

Final Dyad

BMFT 601: Pre-Internship

TASK: Your task is to conduct a final role-played therapy session with one of your classmates acting as your client. This final dyad should represent your best work and display your skill in embodying the essential therapist characteristics of accurate empathy, non-possessive warmth, and genuineness.

AUDIENCE: Your audience for this task consists of two people: (1) your professor as she evaluates your progress in the attainment of these essential therapeutic skills; and (2) your peer as s/he plays the role of your client.

FORMAT: The session should be conducted in the same way as the other dyads that you have conducted throughout the semester. As in previous dyads, the total time for the session should be 25 minutes. In addition to the recording, you should also hand in a 1-2 page self-evaluation that includes the following:

- A self-rating on each of the three therapist characteristics of accurate empathy, non-possessive warmth, and genuineness (according to the Truax and Carkhuff scale)
- A discussion of your strengths based on the skills developed during the semester
- A discussion of your growth areas based on the skills developed during the semester

Please remember to include the date, time, and room number at the top of your paper so that Dr. Goff can locate your recording on the computer.

CRITERIA FOR EVALUATION:

- Display of accurate empathy – 2
- Display of genuineness - 2
- Display of non-possessive warmth - 2
- Self-evaluation – 1 point

DUE DATE: Final dyads are due on Monday, December 7, by 12:00 pm.