

**HAVE QUESTIONS ABOUT COVID-19
OR HOW TO GET HELP WITHOUT
LEAVING YOUR HOME?**

**CALL US TO SPEAK TO SOMEONE
WHO CAN HELP YOU FIND NEEDED
SERVICES AND RESOURCES.**

325-793-8417



WHO IS THE AREA AGENCY ON AGING?

The West Central Texas Area Agency on Aging (WCTAAA) is managed by the West Central Texas Council of Governments (WCTCOG), dedicated to serving and advocating for seniors residing in the 19-county region of West Central Texas.

Our mission is to be an access point for seniors to access information, referral, and assistance that enables our citizens to remain independent in their home, to advocate for those residing in nursing facilities and assisted living homes, and to provide family caregivers support.

In this time of uncertainty, the WCTAAA is here to continue providing services and supports and to inform you about added benefits you may be eligible for as they become available through important relief acts.

CARE COORDINATION

Assists with the planning, arranging and coordinating services to help individuals maintain independent living. Services provided includes:

- Homemaker Services
- Emergency Response Button
- Health Maintenance
- Income Support
- Residential Repair/Chore Maintenance
- Home Delivered Meals
- Transportation

CAREGIVER SUPPORT COORDINATION

Assists family caregivers with information, training, services, and support programs. Services include:

- Respite care through a paid provider or someone the family may know.
- This provides caregivers a chance to run errands, relax, de-stress, etc.....
- Supportive groups, newsletters, webinars, and resource room and library

BENEFITS COUNSELING SERVICES

- Certified and trained staff assist clients with Medicare and Medicaid related issues and questions.
- Assist in providing information about Medicare Part A, B, C and Medicare Supplements
- Provide comparisons and enrollment in Part D plans to ensure seniors can make informed choices
- Assist in applying for various programs to help pay for the costs of Medicare

OMBUDSMAN PROGRAM

- Assist those residing in a nursing facility or assisted living home in advocating for their resident rights.
- An ombudsman helps ensure that residents get the care they want and the dignity they deserve. Ombudsmen support and promote the health, safety and rights of all residents in long term care.