

Application for a New Course v10.5

Course ID <i>Subject and Number</i>	PSYC 356
Date APPROVED	
Date DENIED	

I. Systems and Catalog Information Complete each item.

1	Course Developer	Larry Norsworthy
2	Course Teacher	Larry Norsworthy; Scott Perkins
3	Course Title	Health Psychology
4	Course Abbreviation (if title is over 30 characters)	
5	College	CAS
6	Department	Psychology
7	Number of Credit Hours	3
8	Is the course Fixed Credit or Variable Credit?	Fixed
9	Is the course repeatable?	No
10	Maximum number of times course may be repeated	None
11	Maximum number of hours credit	3
12	Explanation for variable credit	
13a	Course contact hours - LEC	3
13b	Course contact hours - Lab	
13c	Course contact hours - Practicum	
13d	Course contact hours - Seminar	
13e	Course contact hours - Studio	
13f	Course contact hours - Online	
13g	Course contact hours - Colloquium	

13h	Course contact hours – Field Experience	
13j	Course contact hours - Internship	
13k	Course contact hours - Research	
13m	Course contact hours - Workshop	
13n	Course contact hours – Other (specify)	
14	Instructor Workload	3
15	Grade Mode (check all appropriate):	☒ X Standard ☒ X Credit/No Credit (undergrad only)
16	Maximum Enrollment	50
17	Catalog Description (50 words or less)	Psychological study of the impact of behavior on health and the influence of health and disease states on quality of life. Includes biopsychosocial study of the behavioral correlates of health, illness and disability, the improvement of health care, and the development of healthy habits and reduction of unhealthy behaviors.
18	List any prerequisites (course/s, test scores, class standing, major, etc.)	none
19	List any co-requisites	none
20	If the course is cross listed, specify the Course ID(s) MUST have signature in Section V off all Department Chairs	
21	Does this course have any special student costs? Yes/No <i>Attach a <u>completed</u> "Request to Add or Change Course Fees" form. Describe in section IV-F.</i>	no
22a	How often will it be offered? Fall	
22b	How often will it be offered? Spring	X
22c	How often will it be offered? Summer	
23	Frequency? All, odd, or even years?	annual

24	First semester this course will be offered <i>New courses may not be taught under their approved course ID until they appear in the catalog, therefore, no earlier than the coming fall.</i>	January or Spring 2016
25	List course/s that should be deleted, include the last semester for course/s being deleted <i>A course cannot be deleted when it is a requirement in a degree plan in any department.</i>	none
26	Is this course required for a degree/s? Yes/No <i>If "Yes," attach a revised degree plan(s) reflecting the placement of the new course.</i>	No
27	Should the addition of this course be retroactively applied to the degree plan it supports? Yes/no and explain	No
28	Has this course been offered as a Special Topics course? Yes/No <i>If "Yes," specify the Course ID and enrollment for each term it was taught.</i> <i>(Note: New courses are NOT required to be taught as Special Topics courses prior to being approved. However, courses may be taught once as Special Topics before it is proposed. See the Course Descriptions section of the Catalog for details.)</i>	Yes. PSYC 440; January 2013, 2014, 2015 19-25 student
29	List any courses in which content overlaps the proposed course. (Course ID and Name) <i>Attach statement from instructor/dept chair of existing course justifying the new offering in Section IV-D.</i>	None

II. Curriculum

1	Degree Plan Explanation of how this course affects degree requirements.	Elective for BS in Psychology
---	--	-------------------------------

2	Justification State the justification for adding this course to the current curriculum. Represent the need.	• Health Psychology is an important professional career field. “Integrated career” has emerged as a prominent model for reducing disability and cost for chronic disorders like Type II diabetes • Behavioral interventions are effective in smoking cessation, weight management, and medication adherence in hypertension. • Students have had and will have experience with personal health and illness and that of their family and community, They should be prepared to engage these life experiences with a spiritually informed perspective on their experience.
---	---	--

III. Course Design

1. Audience and Course Goal

1	Describe the intended audience, including prerequisite skills.	Upper level undergraduate students
2	State the overarching course goal(s) in performance terms.	The overarching course goal is to demonstrate understanding of the biopsychosocial and spiritual concepts for exploring the interaction between biology, social, cognitions, emotional, behavioral, and spiritual factors in understanding health and illness.

2. Competencies and Measurements

	Competency	Measurement
1	To explain the importance of the biopsychosocial model and spiritual factors in health psychology	Exams; reflection paper
2	To comprehend research on the psychological variables associated with the causes and correlates of maintaining, contributing to, preventing, and treating chronic conditions or illnesses	Wellness paper and presentation; exams
3	To develop awareness, sensitivity, and understanding of various diversity topics – racial, religious, sexual orientation, cultural, and ethnic groups – that impact the field of health psychology	Exams
4	To better understand personal, family health, and community health	Reflection paper
5	To describe a positive, proactive attitude toward healthy living	Wellness paper and presentation
6	To describe a practical understanding of the challenges involved in health behavior changes such as with chronic and life-threatening illnesses, the seeking of treatment, and changing harmful illness-related behaviors	Exams

3. Text and Resources

Give the full publication information of the textbook/s and other required resources and outside readings.

Straub, R. O. (2014). *Health Psychology: A biopsychosocial approach* (4th ed.). New York: Worth Publishers.

Rollins, P. (2012). *The Idolatry of God*. New York: Howard Books.

IV. Supporting Documentation

Supporting documents must accompany proposal prior to preliminary approval by chair and dean.

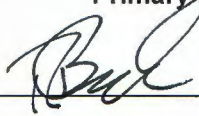
1	Library — Submit new course application and syllabus to the Dean of the Library. Consult with the director and establish a deadline for completion of the library report. Attach the signed copy of the Library report.
2	Instructional Design — The application and syllabus must be reviewed by the Adams Center. Attach a copy of the Adams Center Review Letter.
3	Content Overlap — Include one document for each course you listed in Section I-I. Attach statement from instructor/dept chair of existing course justifying the new offering.
4	Departmental Resources — List the resources that support the course and are available only through the department, if applicable. Attach the list of the holdings and the location/s.
5	Resources — List resources (other than library or departmental resources) that are needed to support this course (computers, lab equipment, other technology, etc.). Attach a complete list of all items and indicate possible sources or estimated cost of each. List the sources of any needed funds.
6	Expenses — List additional expenses needed to implement this course (full-time or part-time faculty, graduate or lab assistants, student employees, travel, special student costs, room renovation, storage facility, etc.). Attach a complete list of all items, the estimated cost of each and the source of the funds.
7	Justification — Attach all documents referred to in Section II-2
8	Syllabus — Attach the syllabus for the course based upon the anticipated first-semester offering.
9	Provide documentation for all additional attachments here

V. Preliminary Approvals

All supporting documentation has been assembled and attached to this application. I believe this course is ready to be presented to appropriate councils. We have a plan to fund this new course.

Course Number and Name _____

Primary Department



Department Chair
College

Dean of the

Date 4/28/15

Date

Cross-listing Department *Add more lines if multiple departments are cross-listing*

Department Chair
College

Dean of the

Date

Date

Cross-listing Department *Add more lines if multiple departments are cross-listing*

Department Chair
College

Dean of the

Date

Date

VI. Actions *Place all actions on one page.*

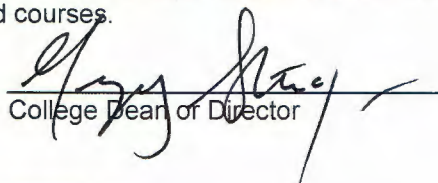
Course ID: _____

Course Title: _____

1. College Academic Council: (for all courses)

Note: Insert additional lines for College Academic Council action for each college involved in cross-listed courses.

Approved ☒ Denied ☐


College Dean or Director

Date

4/27/15

Approved ☐ Denied ☐

College Dean or Director

Date

2. Graduate Council: (for graduate level courses)

Approved ☐ Denied ☐

Dean of Graduate School

Date

3. Teacher Education Council: (when applicable)

Approved ☐ Denied ☐

TEC Chair

Date

4. University General Education Council: (when applicable)

Approved ☐ Denied ☐

Provost's designee

Date

5. University Undergraduate Academic Council: (*undergraduate level courses*)

Approved ☐ Denied ☐

Vice Provost

Date

6. Academic Provost: (for all courses)

Approved ☐ Denied ☐

Provost

Date

7. President of the University: (for all courses)

Approved ☐ Denied ☐

President

Date

Attach notes, comments, or conditions from appropriate councils: