

Abilene Approval Chart for Curriculum Changes

A = Approve I = Information Item R = Respond In Writing

Course Number: _____ **or Degree Plan(s):** KGEN- Kinesiology Generalist

Current: KINE 480- Training Program Design is a degree requirement.

Proposed: Add KINE 342- Exercise Testing, Evaluation, and Prescription as a menu item with KINE 480 in the degree plan.

Rationale: KINE 480 is only offered in the Fall. Some students come into the university off cycle and it doesn't fit into their schedule. We have been writing substitutions for KINE 342 to count in place of KINE 480. This will allow less substitutions to be written.

	Campus-Level Academic Review ¹	I	I	I	I	I	I
	Change to a Course Include signatures from all chairs/program directors for cross-listed courses. ¹						
1.	Title (description unchanged)	A	A	A	I	I	I
2.	Description (not affecting content)	A	A	A	I	I	I
3.	Course term(s)	A	I	A	I	I	I
4.	Content (change of course outcomes)	A	A	A	I	I	A
5.	Number of credit hours	A	A	A	A	A	A
6.	Course number within the hundred	A	A	I	I	I	I
7.	Course number beyond the hundred	A	A	A	A	A	A
8.	Prerequisites	A	A	A	I	I	I
9.	Course restriction (e.g., majors only, junior standing)	A	A	A	A	A	A
10.	Level change (U to G or G to U)	A	A	A	A	A	A
11.	Cross list course	A	A	A	A	A	A
12.	Department of record	A	A	A	A	A	A
13.	Open or close a course	A	A	A	A	A	A
	Change to a Degree Plan						
14.	Educational Program — Revise	A	A	A	A	A	A
15.	Educational Program — Adopt/revise admission requirements	A	A	A	A	A	A
16.	GPA — Revise program-required GPA	A	A	A	A	A	A
17.	Minor — Revise	A	A	A	A	A	A

		Chair	Department	College	University	System	State	Other	Other	Other
	Full Review									
	Change to Catalog Information (for Campus)									
18.	General requirements for Bachelor's and Associate Degrees	-	-	-	-	A	A	A	A	I
19.	Policies governing academic probation and suspension	-	-	-	-	A	A	A	A	I
20.	Requirements for graduating with honors	-	-	-	-	A	A	A	A	I
	Change to a Degree Plan									
21.	Educational Program — Add or Discontinue ^{2 3}	A	A	A	A	A	A	A	A	I
22.	Educational Program — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	A	I
23.	Minor — Add or Discontinue	A	A	A	A	A	A	-	A	I
24.	Minor — Discontinue (Provost-proposed)	R	-	R	A	A	A	-	A	I
25.	Degree — Add or Discontinue	A	A	A	A	A	A	A	A	I
26.	Degree — Discontinue (Provost-proposed)	R	-	R	A	A	A	A	A	I

	Change to General Education Requirements for Undergraduates (System)	Chair	Department	College	University	System	State	Other	Other	Other
27.	Change course outcomes of an included course	A	A	A	A	A	A	-	A	I
28.	Add or drop a required course from the General Education Requirements	A	-	A	-	A	A	A	A	I
29.	Add or drop a course from a menu within the General Education Requirements	A	-	A	-	A	A	-	A	I
30.	Comprehensive revision of General Education Requirements	-	-	-	-	A	A	A	A	I

Notes

² Any change to a cross-listed course requires the signature of both department chairs or program directors overseeing the course to ensure that the courses stay in sync. This includes courses taught at other campuses (e.g. BIBL 101 and BIBO 101).

³ For undergraduate majors, a minimum of 30 hours is required. These programs must have a minimum of 6 elective hours, unless the requirements of external accrediting bodies make it impossible. Master's programs must include a minimum of 30 hours, and doctoral programs must include a minimum of 30 hours beyond the master's.

⁴ When a department/school or dean proposes closing a program, approval routing follows the typical process beginning with the department/school. An administrative proposal by the provost or senior vice president for academic affairs would follow the "provost-proposed" routing on the chart.

Department/School(s)



4/10/25

Chair Signature

Date

Chair/Program Director Signature

Date

College Academic Council(s)



04/29/2025

Chair Signature

Date

Chair Signature

Date

Dean(s)



04/30/2025

Signature

Date

Signature

Date

Teacher Education Council

Signature

Date

**Campus Academic Council:
Abilene Undergraduate or Abilene Graduate**

Signature

Date

Provost

Signature

Date

University General Education Council

Signature

Date

University Faculty

Abilene Faculty Senate Chair signature

Date

Dallas Faculty Council Chair signature

Date

Senior Vice President for Academic Affairs

Signature

Date

President

Signature

Date

Kinesiology, Generalist, BS (KINE-KGEN)

BS: Kinesiology Degree Plan (KINE)

General Education Requirements

Please see the [General Education](#) section of this catalog.

Major Requirements

Kinesiology

- [KINE 100 - Lifetime Wellness](#) Credit Hours: 1
- [KINE 232 - Structural Kinesiology](#) Credit Hours: 3
- [PSYC 120 - Introduction to Psychology](#) Credit Hours: 3 *

*Hours may also fulfill general education requirements and are not included in total major hours

Total: 4 Credit Hours

Generalist (KGEN)

- [BIOL 121 - Introductory Biology I](#) Credit Hours: 3 * (or higher)
- [BIOL 122 - Introductory Biology I Laboratory](#) Credit Hours: 1 (or higher)
- [CHEM 113 - Introductory Chemistry](#) Credit Hours: 3 * (or higher)
- [KINE 241 - First Aid / CPR](#) Credit Hours: 1
- [KINE 372 - Exercise Physiology](#) Credit Hours: 3
- [KINE 373 - Exercise Physiology Lab](#) Credit Hours: 1
- [KINE 399 - Research Methods in Kinesiology and Nutrition](#) Credit Hours: 3 (writing-intensive course)
- [KINE 420 - Exercise Science Internship](#) Credit Hours: 3 (capstone experience)
- [KINE 473 - Cardiovascular Physiology](#) Credit Hours: 3
- [KINE 480 - Training Program Design](#) Credit Hours: 3 or **KINE 342- Ex. Test, Eval, Prescription**
- [KINE 485 - Clinical Exercise Physiology](#) Credit Hours: 3
- [KINE 498 - Biomechanics](#) Credit Hours: 3

Total: 24 Credit Hours

Choose 30 hours from:

- BIOL 100-499
- CHEM 100-499
- HED 100-499
- IPE 301-499
- KINE 200-499
- [NUTR 120 - Nutrition and Wellness](#) Credit Hours: 3
- [NUTR 221 - Introductory Nutrition](#) Credit Hours: 3
- [NUTR 224 - Nutrition for Exercise and Sport](#) Credit Hours: 3
- PEAC 101-499
- PHP 200-499
- PHYS 100-499
- PSYC 200-499
- [SOCL 111 - Introduction to Sociology](#) Credit Hours: 3

Total: 54 Credit Hours

Electives

Minimum - 16 Credit Hours

Total Major Hours: 74

Other Graduation Requirements

Minimum GPA for graduation: 2.00

Minimum advanced hours: 33

Minimum total hours: 128

Courses numbered 0** do not count in minimum hours required for degree.
