

Dallas Approval Chart for Curriculum Changes

A = Approve I = Information Item R = Respond In Writing

Course Number: _____ **or Degree Plan(s):** MFTO Child and Adolescent Therapy

Remove MFTO 644 - Professional Ethics and California Law as an option on the Foundational Curriculum .

Remove MFTO 635 - Group Psychotherapy Credit as a choice on electives.

		Program	Dean	Academic Council	Provost
	Campus-Level Academic Review				
	Change to a Course Include signatures from all program directors/chairs for cross-listed courses. ¹				
1.	Title (description unchanged)	A	A	I	I
2.	Description (not affecting content)	A	A	I	I
3.	Course term(s)	A	A	I	I
4.	Content (change of course outcomes)	A	A	I	A
5.	Number of credit hours	A	A	A	A
6.	Course number within the hundred	A	A	I	I
7.	Course number beyond the hundred	A	A	A	A
8.	Prerequisites	A	A	A	I
9.	Course restriction (e.g., majors only, junior standing)	A	A	A	A
10.	Level change (U to G or G to U)	A	A	A	A
11.	Cross list course	A	A	A	A
12.	Program/department of record	A	A	A	A
13.	Open or close a course	A	A	A	A
	Change to a Degree Plan				
14.	Educational Program — Revise	A	A	A	A
15.	Educational Program — Adopt or change admission requirements	A	A	A	A
16.	GPA — Revise program or cumulative requirement	A	A	A	A
17.	Minor — Revise	A	A	A	A

		Program	Dean	Academic Council	Provost	President
	Full Review					
	Change to Catalog Information (for Campus)					
18.	General requirements for Bachelor's and Associate Degrees	–	–	A	A	I
19.	Policies governing academic probation and suspension	–	–	A	A	I
20.	Requirements for graduating with honors	–	–	A	A	I
	Change to a Degree Plan					
21.	Educational Program — Add or Discontinue ²	A	A	A	A	I
22.	Educational Program — Discontinue (Provost-proposed)	R	R	A	A	I
23.	Minor — Add or Discontinue	A	A	A	A	I
24.	Minor — Discontinue (Provost-proposed)	R	R	A	A	I
25.	Degree — Add or Discontinue (proposed by Program or College)	A	A	A	A	I
26.	Degree — Discontinue (Provost-proposed)	R	R	A	A	I

		Program	Dean	Academic Council	UGEC	University Faculty	President
	Change to General Education Requirements for Undergraduates (System)						
27.	Change course outcomes of an included course	A	A	A	A	–	I
28.	Add or drop a required course from the General Education Requirements	A	A	–	A	A	I
29.	Add or drop a course from a menu within the General Education Requirements	A	A	–	A	–	I
30.	Comprehensive revision of General Education Requirements	–	–	–	A	A	I

Notes

¹ Any change to a cross-listed course requires the signature of both department chairs or program directors overseeing the course to ensure that the courses stay in sync. This includes courses taught at other campuses (e.g. BIBL 101 and BIBO 101).

² For undergraduate majors, a minimum of 30 hours is required. These programs must have a minimum of 6 elective hours, unless the requirements of external accrediting bodies make it impossible. Master's programs

must include a minimum of 30 hours, and doctoral programs must include a minimum of 30 hours beyond the master's.

³ When a program director or dean proposes closing a program, approval routing follows the typical process beginning with the program. An administrative proposal by the provost or senior vice president for academic affairs would follow the "provost-proposed" routing on the chart.

Updated 8/1/2024

Program Director/Department Chair

 Sara Salkil (Apr 16, 2025 12:14 EDT)	04/16/2025
Program Director Signature	Date

Program Director/Department Chair Signature	Date
Dean(s)	
	04/16/2025
Signature	Date

Signature	Date
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Campus Academic Council

Chair's Signature	Date
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Provost

Signature	Date
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University General Education Council

Chair's signature	Date
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University Faculty

Dallas Faculty Council Chair's signature	Date
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Abilene Faculty Senate Chair's signature

Date

Senior Vice President for Academic Affairs

Signature

Date

President

Signature

Date

Marriage and Family Therapy, Child and Adolescent Therapy, MMFT (MFTO-CATH)

MMFT ONL: Master of Marriage and Family Therapy (Online)

The degree plan for the online Marriage and Family Therapy program consists of 45 or 48 credit hours in the Foundational Curriculum and 12 or 15 credit hours in the student's choice of specialization track: general MFT, Medical Family Therapy, Treatment of Trauma, Child and Adolescent Therapy, or Therapy with Military Families. Upon completion of the first 18 credit hours, students must meet the following criteria:

1. earn a minimum cumulative 3.0 GPA in the first 18 credit hours;
2. receive a minimum grade of B in MFTO 590 Introduction to Family Therapy; and,
3. receive approval from the Clinical Coordinator for a site and supervisor prior to beginning the Internship courses.

No more than 12 credit hours may be transferred into the program with the approval of the Program Director.

Prerequisite Degree Requirements

This program requires a baccalaureate degree from a regionally accredited institution.

Major Requirements

Foundational Curriculum

MFTO 639 - Family Theory/General Systems Theory Credit Hours: 3

MFTO 610 - Couples Therapy Credit Hours: 3

MFTO 641 - Family Therapy I Credit Hours: 3

MFTO 645 - Systemic Diagnosis & Assessment Credit Hours: 3

MFTO 651 - Sexual Therapy Credit Hours: 3

MFTO 661 - Family Therapy II Credit Hours: 3

MFTO 634 - Addictive Disorders Credit Hours: 3

MFTO 662 - Family Life Cycle Credit Hours: 3

MFTO 663 - Cultural Diversity in Marriage and Family Therapy Credit Hours: 3

MFTO 643 - Professional Ethics and Law Credit Hours: 3

or

MFTO 615 - Research Methods & Family Therapy Credit Hours: 3

MFTO 590 - Introduction to Family Therapy Credit Hours: 3

Total: 36 Credit Hours

Foundational Practice Component

MFTO 591 - MFT Internship I Credit Hours: 1.5

MFTO 592 - MFT Internship II Credit Hours: 1.5

MFTO 593 - MFT Internship III Credit Hours: 1.5

MFTO 594 - MFT Internship IV Credit Hours: 1.5

MFTO 595 - MFT Internship V Credit Hours: 1.5

MFTO 596 - MFT Internship VI Credit Hours: 1.5

Note: Students pursuing licensure requiring 500 client contact hours must also complete [MFTO 597](#) and [MFTO 598](#) in the track section below.

Total: 9 Credit Hours

Total Foundation Hours: 45

Child and Adolescent Therapy (CATH)

Required Courses

- [MFTO 622 - Systemic Play Therapy](#) Credit Hours: 3
- [MFTO 624 - Family Therapy with Children and Adolescents](#) Credit Hours: 3
- [MFTO 628 - Systemic Assessment and Treatment of Child and Adolescent Disorders](#) Credit Hours: 3
- [MFTO 697 - Ecology of Crisis and Trauma for the Therapist](#) Credit Hours: 3

Total: 12 Credit Hours

Electives

Choose 3 elective hours from the following list or other graduate courses with program director approval.

(Note: Students pursuing licensure requiring 500 client contact hours must take [MFTO 597](#) and [MFTO 598](#).)

- [MFTO 597 - MFT Internship VII](#) Credit Hours: 1.5
- [MFTO 598 - MFT Internship VIII](#) Credit Hours: 1.5

- MFTO 616 - Life Planning and Career Development Credit Hours: 3
- MFTO 630 - Trauma Intervention Models Credit Hours: 3
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- MFTO 655 - Systemic Trauma and Violence Credit Hours: 3
- MFTO 657 - Assessment and Treatment of Family Violence Credit Hours: 3
- MFTO 665 - Therapy Across the Life-Cycle Credit Hours: 3
- MFTO 670 - Introduction to Medical Family Therapy Credit Hours: 3
- MFTO 682 - Dynamics of Military Families Credit Hours: 3

Total: 3 Credit Hours

Total: 15 Credit Hours

Total Major Hours: 60

Other Graduation Requirements

- Capstone Project