

Abilene Approval Chart for Curriculum Changes

A = Approve I = Information Item R = Respond In Writing

Course Number: _____ **or Degree Plan(s):** KCOA- Kinesiology Coaching

Current: KINE 480- Training Program Design is a degree requirement and KINE 342- Exercise Testing, Evaluation, and Prescription is also a requirement.

KINE 291- Basic Sports Medicine is not required.

Proposed: Combine KINE 480 and KINE 342 as a menu item. Add KINE 291 as a requirement.

Rationale: Students in the coaching field should have a basic understanding of athletic injuries and how to refer them to appropriate medical professionals. KINE 291 will provide this knowledge. Combining KINE 480 and 342 into a menu will allow KINE 291 to be added to the degree plan without changing the number of required hours outside of electives.

	Campus-Level Academic Review ¹	1	2	3	4	5	6
	Change to a Course Include signatures from all chairs/program directors for cross-listed courses. ¹						
1.	Title (description unchanged)	A	A	A	I	I	I
2.	Description (not affecting content)	A	A	A	I	I	I
3.	Course term(s)	A	I	A	I	I	I
4.	Content (change of course outcomes)	A	A	A	I	I	A
5.	Number of credit hours	A	A	A	A	A	A
6.	Course number within the hundred	A	A	I	I	I	I
7.	Course number beyond the hundred	A	A	A	A	A	A
8.	Prerequisites	A	A	A	I	I	I
9.	Course restriction (e.g., majors only, junior standing)	A	A	A	A	A	A
10.	Level change (U to G or G to U)	A	A	A	A	A	A
11.	Cross list course	A	A	A	A	A	A
12.	Department of record	A	A	A	A	A	A
13.	Open or close a course	A	A	A	A	A	A
	Change to a Degree Plan						
14.	Educational Program — Revise	A	A	A	A	A	A
15.	Educational Program — Adopt/revise admission requirements	A	A	A	A	A	A
16.	GPA — Revise program-required GPA	A	A	A	A	A	A
17.	Minor — Revise	A	A	A	A	A	A

		Chair	Department Head	Associate Dean	Dean	Provost	Senior Vice President	Academic Vice President	President
	Full Review								
	Change to Catalog Information (for Campus)								
18.	General requirements for Bachelor's and Associate Degrees	-	-	-	-	A	A	A	I
19.	Policies governing academic probation and suspension	-	-	-	-	A	A	A	I
20.	Requirements for graduating with honors	-	-	-	-	A	A	A	I
	Change to a Degree Plan								
21.	Educational Program — Add or Discontinue ^{2 3}	A	A	A	A	A	A	A	I
22.	Educational Program — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	I
23.	Minor — Add or Discontinue	A	A	A	A	A	-	A	I
24.	Minor — Discontinue (Provost-proposed)	R	-	R	A	A	-	A	I
25.	Degree — Add or Discontinue	A	A	A	A	A	A	A	I
26.	Degree — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	I

	Change to General Education Requirements for Undergraduates (System)	Chair	Department Head	Associate Dean	Dean	Provost	Senior Vice President	Academic Vice President	President
27.	Change course outcomes of an included course	A	A	A	A	A	-	A	I
28.	Add or drop a required course from the General Education Requirements	A	-	A	-	A	A	A	I
29.	Add or drop a course from a menu within the General Education Requirements	A	-	A	-	A	-	A	I
30.	Comprehensive revision of General Education Requirements	-	-	-	-	A	A	A	I

Notes

² Any change to a cross-listed course requires the signature of both department chairs or program directors overseeing the course to ensure that the courses stay in sync. This includes courses taught at other campuses (e.g. BIBL 101 and BIBO 101).

³ For undergraduate majors, a minimum of 30 hours is required. These programs must have a minimum of 6 elective hours, unless the requirements of external accrediting bodies make it impossible. Master's programs must include a minimum of 30 hours, and doctoral programs must include a minimum of 30 hours beyond the master's.

⁴ When a department/school or dean proposes closing a program, approval routing follows the typical process beginning with the department/school. An administrative proposal by the provost or senior vice president for academic affairs would follow the "provost-proposed" routing on the chart.

Department/School(s)



4/10/25

Chair Signature

Date

Chair/Program Director Signature

Date

College Academic Council(s)



04/29/2025

Chair Signature

Date

Chair Signature

Date

Dean(s)



04/30/2025

Signature

Date

Signature

Date

Teacher Education Council

Signature

Date

**Campus Academic Council:
Abilene Undergraduate or Abilene Graduate**

Signature

Date

Provost

Signature

Date

University General Education Council

Signature

Date

University Faculty

Abilene Faculty Senate Chair signature

Date

Dallas Faculty Council Chair signature

Date

Senior Vice President for Academic Affairs

Signature

Date

President

Signature

Date

Kinesiology, Coaching, BS (KINE-KCOA)

BS: Kinesiology Degree Plan (KINE)

General Education Requirements

Please see the [General Education](#) section of this catalog.

Major Requirements

Kinesiology

- [KINE 100 - Lifetime Wellness](#) Credit Hours: 1
- [KINE 232 - Structural Kinesiology](#) Credit Hours: 3
- [PSYC 120 - Introduction to Psychology](#) Credit Hours: 3 *

*Hours may also fulfill general education requirements and are not included in total major hours

Total: 4 Credit Hours

Coaching (KCOA)

- [BIOL 291 - Anatomy and Physiology I](#) Credit Hours: 3 *
- [BIOL 293 - Anatomy and Physiology I Laboratory](#) Credit Hours: 1
- [KINE 201 - Introduction to Sport and Recreation Management](#) Credit Hours: 3
- [KINE 206 - Strength Training](#) Credit Hours: 1
- [KINE 241 - First Aid / CPR](#) Credit Hours: 1

- [KINE 321 - Sport Practicum](#) Credit Hours: 1
- or
- [KINE 322 - Fitness Practicum](#) Credit Hours: 1

- [KINE 333 - Youth Activity Programs](#) Credit Hours: 3
- ~~[KINE 342 - Exercise Testing, Evaluation, and Prescription](#) Credit Hours: 3~~
- [KINE 360 - Leadership and Management for Health Promotion](#) Credit Hours: 3 (writing-intensive course)

- [KINE 372 - Exercise Physiology](#) Credit Hours: 3
- [KINE 373 - Exercise Physiology Lab](#) Credit Hours: 1
- [KINE 399 - Research Methods in Kinesiology and Nutrition](#) Credit Hours: 3 (writing-intensive course)
- [KINE 420 - Exercise Science Internship](#) Credit Hours: 3 (capstone course)
- [KINE 473 - Cardiovascular Physiology](#) Credit Hours: 3
- [KINE 476 - Application and Evaluation of Secondary Physical Education](#) Credit Hours: 3
- [KINE 480 - Training Program Design](#) Credit Hours: 3 or [KINE 342 Ex Test, Eval, & Prescript](#)
- [KINE 485 - Clinical Exercise Physiology](#) Credit Hours: 3
- [KINE 491 - Principles of Coaching](#) Credit Hours: 3
- [KINE 492 - Coaching Internship](#) Credit Hours: 3
- [KINE 498 - Biomechanics](#) Credit Hours: 3
- [NUTR 224 - Nutrition for Exercise and Sport](#) Credit Hours: 3
- [KINE 291 - Basic Sports Medicine](#) Credit Hours: 3

*Hours may also fulfill general education requirements and are not included in total major hours

Total: 50 Credit Hours

Choose 14 hours from the following:

- BIOL 100-499
- CHEM 100-499
- [EDUC 211 - Introduction to Education: Culture and Contexts](#) Credit Hours: 3
- [EDUC 221 - Educational Psychology](#) Credit Hours: 3
- [EDUC 476 - Effective Teaching Strategies for English Learners](#) Credit Hours: 3
- HED 100-499
- IPE 301-499
- KINE 200-499
- [NUTR 221 - Introductory Nutrition](#) Credit Hours: 3
- PEAC 101-499
- PHYS 100-499

Total: 14 Credit Hours

Electives

Minimum - 6 Credit Hours

Total Major Hours: 74

Other Graduation Requirements

Minimum GPA for graduation: 2.00
