Texas Woman's University
Sport and Recreation Management	Texas A&M – Commerce, Texas Woman's University, University of Texas
Nutrition and Community	Baylor, Texas A&M, Texas Tech

Nutrition and Exercise Science	No B. S. found. Texas Christian University (M.S. degree), Texas A&M (M.S. degree), Texas Woman's University (M.S. degree)
Nutrition and Food Service	Baylor, Texas A&M, Texas Tech (Restaurant Hotel Mgmt)

Retention of students within programs once they declare a KINU major

Students are connected with their faculty mentor – usually during New Student Orientation. Faculty mentoring continues throughout the students' college career at ACU. All KINU students are invited to the annual ice cream supper, where they can meet and mingle with more seasoned students and professors. Students are encouraged to get involved in the Kinesiology Club or the Student Academy of Nutrition and Dietetics, where camaraderie can be established with other students. Through these student clubs, students are encouraged to be involved in service projects. Some of the speakers in the student clubs help students understand expectations of graduate schools and professional schools that they hope to attend. Our new pre-Health Professions course will also help with this. Mentors give assistance with student questions about their schedules and with maintaining the right paths for success. Overall, KINU professors take a personal interest in the students and have an "open door" policy when students want to discuss issues of many types with them.

Support progress of current students toward degree completion

In addition to the activities of the departmental adviser, each student is assigned to a faculty mentor. Student GPAs are tracked, and faculty mentors contact those who are not meeting the GPA of their tracks. Mentors give advice to students concerning how to raise their GPAs, courses to take, and study habits. They also talk about service and research opportunities, work opportunities, observation hours, and other things that may help bolster their resumes for application for jobs or graduate schools. A new course has been developed this year which assists pre-physical therapy and pre-occupational therapy students in applying to professional schools. Faculty encourage students to go to conferences.

Trends that may affect enrollment in KINU concentrations

At the undergraduate level, KINU has 10 concentrations. Nine of those concentrations are considered in this report. Some of those concentrations are very different from the others concerning pathways after graduation, so it is difficult to lump all the KINE together and all of the NUTR together.

Profession	Education Trends	Acceptance Rates in Professional Schools	Employment Trends	Enrollment Changes Anticipated
Athletic Training	B.S. programs still exist M.S. programs available https://www.bls.gov/ooh/healthcare/athletic-trainers.htm#tab-4 and will be required in the future https://caate.net/public/; ACU has changed from UG program to a Graduate program	49.2% in 2018 to M.S. programs	Job outlook expected to increase 19% from 2018-2028 https://www.bls.gov/ooh/healthcare/athletic-trainers.htm	ACU UG number in 2016 (1st year) was 22; 3+2 number in 2020 is 34; expect enrollment to increase
Health Promotion	B.S. degree (optional) and certification for fitness trainers/Instructors https://www.bls.gov/ooh/personal-care-and-service/fitness-trainers-and-instructors.htm	No data	Job outlook expected to increase 13% from 2018-2028 https://www.bls.gov/ooh/personal-care-and-service/fitness-trainers-and-instructors.htm	Students selecting this concentration has decreased steadily over the last 5 years, but having the concentration does not require any additional faculty or staff
Kinesiology Generalist	At least a B.S. degree to become an Exercise Physiologist https://www.bls.gov/ooh/healthcare/exercise-physiologists.htm	No data	Job outlook expected to increase 10% from 2018-2028 https://www.bls.gov/ooh/healthcare/exercise-physiologists.htm	This concentration has increased significantly in numbers over the last several years, in part because pre-PT students may change to KGEN when not meeting the GPA requirement to

				stay in Pre-PT. This trend is expected to continue
Occupational Therapy	Masters degree required Some doctoral programs available https://www.bls.gov/ooh/healthcare/occupational-therapists.htm#tab-4 Possibility doctorate required in the future	17.2% in 2017 (latest data) and 15.7% in 2015 at the M.S. level; 18.2% in 2017 and 14.6% in 2015 at the doctoral level https://www.aota.org/~media/Corporate/Files/EducationCareers/Educators/2017-2018-Annual-Data-Report.pdf	Job outlook expected to increase 18% from 2018-2028 https://www.bls.gov/ooh/healthcare/occupational-therapists.htm	Enrollment in Pre-OT has increased slightly from 2015-2019 and enrollment is expected to stabilize or increase slightly
Physical Therapy	All states require the DPT from an accredited program https://www.bls.gov/ooh/healthcare/physical-therapists.htm	10.2% in 2019 9.6% in 2015 http://www.captionline.org/AggregateProgramData/	Job outlook expected to increase 22% from 2018-2028 https://www.bls.gov/ooh/healthcare/physical-therapists.htm	Despite low acceptance rates, expect students to continue to prefer the Pre-PT major
Sport and Recreation Management	B.S. degree	No data	Employment has increased and decreased between 99,000 and 160,000 in recent years https://www.bls.gov/opub/ted/2014/ted_20140131.htm	41 students were in KSRM in 2015 but has been 50 or over the last 4 years. This enrollment is expected to continue

Nutrition: Community Nutrition - Wellness	At least B.S. degree	No data	Job outlook expected to increase 11% from 2018-2028 but should be lower without the RD credential https://www.bls.gov/oo h/healthcare/dietitians-and-nutritionists.htm#tab-1	This is a concentration students select when not wanting to become Registered Dietitians. Enrollment is usually low. This is expected to continue, but having the concentration does not require any additional faculty or staff
Nutrition: Exercise Science	At least B.S. degree	No data	Job outlook expected to increase 11% from 2018-2028 but should be lower without the RD credential https://www.bls.gov/oo h/healthcare/dietitians-and-nutritionists.htm#tab-1	This is a concentration students select when not wanting to become Registered Dietitians or initially because they want to be involved in nutrition specifically with exercise. Enrollment is usually secondarily to the dietetics concentration. This is expected to continue. Having the concentration does not require any additional faculty or staff
Nutrition: Food Service Management	B.S. degree desired	No data	Job outlook expected to increase 11% from 2018-2028 https://www.bls.gov/oo h/management/food-service-managers.htm	Numbers in this concentration is always very low or none, but having the concentration does not require

				any additional faculty or staff
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Curriculum and Assessment

As with trends that affect enrollment, it is difficult to lump all the KINE together and all of the NUTR together because the concentrations are so different. Below are dates of major curriculum revisions for KINE and NUTR majors:

Degree Plan	Major Curriculum Changes	Date
KATP	Add CHEM 113/111 as Chemistry option	3/7/18
	Creation of 3+2	11/17/17
KGEN	Add KINE 480 Training Program Design, Reduce Selection Hours	11/6/19
	Remove KINE 311, Add 399 (Writing-Intensive)	5/1/19
	Remove CHEM 111 Requirement	12/5/18
	Remove HED 112	5/10/17
KNHP KNOT KNPT	Expand PSYC 311 Requirement to Include MATH 123 Option (KNOT and KNPT); Remove KINE 421 from Degree Plan (KNOT)	12/5/18
	Add KINE 342 Testing and Prescription	11/28/18
	Remove HED Requirement	5/10/17
	Acceptance and Continuation GPA Requirements (KNOT and KNPT)	4/20/16
	Revision of Major (Remove CHEM 133/131) (KNOT)	4/6/16
KSRM	Remove GERO 350, 352, and KINE 475; Add ACCT 210	11/6/19
	Add PEAC 335 to Menu	5/1/19
	Remove HED Selection, Add ECON 261	5/10/17
NUCO NUEX NUFS	Add KINE 100, Remove PEAC Menu (NUEX)	12/4/19
	Delete CHEM 111 and CHEM 112 Requirement	12/5/18

The following are the outcomes and measures that identify competencies upon graduation for the KINE and NUTR degrees (without the DPD concentration of the NUTR degree):

1. Students will develop skills necessary to educate learners to become physically active and well

- a. At least 80% of students will demonstrate a working knowledge of implementing age-appropriate developmental activities for youth with a score of at least 80%. – KINE 333 Youth Activity Programs
- b. At least 80% of students will demonstrate the ability to apply class concepts in the completion of an annual training plan for an athlete or a personal training client with a score of at least 80%. – KINE 480 Training Program Design
- c. At least 80% of students will score at least 70% on counseling an athlete – NUTR 224 Nutrition for Exercise and Sport

2. Students will demonstrate understanding of the scientific aspects of exercise and nutrition

- a. At least 80% of students will pass the course with at least a 70% average – KINE 232 Structural Kinesiology
- b. At least 80% of students will name, describe, and explain the basic structures and functions of the cardiovascular and pulmonary systems with a score of at least 80% - KINE 372 Exercise Physiology
- c. At least 80% of students will identify and describe the benefits and risks associated with exercise; describe recommended testing supervision guidelines, contraindications to exercise testing, and contraindications for continuing an ongoing exercise testing; identify risk factor cut points for use in risk stratification classification; discuss health-related fitness testing modes and how to interpret results with a score of at least 80%. – KINE 485 Clinical Exercise Physiology
- d. At least 80% of students will pass the course with at least a score of 80% average – NUTR 221 Introductory Nutrition

3. Students will be able to demonstrate professional skills and utilize a variety of tests and other assessment tools for analysis of health parameters, skill, and motor behavior

- a. At least 80% of students will recognize and administer appropriate care for breathing and cardiac emergencies – KINE 241 First Aid/CPR
- b. At least 80% of students will recognize and administer appropriate care for victims with sudden illness, bleeding or musculoskeletal injuries – KINE 241 First Aid/CPR
- c. At least 80% of students will demonstrate skills related to blood pressure measurement, and EKG assessment with at least a score of 80% - KINE 473 Cardiovascular Physiology
- d. At least 80% of students will correctly apply Submax Bruce protocol to gather group data; highlight notable differences between submaximal and maximal testing; synthesize how the known advantages and disadvantages of submaximal and maximal testing influence interpretation with at least a score of 80% - KINE 485 Clinical Exercise Physiology

4. Students will understand various business aspects of Kinesiology and Nutrition

- a. At least 80% of students will identify issues in risk management in Sport and Recreation management with at least a score of 70% - KINE 301 Risk Management
- b. At least 80% of students will identify the professional standards of conduct within the various areas of sport and recreation with at least a score of 70% - KINE 401 Legal Aspects of Sport and Recreation
- c. At least 80% of students will explain areas of legal concern to sport and recreation managers (for participants with disabilities, elements of Title IX, and Equal Protection) and strategies that can protect them from legal claims such as negligence with at least a score of 80% - KINE 401 Legal Aspects of Sport and Recreation
- d. At least 80% of students will participate in team development of a mock business and health promotion program plan that includes an optional faith-based component with at least a score of 80% - KINE 460 Program Planning for Health Promotion

- e. At least 80% of students explain the process involved in delivering quality food and nutrition services by scoring 80% or higher on their Food Service Laboratory Notebook documentation – NUTR 325 Quantity Food Production and Service
- f. At least 80% of students apply the principles of human resource management to different situations by scoring a 3 or 4 (satisfactory or above) on team presentations – NUTR 427 Food System Organization and Administration

5. Students will develop writing competency by writing documents correctly

- a. At least 80% of students will write a research paper over selected topics in health promotion, sport, Kinesiology, or Nutrition with at least a score of 80% - KINE 360 Leadership and Management for Health Promotion, KINE 399 Research Methods in Kinesiology & Nutrition, and NUTR 421 Nutrition Assessment and Education
- b. At least 80% of students will demonstrate professional writing skills with at least a score of 80% - resume, cover letter – KINE 360 Leadership Management for Health Promotion and NUTR 401 Nutrition Seminar

6. Students will develop skills for understanding, conducting, and evaluating research

- a. At least 80% of students will score at least 80% on the mock IRB, abstract, and manuscript – KINE 399 Research Methods in Kinesiology & Nutrition

7. Students will be able to communicate effectively

- a. At least 80% of students will serve community by using his/her knowledge and implementing a cardiovascular health lecture/class to a group of his/her choosing with at least a score of 80% - KINE 473 Cardiovascular Physiology
- b. At least 80% of students develop an educational session or program/educational strategy for a target population and score 80% or above – NUTR 421 Nutrition Assessment and Education

8. Students who apply will be accepted to graduate programs in Occupational Therapy, Physical Therapy, Dietetic Internships, and other graduate programs in KINE or NUTR

- a. At least 80% of students who apply to graduate programs will be accepted

9. Graduates will obtain work in the field of Kinesiology or Nutrition within 6 months of graduation if not in graduate school

- a. At least 80% of graduates will obtain work in the field of Kinesiology or Nutrition within 6 months of graduation if not in graduate school

Revision of assessment plan addressing each of our majors:

The assessment plan was revised on 3/14/20. Nutrition outcomes for Nutrition students not in the DPD were separated from the outcomes for the DPD. Outcomes for KINE students were revised slightly by adding a couple more class assignments to monitor selected outcomes. Some old or outdated outcomes were removed from the assessment plan in the summer of 2019. Most of the last 5 years, the assessment plan was revised as needed and in an effort to move away from teaching outcomes to more clinical skill outcomes. Large revisions were made during the 5-year period for the accredited programs, which are not considered in this report.

Examples of success in meeting targets of student learning outcomes:

1. KINE 485 Clinical Exercise Physiology – Students are able to conduct client pre-screening and health assessment. Results are:

91.2% in 2015/16

84.8% in 2016/17

93.8% in 2017/18

93% in 2018/19

Annie Bane is the professor, and she spends an enormous amount of time in demonstrating techniques, then having students practice them. This teaching style develops the skills required for pre-screening and assessment.

2. KINE 241 First Aid/CPR – Students recognize and administer appropriate care for victims with sudden illness, bleeding or musculoskeletal injuries. Results are:

100% every year between 2015/16 and 2018/19

Lorraine Wilson and Deonna Shake have been the professors for the course. This course is structured so that instruction and the Red Cross Exam for First Aid/CPR occurs before skill assessment. During skill development, students practice administering care to individuals in various mock situations. Skills are practiced until students administer appropriate care.

Examples of times acceptable targets of student learning outcomes were not reached:

1. KINE 360 Leadership and Management for Health Promotion – Students submit a competent research paper. Results are:

58.8% in 2014/15

96% in 2015/16

86.4% in 2016/17

92.1% in 2017/18

81.8% in 2018/19

Lorraine Wilson was the professor in 2014/15 and had poor results in the class for the first time. Results increased when she emphasized the importance of writing well for employment. She also provided edits to the assignment and allowed students to correct it as a part of the learning process. When this type of instruction continues, results are within standard.

2. Students who applied to graduate schools were accepted. Results are:

75% in 2014/15

100% in 2015/16

76.5% in 2016/17

91.3% in 2017/18

96.4% in 2018/19

GPA requirements for the KNPT and KNOT concentrations are being enforced earlier in the progression of the degree. When students do not maintain a minimal GPA for these concentrations, they are not allowed to continue in them and do not apply to graduate schools. However, they can develop a plan B and still graduate. A new course (taught by Libby McCurley) has been developed for KNOT and KNPT majors to help them be successful with applications to professional schools.

Faculty

2015-2019				
Name	Rank/ Status	Teaching	Scholarship	University Service
Adams, Rachel	Adjunct instructor	3 courses 9 hours 45 students	N/A	N/A
Bagley, Jo	Adjunct instructor	15 courses 44 hours 307 students	N/A	N/A
Bane, Annie	Assistant Professor, Human Performance Lab Director	64 courses 144 hours 1,092 students	Finishing PhD in Exercise Physiology & Nutrition from Baylor University "Effects of Resistance Training with Instability and Cadence Walking on Multiple Measures of Functional Movement and Strength of Persons in Mild to Moderate Stages of Parkinson's Disease" (Planning). This study began development in Spring 2017. It will go before ACU's IRB in Nov/Dec 2017. The study will include three exercise groups (random assignment) for persons with mild to moderate Parkinson's Disease with a primary intent of improving quality of life through improvements in strength and cardiorespiratory fitness. Resistance training with instability, cadence walking, and a combination carry previous research efforts forward since this study includes the cross training group and use of DXA in pre- and post-assessments. The goal is to conduct the actual study during Spring 2018.	Unavailable at present
Bell, Joe	Associate Professor, Human Performance Lab Director	49 courses 113 hours 998 students	"Concussion Recovery Assessment and Balance Testing" (On-Going). The initial purpose of this study is to collect data from healthy athletes' performance on a balance test. A subsequent purpose of this study will be to use the data longitudinally, where appropriate, in the case of contributing to the assessment	Hillcrest Church of Christ Former Elder; Worked as a Life Group Sponsor for University members.

			of a concussed athlete's recovery and potential approval for return to activity participation. "Exploration of the Efficacy of Physical Education Classes to Produce Intended Change: Are We Doing What We Want?" (On-Going). Pre-post testing on certain physiological/psychological parameters in all PEAC classes. "Lateral Preference and Time/Pain Augmentation during Intense Exercise" (On-Going). Do people who perceptually augment time and pain perceive the duration of intense exercise differently? Is this a lateralized phenomenon?	
Brady, Bethany	Assistant College Professor	9 courses 27 hours 92 students	N/A	N/A
Bulls, Clay	Adjunct instructor	6 courses 6 hours 230 students	N/A	N/A
Garner, Christopher	Adjunct instructor	4 courses 6 hours 99 students	N/A	N/A
Garver, Matthew	Assistant professor	15 courses 42 hours 183 students	Garver, M. J., Taylor, S. J., Flowers, T. G., Harbach, C. M., Smith, L. M., Johnston, H. X., "Running Economy, Anaerobic Metabolism, and Maximal Aerobic Capacity in Recreationally-Trained Endurance Athletes Using Simulated Altitude Devices," Sponsored by Pursuit, Abilene Christian University, \$8,000.00. (July 1, 2014 – May, 2016). Garver, M. J., McCurley, L. E., Priest, N. E., White, A. M., Geeslin, J. B., Sponsored by Aging Studies, Abilene Christian University, \$8,000.00. (July 1, 2012 - Present).	Kinesiology and Nutrition Assistant Department Chair. (August 2014 – May 2016). Committee Member, Planning Subcommittee for ACU Research Festival. (January 2013 – May 2016). Committee Member, Undergraduate Research Festival. (January 2013 – May 2016). Committee Member, ACU Research Council. (August 2012 – May 2016). Committee Member, Kinesiology and Nutrition Research Committee. (September 2011 – May 2016). Committee Member, Kinesiology and Nutrition Website Committee. (September 2011 – May 2016).

			"Exploration of the Efficacy of Physical Education Classes to Produce Intended Change: Are We Doing What We Want?" (On-Going). Pre-post testing on certain physiological/ psychological parameters in all PEAC classes.	
Harriman, Randy	Adjunct instructor	2 courses 6 hours 15 students	N/A	N/A
Hart, Kerri	Adjunct instructor	14 courses 28 hours 278 students	N/A	N/A
Hill, Dickie	Professor	27 courses 70 hours 507 students	"Sports and Spirituality Devotions" (On-Going). I am working on a series of devotional books using terms from various sports and relating them to spiritual considerations. I have completed 4 in the series and started the fifth.	Committee Chair, Departmental Scholarships. (September 2015 - March 2016). Covered classes for other faculty members. (September 2015 - March 2016).
Jones, Sheila	Associate Professor, Department Chair	76 courses 177 hours 851 Students Now teaches mostly graduate courses	Reviewed Dr. Eric Wickel's documents (University of Tulsa) and made recommendation for promotion to full professor, August, 2019. Cullen Grant for research in Haiti, Nutritional Status of Children and Implementation of Sustainable Nutrition Supplement, May, 2017. Hydration and Cognition in Institutionalized Elderly, study piloted, Spring, 2017. Jones, S. (2017). <i>Review</i>. Chicago, IL: Academy of Nutrition and Dietetics Journal. (Accepted). Presented "Why Diets Don't Work" for the Abilene Regional Medical Center's Healthy Woman Experience, Abilene, Texas, September 3, 2015. Research being developed for academic integrity study.	Member, Faculty Senate Committee Member on Benefits and Compensation Committee Committee Chair for Faculty Load and Representation Committee Committee Chair for Thesis Compensation Committee Committee Member for the Faculty Handbook Revision Committee Committee Member, Graduate Council. (January 1, 2017 - Present). Transformational Teaching Committee, fall of 2017 – spring of 2018. Inter-professional Education Task Force and Committee, fall of 2017 – present. Allied Health/Health Sciences Market Analysis Proposal Committee, fall of 2018 – spring of 2019. Dean's Search Committee, fall of 2017 – spring of 2018 Team Member as Associate Chair and as Chair, Leadership Team. (April 2012 - Present).

				Committee Member, Departmental Web Site Committee. (August 2011 - Present). Committee Member, Departmental Scholarship Committee. (2003 - Present). Committee Member, University Undergraduate Academic Council. (August 2014 - May 2017). Committee Member, Faculty Development Committee. (2013 - 2016). Interviewed by the Optimist included in the article, "Nutrition Students Host Chili Cook-off Fundraiser," November 18, 2016. McNair Scholar Mentor, "Acceptance of a Nutritional Supplement in Haitian Children." (May 2017 - July 2017). Advised: Jessica McNeill Undergraduate Research Mentor, "Gathering initial anthropometric data." (May 2017). Advised: Sawyer Cobb, Cara Souther, Jill Ebarb McNair Scholar Mentor, "Client Perception of the Efficacy of Herbalife Supplements." (May 2016 - July 2016). Advised: Monica Leos
Long, Melissa	Assistant Professor	25 courses 50 hours 230 students Teaches mostly graduate courses	Gano-Overway, L. A., VanMullem, P. M., Long, M. D. (2020). Revising the National Standards for Sport Coaches Within the USA. <i>Internation Sport Coaching Journal</i>, 7. Long, M. D., Bhojani, R. (2016). Pyoderma Gangrenosum in a Collegiate Coach. <i>Journal of Athletic Training</i>, 51(6). http://natajournals.org/doi/pdf/10.4085/1062-6050-51.6.s1 Long, M. D., Southwest Athletic Trainers' Association	Moderator, SWATA Conference. (June 2017 - Present). Volunteer, SWATA Registration Committee. (July 2016 - Present). Member, NATA Foundation. (June 2015 - Present). Committee Member, SWATA Competency Committee. (February 2018 - February 2021). Task Force Member, SHAPE America National Standards for Sport Coaches. (January 2017 - December 2019).

			Annual Symposium, "Research: Where to begin for the athletic training student," Arlington, TX. (July 25, 2019). Long, M. D., Panzer, M., Mullins, R., Christian Scholars Conference, "Interprofessional Education with Unexpected Professions: Using Simulated Learning for Patient Evaluation Skills.," Lubbock, TX. (June 8, 2019). Long, M. D., Sports Medicine 2019- Connecting Medicine and Science, "Documentation-Do's & Don'ts," Trinity University, San Antonio, TX. (January 11, 2019). Long, M. D., SWATA Annual Conference, "Vocal Cord Dysfunction," Southwest Athletic Trainers' Association, Arlington, TX. (July 2016). Long, M. D., NATA Annual Symposium, "Pyoderma Gangrenosum," National Athletic Trainers' Association, Baltimore, MD. (June 2016). Long, M. D., Sports Medicine Update, "Coordinated School Health and the Athletic Trainer," Memorial Hermann Hospital System, Houston, TX. (June 2016). Long, M. D., Backman, R. A. (Author & Presenter), Southwest Athletic Trainers' Association Annual Symposium, "Left Atrioventricular Nodal Reentrant Tachycardia in a Collegiate Football Player," Arlington, TX. (July 2019). Long, M. D., Rivers, J. (Author & Presenter), Southwest Athletic Trainers' Association Annual Symposium, "Perceived	Committee Member, SWATA-Research and Free Communication Committee. (August 2016 - August 2019). Committee Member, Graduate Council. (January 2018 - January 2021). Committee Member, Search Committee for Research Librarian. (June 2018). Committee Member, Search Committee for Head Athletic Trainer. (March 2018 - June 2018). Hillcrest Church of Christ University Ministry Member, Big Country 4H, Abilene, Texas. (September 2019 - Present). Volunteer, AISD Homeless Education, Abilene, Texas. (2019 - Present). Volunteer, Hudson Wade 5K, Abilene, Texas. (2019 - Present). Volunteer, DRI Pumpkin Patch, Abilene, Texas. (2018 - Present). Member, Hillcrest Church of Christ, Care Group. (November 2016 - Present). Sponsor/Host, Hillcrest University Ministry. (November 2016 - Present). Volunteer, Fellowship of Christian Athletes- All Star Games, Abilene, Texas. (June 1, 2019 - June 8, 2019). Volunteer, Texas Girls Coaches Association, Austin, TX. (June 2017 - July 2017). Committee Member, School Health Advisory Committee, Richmond, TX. (August 2014 - July 2016).
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			Effects of Energy Drinks in College Athletes," Arlington, TX. (July 2019). Long, M. D. (Author & Presenter), Wimpee, C. (Author & Presenter), SWATA, "Immediate vs. Prolonged Reduction of a Posterior Elbow Dislocation." (July 2018). Long, M. D. (Author & Presenter), Big Country Sports Medicine Symposium, "Whole School, Whole Child, Whole Community and the Athletic Trainer." (June 2018). Long, M. D. (Author), Ellis, G. (Author & Presenter), SWATA, "Thenar Laceration in a Collegiate Pole Vaulter." (July 2017). Reviewer, Conference Paper, NATA Conference Proposal Reviewer. (August 2017 - Present). Reviewer, Journal Article, AJ-Academic Journals. (January 2016 - Present). Knoblauch, M., Long, M. D. (2018). Choosing the Right Word. <i>Professional Writing in Kinesiology and Sports Medicine</i>. Thorofare, NJ: Slack Publishing. (Published).	
Luttrell, Lynn	Associate professor	66 courses 182 hours 1,196 students	"Concussion Recovery Assessment and Balance Testing" (On-Going). The initial purpose of this study is to collect data from healthy athletes' performance on a balance test. A subsequent purpose of this study will be to use the data longitudinally, where appropriate, in the case of contributing to the assessment of a concussed athlete's recovery and potential approval for return to activity participation.	Teacher, Children's swim lessons. (1980 - Present). Various roles, Special Olympics. (1975 - Present). Hillcrest Church of Christ Deacon, Worship Committee, Worship Participants Scheduler (for several months per year), Bible Class Teacher for both adult and children's classes, Worship Planner & Song Leader (several times per year, and other worship participation for services.

				Committee Member, Special Olympics of Texas Area XIV Games Committee. (2008 - Present). Editorial Board Member, Texas Association for Health, Physical Education, Recreation, and Dance Journal. (2007 - Present). Committee Member, TAHPERD Finance Committee. (2005 - Present).
Lytle, Renee'	Adjunct instructor	2 6 44	N/A	N/A
McAlister, Michele	Adjunct instructor	1 course 3 hours 8 students	N/A	N/A
McCurley, Libby	Assistant Professor, Assistant Department Chair, Human Performance Lab Director	68 courses 126 hours 1,387 students	Powell, M. C. (Principal), Flanagan, D. L. (Co-Principal), McCurley, L. E. (Supporting), "2020 Grant," Sponsored by ACU, Abilene Christian University. (2020 - Present).	Committee Member, UGEC. (August 2019 - Present). Committee Member, Undergraduate research evaluator. (2019 - Present). Committee Member, Leadership Team. (2018 - Present). Committee Member, Pre Health Professions Advisory Committee. (2016 - Present). Committee Member, Scholarship committee. (2016 - Present). Committee Member, Student Learning Outcomes Revision Committee. (November 2019 - January 2020). Undergraduate Honors Thesis Committee Member, "Expression vs. Expectation: A Look into Patients' Perspectives on Professional Appearance in Physical, Speech or Occupational Therapists with and without Body Art." (August 20, 2019 - December 10, 2019). Advised: Catherine Swedlund Undergraduate Research Mentor, "Can Mobile Device Pedometer Applications Accurately Estimate Caloric Expenditure During Exercise?." (January 15, 2019 - April 20, 2019). Advised: Holly Ann Wells, Rebecca Sipes

				Oldham Lane Church of Christ Teach children's bible class, host youth activities Guest Speaker, STEM, Abilene. (2019).
Miguez, Bret	Adjunct instructor	10 courses 10 hours 232 students	N/A	N/A
Moore, Jana Kathy	Adjunct instructor	6 courses 6 hours 169 students	N/A	N/A
Nunez, Juan	Adjunct instructor	1 course 1 hour 25 students	N/A	N/A
Phillips, Linda	Adjunct instructor	18 courses 18 hours 673 students	N/A	N/A
Powers, Brendon	Adjunct instructor	2 courses 6 hours 8 students	N/A	N/A
Scott, Ramonica	Assistant Professor	2 courses 4 hours 17 students Teaches mostly graduate courses	Finishing PhD in Rehabilitation Sciences program through Texas Tech University Health Sciences Center	Committee Member, Departmental Review Committee for Undergraduate Research Festival. (January 30, 2020).
Scruggs, Jennifer	Adjunct instructor	3 courses 5 hours 26 students	N/A	N/A
Shake, Deonna	Instructor	121 courses 190 hours 2,094 students	Shake, D. M. (Presenter), Character Training, "How is Your Default Face?," Craig Middle School Athletics, Craig Middle School Gym. (January 7, 2020). Shake, D. M. (Presenter), Steamboat Cycling Club Meeting, "Indoor Cycling Tips," Steamboat Cycling Club and Abilene Women's Cycling Connection, Mad Coffee. (January 24, 2019). Reading, D., Reading, J. (2015). 3-Up: Basketball Gone Disc Golf Wild. <i>Getting the Edge: Disc Golf Curriculum</i> (4th ed.). Rockhill, SC: E.D.G.E..	Program Coordinator, Red Cross Certifications/Recertifications, Abilene, TX. (August 24, 2017 - Present). Church, Nathan Burrow, Hillcrest Church of Christ preaching minister, Hillcrest Church of Christ. December 5, 2016 - March 23, 2017. Pro Bono. <i>Asked to serve on a preaching mentoring committee headed by Robert Ogelsby to assist our new preaching minister in gaining feedback on sermon topics, content and delivery for his first four months.</i> Disc Golf Course Development, Cam Hurst, Ovalo, Texas. September 2015 - October 2016. Pro Bono. <i>I helped Cam Hurst design a disc golf course on his property out in Ovalo, TX. Course is used for tournaments</i>

			Reading, D., Reading, J. (2015). Disc Tag. <i>Getting the Edge: Disc Golf Curriculum</i> (4th ed.). Rockhill, SC: E.D.G.E.. Reading, D., Reading, J. (2015). Four Line Bonanza: Basketball Gone Disc Golf Wild. <i>Getting the Edge: Disc Golf Curriculum</i> (4th ed.). Rockhill, SC: E.D.G.E.. Reading, D., Reading, J. (2015). Putt, Flick, Approach. <i>Getting the Edge: Disc Golf Curriculum</i> (4th ed.). Rockhill, SC: E.D.G.E.. Reading, D., Reading, J. (2015). Shoot Out: Basketball Gone Disc Golf Wild. <i>Getting the Edge: Disc Golf Curriculum</i> (4th ed.). Rockhill, SC: E.D.G.E..	<i>and registered in the disc golf review of golf courses.</i> Academic, McGraw-Hill. September 12, 2016. Compensated. <i>I was asked to review course materials for Lifetime Wellness. This included their online materials and chapter review.</i> Non-Governmental Organization (NGO), Children's Ministers Retreat, UCC, Dallas, TX. November 10, 2015. Pro Bono. <i>Asked to share a faith and fitness-based activity to be used at a retreat for teens. Shared the Faith Triathlon goal assignment I use in Lifetime Wellness. Went over well.</i> Basketball Coaching Clinic, Summit High School in Breckenridge, Colorado, Abilene Christian University. September 5, 2015. Pro Bono. <i>I lead a basketball coaching clinic for four coaches who coach high school basketball. I covered drills, conducting practice, easy offenses and the match-up zone defense.</i> Guest Speaker, Spin Classes for ACU Women's Basketball. (June 8, 2017 - Present). Grant Proposal Reviewer, Internal, SRWC Net Setting Tutorial. (August 10, 2016 - Present). Committee Member, ACU Hall of Fame. (March 2016 - Present). Program Coordinator, ACU Basketball Alumni Day. (February 27, 2016 - Present). Program Organizer, Dead Day Disc Golf Tournament. (December 7, 2015 - Present). Program Organizer, Dead Day Disc Golf Tournament. (May 4, 2015 - Present). Spin Class Instructor. (April 2015 - Present).
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				Pickleball Instructor for Basketball Team. (April 2015 - Present). Scoreboard Operator, ACU Volleyball. (August 2014 - Present). Attend Preview days and go over degree tracks with prospective or admitted students, Preview Day. (July 2014 - Present). Shot Clock Operater, ACU Basketball. (November 2000 - Present). Volunteer, Cleaned and Organized Equipment Closet. (October 17, 2018). Committee Member, Scholarship Committee Member for KINE Dept. (February 14, 2018 - February 21, 2018). Guest Speaker, Pickleball Tournament Rules Sheet/Demo. (March 1, 2017 - March 3, 2017). Guest Speaker, Pickleball Workshop for ACU Soccer Team. (February 10, 2017). Committee Member, Departmental Scholarship Committee. (March 7, 2016). Created the Physical Therapy Flyer for Prospective Students, Departmental Degree Track Flyers. (November 18, 2015). Guest Speaker, ACU Track and Field Team. (November 12, 2015). Asked to do peer review of a Tenure and Promotion submission, Tenure and Promotion Peer Review. (August 28, 2015). Hillcrest Church of Christ My husband, daughter and I are on the Baby Bunch Nursery Workers. My husband and I also are active members of a Life Group.
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				I am on the Emergency First Aid/CPR call team in the building, should there be a medical emergency. I write regularly for the Hillcrest Church of Christ bulletin called "Feeding the Flock." For nine months, I served on the Preacher Search Committee For three months, I served on the new preacher sermon reflection team One of three leaders who plan/organize rides and social events, Abilene Women's Cycling Connection, Abilene, TX. (December 13, 2019 - Present). Program Coordinator, Kinesiology Club Wildcat Ironman Blitz, Abilene, TX. (February 2, 2019 - Present). Program Organizer, Kinesiology Club Wildcat Indoor Ironman Competition, Abilene, TX. (September 1, 2018 - Present). Program Coordinator, Abilene Home School Association PE Program, Abilene, TX. (April 10, 2017 - Present). Consultant and Volunteer at Event, Abilene Parks and Recreation, Abilene, Texas. (September 24, 2016 - Present). Attendee, Meeting, Steamboat Cycling Club, Abilene, Texas. (May 18, 2016 - Present). Attendee, Meeting, Steamboat Cycling Club- Ride of Silence, Abilene, TX. (March 18, 2016 - Present). Committee Member, Hillcrest Church of Christ, Abilene, Texas. (February 1, 2016 - Present). Program Coordinator, Abilene Disc Golf Club Wild Hair Tournament, Abilene, Texas. (June 20, 2015 - Present).
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				Attendee, Meeting, Steamboat Cycling Club, Abilene, TX. (December 2014 - Present). Member, Hillcrest Church Feeding The Flock Ministry, Abilene, TX. (August 25, 2014 - Present). Board Member, Bike Abilene, Abilene, TX. (June 2012 - Present). Member, Abilene Disc Golf Association, Abilene, TX. (August 2009 - Present). Board Member, Mayor's Council on Physical Fitness, Abilene, TX. (August 2007 - Present). Member, Baby Bunch Nursery, Abilene, TX. (August 1997 - Present). My husband and I run a mowing business, Shake Yard Service, Abilene, TX. (August 1986 - Present). Asked to supervise the PT/OT booth and close it down, ACU Kinesiology Students, Abilene, TX. (February 20, 2020). Guest Speaker, Craig Middle School Female Athletes, Abilene, TX. (January 7, 2020). Guest Speaker, Craig Middle School Female Athletes, Abilene, TX. (January 7, 2020). Guest Speaker, Maker Lab at ACU, Abilene, TX. (April 11, 2019). Guest Speaker, AWCC, Abilene, TX. (January 24, 2019). Member, Abilene Food Bank, Steamboat Cycling Club, Buffalo Gap, TX. (July 21, 2017 - July 23, 2017). Attendee, Meeting, Steamboat Cycling Club, Abilene, TX. (May 17, 2017).
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				Guest Speaker, Abilene Christian University, Abilene, Texas. (April 22, 2017). Program Organizer, ACU Disc Golf Club Charity Event, Ovalo, TX. (March 8, 2017 - April 8, 2017). Committee Member, Hillcrest Preacher Search Committee, Abilene, Texas. (December 2015 - November 2016). Committee Member, Abilene Disc Golf Association and Hillcrest Church of Christ, Abilene, Texas. (November 1, 2016 - November 13, 2016). Program Coordinator, Abilene Fitbitters- Surgeon General, Abilene, TX. (October 13, 2016 - October 21, 2016). Volunteer and Consultant for Heels and Wheels Duathlon, Abilene Parks and Recreation, Abilene, TX. (September 24, 2016). Guest Speaker, Friends of the Library, Abilene, TX. (June 25, 2016). Guest Speaker, Mayor's Council on Physical Fitness, Abilene, Texas. (November 7, 2015). Attendee, Meeting, Abilene Parks and Recreation, Abilene, TX. (October 1, 2014 - September 27, 2015). Program Organizer, City of Abilene Parks and Recreation Division, Abilene, Texas. (September 26, 2015).
Shilcutt, Jackie Beth	Adjunct instructor	11 courses 11 hours 122 students	N/A	N/A
Smallwood Martha	Associate professor	20 courses 58 hours 258 students Now teaches mostly graduate courses	Smallwood, M. (Author & Presenter), "The Most Common Nutrition Diagnosis in the Homebound and Chronically Ill," Texas Tech University School of Public Health, Texas Tech U. School	Member, UGEC. (August 2014 – May 2017) Highland Church of Christ Involved in Prayer Ministry Periodic teacher for Bible Class

			of Public Health Abilene, TX. (February 13, 2019). Smallwood, M. (Author & Presenter), Parkinson's Support Group, "Review of Current Nutritional Guidelines and Recommendations for Individuals Dealing with Parkinson's," West TX Rehab, Abilene TX. (January 14, 2019). "Effects of Resistance Training with Instability and Cadence Walking on Multiple Measures of Functional Movement and Strength of Persons in Mild to Moderate Stages of Parkinson's Disease" (Planning). This study began development in Spring 2017. It will go before ACU's IRB in Nov/Dec 2017. The study will include three exercise groups (random assignment) for persons with mild to moderate Parkinson's Disease with a primary intent of improving quality of life through improvements in strength and cardiorespiratory fitness. Resistance training with instability, cadence walking, and a combination carry previous research efforts forward since this study includes the cross training group and use of DXA in pre- and post-assessments. The goal is to conduct the actual study during Spring 2018. "The Effects of Hydration on Cognition in the Elderly" (Planning). The study seeks to determine the effects of increased hydration on cognition in elderly subjects living in an assisted living facility.	Guest Speaker, Parkinson's Support Group, ABILENE, TX. (January 14, 2019).
Swartwood (Mills), Ansleigh	Adjunct instructor	11 courses 33 hours 327 students	N/A	N/A
Swedlund, Ruthie	Adjunct instructor	28 courses 28 hours	N/A	N/A

		907 students		
Williams, Kay	Assistant Professor	14 courses 42 hours 340 students	N/A	February 2017: Speaker, Baylor Student Nutrition Association: Diagnosis and Treatment of Eating Disorders, the new DSM criteria. March 2017 Speaker, Waco Women's Training Program Topic: Hydration for Peak Performance April 2017 Speaker Waco Women's Training Program. Topic: What a Healthy Plate should look Like March 2018 Speaker, Waco Women's Training Program Topic Hydration for Peak Performance April 2018 Speaker, Waco Women's Training Program: How much Protein Do Women Need? October 2018. Hewitt Public Library. Child nutrition and Feeding January 2019, Compleo Physical Therapy and Wellness Community Lectures, "Developing healthy attitudes about Food: March 2019. Waco Women's Training Program Topic: How much Water do we really Need? April 2019 Waco Women's Training Program Topic: How can we become Intuitive Eaters? January 2020. Crestview Church of Christ Two-part series "From Finicky to Fabulous". Parent Feeding and picky eating Nutrition Expert for Waco Women's community training program for the past 4 years Volunteer and Finish line chair, Be the Match Marathon, past 3 years Member, Waco area eating disorders professional support group

				Volunteer, Brother's Keeper Homeless Shelter Tim Tebow Night to Shine Special Needs Prom: Food Chair in 2018, 2019, and 2020 Sunday School teacher: Crestview Church of Christ Youth Minister selection committee 2019-20
Wilson, Lorraine	Professor	41 courses 74 hours 641 students	Wilson, L. (2015). (Ed.), <i>A Multi-Station Approach to Teaching Large Scale Swim Lessons in Resource Deficit Areas - A Pilot Project in Uganda</i> (2015th ed., pp. 105). World Conference on Drowning Prevention Malaysia 2015 Program and Proceedings. VanRaalte, J. L., Wilson, L., Cornelius, A., Brewer, B. (in press). Self-talk in a SCUBA diving context. <i>The Sport Psychologist</i>. Wilson, L., "Water and Swim Safety," Christian Homes and Family Services, Abilene, TX. (June 8, 2016). Wilson, L. (Presenter), World Conference on Drowning Prevention 2015, "A Multi-Station Approach to Teaching Large Scale Swim Lessons in Resource Deficit Areas - A Pilot Project in Uganda," International Life Saving and World Health Organization, Penang, Malaysia. (November 5, 2015). "Effects of Resistance Training with Instability and Cadence Walking on Multiple Measures of Functional Movement and Strength of Persons in Mild to Moderate Stages of Parkinson's Disease" (Planning). This study began development in Spring 2017. It will go	Member, Christian Society for Kinesiology and Leisure Studies Conference Proposal Review Committee. (October 2015 - April 2016). Committee Member, Presidential Fund. (November 2016 - Present). Committee Member, CEHS Academic Council. (2012 - Present). Committee Chair, Internship Resource Guide Committee. (January 2010 - Present). Committee Member, 20/20 Grant Selection. (September 2017 - 2018). Committee Member, ACU Institutional Review Board. (November 13, 2015 - November 13, 2018). University Church of Christ Short-term Missions Participant Event Photographer Impressions Greeting Ministry Missions Committee Committee Member, University Church of Christ Short-Term Missions Committee, Abilene, TX. (January 2017 - Present). Event Photographer, Bunco for Breast Cancer, Abilene, TX. (October 10, 2017). Guest Speaker, Christian Homes and Family Service, Abilene, TX. (June 14, 2017).

			before ACU's IRB in Nov/Dec 2017. The study will include three exercise groups (random assignment) for persons with mild to moderate Parkinson's Disease with a primary intent of improving quality of life through improvements in strength and cardiorespiratory fitness. Resistance training with instability, cadence walking, and a combination carry previous research efforts forward since this study includes the cross training group and use of DXA in pre- and post-assessments. The goal is to conduct the actual study during Spring 2018. "Self-Talk and Performance of Novice SCUBA Divers" (Writing Results). The purpose of the study is to explore the relationship between self-talk and performance of novice SCUBA divers learning essential skills necessary to receive an open water diver certification.	Program Organizer, Makerere University, Kampala. (November 2015 - June 2016).
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Growth of KINE

The numbers of Kinesiology students overall has increased from 213 students enrolled in 2015 to 268 students in 2019, an increase of 55 students. During our prospective student visits, we find that most prospects are interested in the Pre-Physical Therapy concentration with Pre-Athletic Training (KATP) and Pre-Occupational Therapy in second and third place. As the Pre-PT students progress in the curriculum, some will change to a different concentration, such as Kinesiology Generalist or KATP, but KNPT is still the concentration with the most students. Currently, two of the courses required for the KNPT, KNOT, and KATP concentrations are being taught by adjuncts because there is not room in the schedules of the full-time faculty. One of those courses is required for the KGEN concentration, also. These courses are KINE 498 Biomechanics and KINE 311 Motor Behavior, and they are valuable to what graduates of these concentrations will be doing in their professions. It is our opinion that a full-time faculty member should teach them. Other courses could round out the schedule of a new faculty member. A new faculty member with the credentials to teach those two courses could help meet goals of conducting more research and serving the community in larger ways.